BRITISH LONG DISTANCE SWIMMING ASSOCIATION.

Hon. Secretary.
John K.Slater.
"Burnside" 30,
Stoney Royd Lane,
Todmorden. Lanc's.

President.
Philip H.Rising,
"Corrie Lynn" 334,
Herringthorpe Valley
Rd., Rotherham. Yks.

Hon. Treasurer.
G.Trevor Smith,
30, Oak Tree Terr.,
Lepton, Huddersfield.
Yks.

Dear Member,

ANNUAL REPORT.

I have pleasure in presenting my fourth Annual Report on the activities of the Association.

Membership has increased from 141 to 198 . Thirteen Regional Representatives have been appointed, covering 14 counties. Scotland, Wales, Northern Ireland and the Channel Isles having one each in addition. All organisations promoting major open water long distance swimming Championships are affiliated.

The past season has again been one of outstanding activity and progress, for individual members as well as for the Association. Our short season is packed with events from June to September, and for those members who are unable to compete in our amateur Championships, there is some satisfaction in their being able to complete the same course on a private attempt and to be awarded a certificate of recognition. These certificates are awarded to members completing a recognised course in Loch Lomond, Lough Neagh, Windermere, Torbay, Ullswater and Coniston, provided that the swim is properly witnessed, the Association's rules are complied with, and the application made on the appropriate form. It is advisable that this form be obtained prior to any attempt. Certificates may also be awarded for any outstanding swim, at the discretion of the Executive.

The rowing dinghy purchased by the Association is available for Lake district swims (Windermere, Ullswater, Coniston) on application to the Hon. Sec. A fee of 10/- must be paid for each day's use. The dinghy is very light and can easily be transported by car (roof rack). It is new and strongly built, but it is recommended that it be used by qualified Pilot Life-Savers in conjunction with an experienced swimmer. The obvious advantage of this boat is that it can be transported by car, thus saving considerable rowing time. It is anticipated that an additional full size rowing boat will be available and stationed permanently on Windermere next year.

The following is a list of members who have completed recognised courses:-

Loch Lomond.

1959. C.G.Forsberg. 15.31.9.
1960. Susan Baddeley. 26.10.0.

Ullswater.

1959. Jack Kerwin. 4.49.
Ruth Oldham. 5.50.
Derek Gill. 6.12.
1960. John Slater. 3.52.50.
Keith Seymour. 4.34.25.
(see Bradford & Dist.L. D.S.C. Champ'p results)

Windermere.

1960. Dor'y Perkins. 7.12.
H.Neukeicher. 8. 8.
Ruth Oldham. 7.40.
Ruth Oldham. 8.40.
Helge Jenson. 4.58.
(see Champ'p results elsewhere)
Phillip Kaye. 7.42.30.

Windermere two-way.

1960. Dor'y Perkins. 17.35.

Coniston.

1958. Jack Kerwin. 3.23.
1959 " " 3.48.
Derek Gill. 4.5.
Cyril Huggins. 4.19.
Veronica Anderson 3.55.
1960. Ruth Oldham. 5.13-
Cyril Huggins. 3.24.

Lough Neagh.

1959. C.G.Forsberg. 13.12.

In order that the Association's records may be complete and up to date, members are requested to obtain, complete and return the "Application for Recognition and Certificate" form as soon as possible.

Double Tay Swim. 1 3/4 miles. R.Sreenan 38.31. (new record) F.Hayes 44.22.6. W.Connelly 46.59.5. Jack Somerfield. 55.18.4. Denis Sullivan 57.21.8. Cyril Huggins 68.6.5.

Kirkcaldy to Portobello. Approx. 11 miles. 13 entrants for this professional race. Sponsored by Caledonian Breweries under auspices of Canadian International Swimmers Association. Winner of 1st prize of £200 was Helge Jensen of Canada 6.20.

Douglas Bay Swim. Approx. 1 3/4 miles. 1st. J.Woods 43.45. 2nd J.Croer-Parry 45.26. 3rd Derek Turner 47.20. 7th John Clarke 49.35. 25 competitors, 17 completed the course.

Morecambe Inshore Championship Final. An exciting race in the final stages.
Men. Joe Smith 53.25. B.Winn. 54.0. Geoffrey Wilson 54.30. Keith Unwin 62.58.
Women. Dorothy Perkins 63.28. Jennifer Dyer 72.34. Ruth Oldham 76.25.

Windermere Cross Lake Championship. Attracted 32 competitors this year, and gives opportunity to our younger members to take part in open water competition. Roger Jobling (13) David Johnston (11) and Derek Barker (12) are amongst the up and coming youngsters who took part, and whilst there are mixed feelings about permitting under 16's to enter the real marathons, there is no doubt that several of these are capable of holding their own against much older competitors. Results- Men, Joe Smith. Women, Dorothy Perkins.

A.S.A. Long Distance Championships. Another year passes by and the A.S.A. trophies continue their dust gathering in some dark vault.

Scheldt International Championship. After selection at the Hollingworth Lake trial in May, our two representatives acquitted themselves exceedingly well at this International Dutch Championship. Results- Men. R.Ingeruijff 1.6.27. M.Prins 1.10.37. Joe Smith 1.16.36. Women. M.Tiesler 1.8.57. A.D.V.Gerven 1.23.57. Joyce Bricknell 1.28.10.

Thames Estuary Crossing. Successful swim by 16 year old Margaret White, having apparently make a good recovery from recent illness. 3hrs 5 mins.

Scottish Mainland to Arran. Another pioneer swim by Commander C.G.Forsberg, 5 1/4 miles. 1 hr. 43 mins. 56.5 F.

Scotland to Ireland. Three swimmers waited in vain for suitable conditions, Commander Forsberg, Florence Chadwick and Mrs. Margaret Erridge.

Marathon Swimmers-Walkers. Cyril Huggins, in addition to his Coniston swims is also a noted walker having covered 110 miles from Bingley to Lancaster and back in record time. H.(Bill) Baddeley is also a land-water marathoneer having walked from Lands End to John O'Groats prior to his Windermere swim last year.

Loch Lomond. A tremendous feat by 16 year old Susan Baddeley, daughter of our Hon. Medical Adviser. The first woman to conquer the Loch, a distance of approx. 24 miles, in 26 hours 10 mins, a record endurance feat by any British woman swimmer. Susan walked out of the water without any difficulty at the end of the swim and after a rest was none the worse for her record performance. This would have been a most notable family double if Dr. Baddeley had not been taken ill only a mile and a half from Balloch and had to abandon his swim after being in the water 24 hours. Temp. 61 - 62 F. Mr. G.Owen (Loch Lomond Champ'p Hon. Sec.) and Mr. J.Todd acted as official observe r and timekeepers.

Channel. Michael Jennings, a newcomer to the Association, in his first major Championship at Torbay broke the existing record by 19 minutes. We were later delighted at his success in crossing from France to England in 13 hrs. 31 mins. Accomplished in spite of a strained shoulder sustained early in the swim. Swimming the hard way, Peter Fergus well deserves our hearty congratulations for his splendid performance in crossing from England to France in 16 hrs. 31 mins. Attempts have also been made by Joan Renshaw (nee Adams)(two-way Windermere Ladies Record) Margaret Lindsay (Windermere Ladies breast stroke record) Dr. H.Baddeley (Windermere) Susan Baddeley (Loch Lomond Ladies Record).

International Windermere Championship. Regretted that no substantial progress has been made and it is unlikely that this event will take place in 1961.

Olympic Games - Marathon Swimming Event. It is to be proposed that the next Games include a marathon swimming event.

Commander C.G.Forsberg, O.B.E. R.N. A record that can never be broken has been set up by the Commander. He has participated in all our inaugural Championships, and in the same period he has become the first person to have swum the largest lakes in England, Ireland, Scotland & Wales. With his success in the Morecambe two way Championship he again emerges as top man in the super marathons. Another active year, in addition to Bala, Torbay, Windermere, Arran, Morecambe Bay, the Commander has produced a book for the younger swimmer, and continued his articles in "The Swimming Times." As President of the Morecambe Bay Swim one expects an elderly gentleman who has long ago forsaken active participation in any sport, and who can pat the "young" competitors benignly on the shoulder whilst expressing suitable congratulations. Some procedural difficulties may well arise this year if the President of the Bay Swim was expected to present the trophy to the winner and congratulate the winner in an after dinner speech.

[illegible] Two new records. Morecambe Inshore Championship 48.14.8. Bala [illegible] 3.22.3. Morecambe Bay Swim. Windermere Champion, Windermere Cross Lake Champion. A hectic and most successful season, in addition to which Joe represented us at the Scheldt swim, gaining 3rd place. Plans are now well under way at Rochdale for a Channel attempt next year. The very best of B.L.D.S.A. luck.

J.K.S. 21.9.60.

Dorothy Perkins. This unassuming 18 year old Bradfordian has risen to top place this year. Windermere Champion, Morecambe Inshore Champion, Cross Bay Champion, two-way Cross Bay Champion, Ullswater Champion, Cross Windermere Champion, capping it all with a two-way Windermere swim. A meteoric rise in only two years, but with such family enthusiasm and Dorothy's hard training and determination, her successes are well deserved and we wish her the very best of luck with her Channel attempt next year.

Helge Jensen. This Danish-Canadian professional swimmer is not a member, but his feats whilst in this country are worthy of note. Reputed to be the holder of 5 world records, there is no doubt of his tremendous speed. He was officially observed on his record Windermere swim (4.58) and his record Channel swim (10.23) Several of our members were pleasantly surprised and gratified to find that they must have previously held a world record in Windermere. Mr. Jenson, whose professional coach is Mr. Steve Mellors, Chairman of the International Marathoners Association (Canada) is possibly the most outstanding distance swimmer to have visited this country.

Bradford & District L.D.S.C.'s Ullswater Championship. Now well established, the Club's Championship was most efficiently organised and conducted. Of the eight competitors from the Bradford area, six completed the course of 7 (and a bit ?) miles. Results:- G.Wilson 3.40. F.Robson 3.54. K.Seymour 4.12. K.Mellor 4.18. J.Kerwin 4.40. Dorothy Perkins 4.18. ? Thirteen year old Frank Robson surprised most of us, and if he continues in long distance swimming events, he appears to have a promising future.

From Torquay to Windermere, to row. Mr. E.(Ted) Wyndeatt of Torquay is one of our most enthusiastic oarsmen and has acted as Pilot-Oarsman for our Torbay Championships. We were very pleased to welcome him to Windermere.

Annual Subscriptions. Members (very few) who have not yet paid their Annual Sub.'s are reminded that subscriptions must be paid to the Hon. Assistant Secretary, Mr. K.Mellor, not later than 1st October, 1960. (39, Ashleigh St., Keighley.)

Pilot Life-Saver Scheme. The first examination was conducted by Mr. & Mrs. Anderson, and the following members were successful in qualifying for the Award consisting of the Association's Blazer Badge set on crossed oars, together with a certificate setting out the qualification. Patrick Hooper. Derek Hewitson. Margaret Kinsoch. Geoffrey Oddie. Jack Somerfield. A number of other members have partly completed the tests.

President's Badge of Office. In keeping with the growth and achievements of the Association it is a natural consequence that our President should wear the insignia of the Association when attending official functions. The design is modelled on the Association's Blazer Badge and wrought in gold.

Feeding before and during a long swim. Based only on personal experience, observations and discussions with swimmers. Whilst there is no doubt that experienced and fully trained marathoneers can swim for many hours without food, the majority of the competitors in the Windermere Championship begin to feel the lack of sustenance during the last two hours of the swim. It would seem that a short stop for refuelling at about the time the competitor would normally have a meal, would be more beneficial than otherwise, depending, of course, on the type of food/drink taken, and the condition of the swimmer. Whatever is taken must have quick acting energy giving properties. Breakfasting say at 7 a.m. it is a long time up to 3 p.m. or even 5 p.m. to be without food, and the body uses food (and its products) very rapidly in cold water. Experience and common sense will dictate the terms to different swimmers, but it is as well to have some sustenance in the boat before setting off. Even if the swimmer can manage without, the oarsmen will probably have worked up a good appetite.

Championship entry forms. No entry forms to be sent out next year. Members must make application to the Hon. Championship Sec. concerned, and NOT, please, to the Hon. General Secretary. In the last Information Bulletin members were warned that late entries were not accepted, and during the season several would-be competitors were disappointed because their entries were received too late and they were unable to compete.

Blazer Badges. Available to all members completing the Windermere Championship course. Members making successful individual swims over the Windermere course may also make application. Badges, price £1 from Hon. Treasurer.

Lapel Badges & detailed 3' linen maps of Windermere. Available from the Hon. Treasurer 5/- and 7/6 respectively.

F.K.S. 23.8.60.-

Sharks ? Extract from newspaper sent by our New Zealand member Don Chisholme. " Along with nearly all the other competitors, Wilkins had a genuine fear of the big shark reported near the Petone foreshore last Friday". This extract is from an article regarding the Somes Island to Petone Swim of 2 miles. It is interesting to note that the N.Z. Prime Minister took part in the prize giving after the swim.

Queries. Talking of sharks, who was the green-eyed mermaid who was not afraid of monsters? Who wants to listen to the "woodcutters" at Loch Lomond next year? Who pushed out the rowing boat from the Old England Pier one evening, and how was the official in the boat expected to go places without oars?

Weddings. Congratulations to Godfrey Beaton (Windermere) and Judith, on their marriage. We were all pleased to see you both at Windermere this year.

New Post. We have few enough lady competitors, and I trust that the Executive will not be accused of further depleting their numbers by engaging them on official [illegible]. But when we found that Ladies Torbay Champion Madge McCarthy was also a proficient shorthand writer, it was obvious that such additional talent should not go unrecognised. Madge has now joined us as Minutes Secretary and her first meeting lasted from 2.30 p.m. to 7 p.m. Is it true, I wonder, that Minute Sec.'s don't always record what was resolved, but what should have been resolved ?

Morecambe Bay two-way Championship. Another inaugural Championship, Morecambe has been the second home for long distance swimmers for half a century, and for one town to promote three major Championships shows 100 % enthusiasm. The Town Council, Mr. J.Brown, the Hon. Sec. and Mr. Cooper and his staff at the Swimming Stadium are to be congratulated in keeping Morecambe well to the fore in marathon swimming. Results:- Men. C.G.Forsberg 6.5. Arthur Ayres. Women. Dorothy Perkins 6.55.

Morecambe Bay Championship. Men. Joe Smith 2.54. Geoffrey Wilson 2.58. A.J.Moorey 3.4.30. Peter Fergus 3.9. John Turnbull 3.15. Arthur Ayres 3.18. Keith Seymour 3.19. Jack Somerfield 3.29. H.Holgate 3.33. Keith Unwin 3.34. R.Slaney 3.37. Women. Dorothy Perkins 3.33.30. Ruth Oldham 3.58. 17 entrants, 13 completed the course.

Windermere two-way swims. Dorothy Perkins became the second woman to have completed this swim, on the 17th/18th September. Conditions were calm, but water temp. 58 - 9 F, an overnight air temperature dropping to the 40's, thick fog for several hours, did not help. In fact at one stage during the night the accompanying boats were lost, completely out of sight of land, visibility down to a few yards. In the face of these very trying conditions Dorothy's swim is all the more remarkable. To be included in the list of equipment carried by Pilot-Life savers on overnight swims in future - one compass(and one radar set if possible) . Earlier in the season Ruth Oldham retired on a two way attempt after swimming 14 hours and covering 16 miles, mostly in torrential rain .

Read "The Swimming Times" and the "Swimming News". Both obtainable from your local newsagent. Keep up to date with all aspects of the sport. Details of long distance events are given in both these magazines.

The last long swim of the year ? Thirteen year old Rodney Johnston of Grange over Sands became the youngest swimmer to conquer Morecambe Bay. Time 4 hrs 15 mins. Date 23rd September. Rodney's sister Ann, was the first girl to accomplish the Morecambe Bay two-way swim last year.

Our Hon. Medical Adviser & Mrs. Baddeley will be glad to entertain members visiting the London area. Several members have already taken advantage of this invitation, returning home "bursting" with vitality and enthusiasm.

The Solent Swimming Club. Congratulations to Brian Rann & Pauline, married on the 13th Aug. New address Flat 3, National Provincial Bank, Ltd., 17, The Hard, Portsmouth, Hants. Brian will be glad to hear from any member wishing to attempt the Solent swim. Successful swims this year:-
Southsea - Ryde - Southsea. Michael Davis (16) of Portsmouth. 5.44. (new record) Jean Ramshaw of Southampton 5.47 (new womens record) Andrea McHutchison (16) of [illegible] 6.22. Jean's Southsea to Ryde "leg" of 2.34 is a new womens record [illegible]'s Ryde to Southsea "leg" of 2.43. is also a new womens record.
Southsea-Ryde-Cowes. Jean Ramshaw. 5.47. First time this swim has been accomplished.
Southsea-Ryde. Brian Rann 2.14.30, fastest time this year. Mrs. Margaret Erridge 6.30. Jack Rowlands (Manchester) 2.41.
Ryde-Southsea. Michael Davis 2.43. (with Andrea McHutchison). Robert Rimmer (16) of Portsmouth 3.5. Richard Glynn of Cheltenham 3.29. All the Solent swims this year have been held under perfect conditions. Jim Bland and Briann Rann organised the tides for all but one of the above swims. Congratulations to the

J.N.S. [illegible]

organisers and the swimmers, especially to Michael Davis who must have put in a great deal of hard training since his very serious illness two years ago. We shall look forward to seeing some of these Solent speedsters at our B.L.D.S.A. Championships next year.

Casualties during the year. As the season drew to a close, aches, pains and strains beset swimmers, oarsmen and officials alike:- Michael Jennings - strained shoulder. Joe Smith - strained leg muscles. Kendall Mellor - shoulder muscle trouble. Oarsmen - back ache. Officials - headache. Without exception we look forward to next year.

In conclusion, I extend my sincere thanks and good wishes to all who have assisted the Association in promoting yet another highly successful season, and my special thanks to our President and to our Hon. Treasurer for all the time and energy they have devoted to the Association.

Yours sincerely,

JOHN K. SLATER.

Hon. Secretary.

J.K.S. 26.9.60.

Bala Lake Championship Hon. Secretary's Report.

Another very successful inaugural Championship, organised in close co-operation with the local committee at Bala. We were afforded every assistance by all with whom we came into contact. This was a most friendly affair and we look forward to our next Championship. We are greatly indebted to the Chairman of the Bala U.D.C. Counc. G.M.Williams, J.P. and the work to the Council Mr. L.Williams, Captain G.H.A.Boyle and the Welsh Agricultural Land Sub-Commission, Mr. E.Hews, the Warden of the Welsh League of Youth Hostel, Mrs. M.Scott of the Loch Cafe, and a host of other friends. The Championship was well publicised and attracted the largest crowd ever seen at Bala, variously estimated at between 3,000 and 5,000. In accordance with our usual practise of not asking members to swim a course which had not been previously tested by an official, (we "duffed" at Loch Lomond tho') "an official" completed the course in 1.24. Of the 23 competitors only two retired due to cold/cramp. Temp. 61 F. Wind negligible. B.B.C. Television attended, and parts of the Championship later appeared on that medium. Men's Champion Joe Smith was not extended and had a comfortable win. Ladies Champion, 16 year old Joan Oldman was swimming in her first distance event. David Bell, our Northern Ireland Regional Rep. was also swimming in his first distance event. Extremely limited facilities in Northern Ireland made David's performance noteworthy, and his determination and cheerfulness made him a popular addition to our competitive members. We were also pleased to welcome several new members to the sport, and hope that this middle distance event will convert more adult swimmers to the wide open spaces. Whether there are any Welsh swimmers who can complete a three mile course we have yet to find out, but we shall certainly be glad to hear from them. Results:- Joe Smith 1.21.3. Geoffrey Wilson 1.28.30. David Mace 1.31. Walter Bradley 1.32.40. Arthur Ayres 1.34.20. John Turnbull 1.35. Commander C.G.Forsberg 1.36.10. Dr. Leon Walkden 1.40.10. Jack Somerfield 1.42.15. Horst Lucke 1.44.10. R.T.Clives 1.45.50. Jack C.Steckmann 1.50. Phillip Kaye 1.50.20. R.Slaney 1.51.30. Keith Leary 1.55. Arthur Williams 2.1.30. Jeffrey Taylor 2.6. Joan Oldman 2.8. John O'Hara 2.32. Ernest A.Hunt 2.32.3. David Bell. 2.51.

J. J. suggested

John K.Slater.

Windermere Championship Hon. Secretary's Report.

There has been an increase in the number of enquiries for entry forms, resulting in 28 men and 5 women being accepted. Withdrawals and non appearance brought the line up to 26 swimmers, 23 men and 3 women. During the preliminary arrangements the shortage of Pilot Oarsmen seemed to be a serious handicap, but I am pleased to report that due to the efforts made by members of the Executive we had more than enough oarsmen. I would like to record a special appreciation of the 6 oarsmen from Todmorden, 7 from Morecambe and Grange S.C. members who rallied to the call for boatsmen, also Dick Woodhouse of Morecambe who took on the post of Leading Boat in place of Mr. R.Clarke who had to retire due to a disability. We hope that R.C. Clarke will soon be fit and able to take an active part in future swims. Mr. S.W.Jameson the Station Master at Lakeside was most helpful in providing accommodation for the competitors to prepare for the swim. Conditions for the swim were quite good, more favourable to the speed swimmers than the rough water men. By late afternoon there was heavy rain and thunder about. The boat and equipment stewards did a good job of work and no difficulty was experienced in lining the boats up for each swimmer. The line up of competitors as again a grand sight. The race was started at 9.15 a.m. by the President Mr. Phil. Rising. After the first mile the leaders were Joe Smith, Michael Jennings, Walter Bradley, N.Sutton & B.Finlay, and Cmdr. Forsberg who got out of the melee and took a course more to the easterly side of the Lake, preferring to swim a little further away from the crowd. It had been expected that Michae Jennings and Joe Smith would lead the field and be on their own, we were surprised to find Norman Sutton in the lead for such a long way and more surprised when Brian Finlay the breast stroke swimmer from Coventry took the lead and held it until about 12 o'clock when he tired very quickly and Joe Smith took the lead followed by Michael Jennings with Cmdr. Forsberg swimming now nearer the rest of the field. Walter Bradley, Derek Turner Peter Fergus, Arthur Ayres and John Turnbull, these swimmers all in turn passed Sutton & Finlay who retired from the race. The order of finishing in the Men's Championship was J.Smith 5.30.5. M.Jennings 5.46.52. C.G.Forsberg 5.51.32. W.T.H. Bradley 6.3.38. D.Turner 6.7.30. P.J.Fergus 6.8.27. A.Ayres 6.22.25. J.Turnbull 6.23.13. K.Seymour 6.46.32. D.Sullivan 7.8. J.A.Daish 7.19.34. B.Dove 7.20.26. A.Endersby 7.52.36. J.Taylor 8.34.30. In the Ladies Championship, Dorothy Perkins took the lead from the start and finished with a sprint, doing the last few yards on Butterfly stroke, time 6.48.14. Margaret White was the only other lady to finish, in 7.26.45. Baths for the competitors at the Waterhead and Wateredge Hotels were very welcome and our thanks are due to Mr. & Mrs. Gooch and Mrs. Dean.

[illegible]

Windermere report continued/

/ The shuttle service run between Waterhead and Bowness by Mrs. Gooch was greatly appreciated. The trophies and certificates were presented at the Queens Hotel, Windermere. Speeches of welcome were given by a Councillor of the Lakes U.D.C. our Hon. Vice-President Coun. J.G.Couplethwaite, of Windermere U.D.C. Mr. E.Wright, President of N.C.A.S.A. paid tribute to the work of the B.L.D.S.A. and congratulated the swimmers on their grand performances in the Championship.

Jack Brown.

Press Relations Officer's Report.

In some respects the past twelve months have proved a contradiction in that the Association has gained greater recognition and greater publicity than in any year since its formation whilst, due to business reasons, the Press Relations Officer has devoted less time and effort than hitherto. In fact, as we have proved, the finest publicity is greater activity and achievements by the Association both individually and collectively, rather than attempts to interest newspapers, radio or television in affairs which have little real news value. The activities of the P.R.O. in the past twelve months have, of necessity, been somewhat restricted and in fact have probably been more successful in general field work than in the specialised branch of publicity - the initial reconnaissance at Lake Bala, carried out in co-operation with the Association's Welsh Regional Representative, Miss Jenny James, proved worth-while in that it eventually led to yet another successful venture on the part of the Association. Thanks - to those members who, in answer to appeals made at successive A.G.M's, did pass on information to the P.R.O. Perhaps the sender doesn't always see any concrete result immediately but please be assured - it all helps.

Lewis Craven.

Torbay Championship Hon. Secretary's Report.

The number of entrants for the Torbay Championships this year - the first of the major events on the B.L.D.S.A. Calendar - was rather smaller than on previous occasions with 14 men (including 1 withdrawal) and only one entrant for the Ladies Championship. This smaller field was reconciled by the limited number of escort boats available - a problem experienced on previous"swims" in this area. After a thorough soaking for everyone at Beacon Cove, the rain eased off and the start was made at 11.05 a.m. in a fairly calm sea with the temperature at 62 F. The first the turn at Brixham was Geoff. Wilson, closely followed by Arthur Ayres and Michael Jennings, a newcomer from Kent. On the return 'leg' to the finish there were occasional gusty rain squalls that whipped up the surface for short spells, but they did not prevent Michael Jennings from forging ahead to finish first in a new record time with an improvement of 18 m. 39 secs. The'tail-end' of the field suffered the worsening conditions and 5 of the swimmers retired at various stages and did not complete the course. The lone entrant from the ladies, Madge McCarthy, bravely battled along and finished the course in 6h.40 min. to a most enthusiastic reception by the waiting crowd on the beach - a most worthy Ladies Champion.
Final Results, with turn times in brackets:-
. . M.Jennings. 3.49.50. (1.43.) . C.G.Forsberg 4.15.59.(1.46.) G.Wilson 4.17.26 (1.40) A.Ayres 4.27.50 (1.41.) P.J.B.Fergus 4.29.49 (1.52.). B.Dove 5.3.53. (1.50) D.Sullivan 5.4.55 (1.51) A.Endersby 5.7.20 (2.1.). Ladies M.McCarthy 6.40.24 (2.24).
A most successful day was completed with another wonderful reception at the Marine Spa in the evening which was so efficiently organised by the Torquay Corporation and once again we are greatly indebted to Mrs. Stella Margetts our Regional Representative for the County of Devon, Mr. Joan Robinson the Publicity Officer and all the many friends that support our events at Torquay.

Eddie Robinson.

Loch Lomond Championship Hon. Secretary's Report.

Subject to sufficient competent entries being received, it is hoped to hold this Championship in 1961.

George Owen.

J.K.S. 26.9.60.

BRITISH LONG DISTANCE SWIMMING ASSOCIATION.
(Founded 1956)

Hon. Secretary:-John K.Slater,
"Burnside" 30, Stoney Royd
Lane, Todmorden. Lanc's.
(Windermere & Torbay etc.)

President.
Phillip H. Rising.
Rotherham.
(Channel 1951-2, Windermere etc.

Hon. Treasurer:-Trevor Smith,
30, Oak Tree Terrace,
Leeds, Huddersfield. Yks.
(Windermere, Morecambe Bay etc.

Information Bulletin No.1
1961.

1. Windermere Cross Lake Championship. Approx. 1 mile. Hon. Sec. Mr.D.Hewitson, "Coniston" Thornthwaite Rd., Windermere. Usually held Thursday before Windermere Championship.(No.1)

2. Double Tay Swim. Approx. 1 mile. Average time 1.5. Hon. Sec. Mrs. E.Dorward, 183, Brook St., Broughty Ferry, Angus, Dundee. Date not yet fixed.

3. Douglas Bay (I. o. M.) Swim. Approx. 2 miles. Average time 1.15. Details from Publicity Officer, Isle of Man. Date not available. Usually Sunday, mid August.

4. Morecambe Bay Inshore Championship. Approx. 3 miles. Average time 1.15. Heats 17th June, 1st July. 15th July. Final 29th July. If any swims have to be cancelled due to bad weather, consideration given to holding them the following day, Sunday. Hon. Sec. Mrs. E.Brockbank, 32, Harbour St., Knowlands, Lancaster. Junior local swim 12th Aug.

5. B.L.D.S.A. Bala Lake Championship. Approx. 3 miles. Average time 1.45. Bank Holiday Monday 7th Aug. Hon. Sec. Mr. J.K.Slater, "Burnside" Stoney Royd Lane, Todmorden, Lanc's. Entries to be in by 16th July. Tel. Halifax 3835 (Office)

6. Clyde Firth Swim. Approx. 5 miles. Average time 2 hours. Details from Mr. R.McCaughy, 8 Lyle St., Greenock, Scotland. Date not yet available.

7. Morecambe Cross Bay Championship. Approx. 8 miles. Average time 3 hours. 26th August. Hon. Sec. Mr. J.Brown, 30, Acre Moss Lane, Morecambe.(Tel.10)

8. B.L.D.S.A. Torbay (Torquay) Championship. Approx. 8 miles. Average time 5 hours. 1st ** July. Hon. Sec. Mr. E.Robinson, 25, Belmont Avenue, Otley. Yks. Entries in by 3rd June.

Morecambe Bay two-way Swim. Approx. 16 miles. Average time 6.20. 12th Aug. by invitation only. Hon. Sec. Mr. J.Brown, 30, Acre Moss Lane, Morecambe.

B.L.D.S.A. Windermere Cross Championship. Approx. 10½ miles. Average time 6.30. 26th August. Hon. Sec. Mr. J.O'Hara, 21, Wasdh use Grove, Fartown, Huddersfield. Entries by 30.7.61.

11. First Morecambe round the Bay Swim. 30 odd miles. 9th Sept. By invitation only. Hon. Sec. Mr. J.Brown, 30, Acre Moss Lane, Morecambe.

12. B.L.D.S.A. Loch Lomond Championship. Approx. 23 miles. Average time 18 hours. 7th Aug. Bank Holiday Monday. Will be held if 8 entries are received, before 3rd June. Hon. Sec. Mr. G.Owen, "Gwynfa" 22, Harbour Rd., Wibsey, Bradford. 48 carsmen life savers required.

13. Scheldt (Holland) International Championship. Approx. 3 miles. Two members will be invited to represent this country, all expenses paid by B.L.D.S.A. & Dutch Organisers. Time trials to select B.L.D.S.A. team's will be held in members own local Baths. Entries to Mr. J.K.Slater, "Burnside" 30, Stoney Royd Lane, Todmorden, Lanc's. by 10th M

14. Bradford & District Long Distance Swimming Club. Will hold Club Championships probably again in Ullswater. Date not yet fixed. Hon. Sec. Mr. J.A.Todd, 4, High House Rd., Selton, Bradford 2. Tel.36752.

15. Solent Swimming Club. Members wishing to attempt the Solent Swim or other recognised courses in that area should contact Mr. Brian Rann, Flat 3, National Provincial Bank, 17, The Hard, Portsmouth, Hants. We shall look forward to seeing members of the Club taking part in our Championships this year.

16. A.S.A. Long Distance Championships. Men & women. Trophies etc. At the Yorkshire A.S.A. A.G.M. in Jan. it was resolved that efforts be made to re-institute these Championships which may be held this year over a 5 mile course, possibly in Yorkshire/North E.Counties area. Members interested contact B.L.D.S.A. Hon. Secretary, in May.

17. All the above swims are conducted under Amateur Swimming Laws, B.L.D.S.A. Championship Rules, and where appropriate by permit of the A.S.A. Northern Counties A.S.A., Scottish A.S.A., Welsh A.S.A. and Yorkshire A.S.A.

18. Please do not expect entry forms to be sent to you as a matter of course. Members should apply to the [illegible] Hon. Secretary for entry forms, [illegible] and other information.

19. Late entries are NOT accepted for any of the B.L.D.S.A. Championships, an entry forms must be completed in every detail and accompanied by the appropriate entry fee. You have been warned. Get your entry in early.

(Over 1st Page)

19. For those of you who have not got fixed your holidays, how about the Windermere & Morecambe area and join in or combine with the Bay and Lake swims, or an August Bank Holiday long weekend at Bala, or a week in Torquay.

20. Pilot Life Saver Scheme. It is proposed to hold two examinations at Lake Windermere for this scheme, on Sunday the 30th July, and Sunday the 27th August. Will intending applicants please contact Mr. Thompson, 64, Festival Rd., Orford, Warrington, Lanc's, stating which date preferred, for full particulars. Applicants in the Bradford area ** are asked to contact Mr. Jack Somerfield, "Bohain" 58, Chase Rd., Burntwood Lichfield. Staffs, Staffs, who will arrange examinations in those localities. Certificates and Association Blazer Badges are available to members who qualify in the practical tests of rowing artificial respiration etc.

21. Metal lapel Badges. Available to all members, 5/-. Maps of Lake Windermere very detailed, 3' on linen, 7/6d. Blazer Badges available to Windermere swimmers only price £1. All from Hon. Treasurer, remittance must accompany order.

22. Read the "Swimming Times" and keep up to date with all aspects of the sport. Monthly long distance news by Commander C.C.Forsberg, O.B.E. R.N. The "Swimming News" also contains items of interest to long distance swimmers. Both obtainable at newsagents.

23. Two copies of "Long Distance Swimming" by Ronald Forsberg, and "It's Cold in the Channel" by Sam Lockett, are available on loan. Requests should include 2/- P.O. for postage. Detailed articles by Commander C.C.Forsberg, O.B.E. R.N. on "Channel Navigation for Swimmers" and the "Routes and Problems of the Irish Channel" are also available on loan.

24. Recognition of Swim Certificates. Members intending to make individual attempts on Coniston, Ullswater, Windermere, Torbay Lough Neagh, Loch Lomond and Loch Ness etc. are advised to contact the B.L.D.S.A. Hon. Secretary well in advance and obtain the necessary form.

25. Members are reminded that ANNUAL SUBSCRIPTIONS ARE NOW DUE (5/-) Please forward to the Assistant Hon. Secretary Mr. Kendall Mellor, 89, Ashleigh St., Keighley. Yks.

26. Application for membership forms for NEW MEMBERS are obtainable from, and must be returned to the B.L.D.S.A. Hon. Secretary. New members are always welcome.

27. In the Channel this season will be Kendall Mellor, Joe Smith, and Dorothy Perkins. Our very best wishes to them for successful swims.

28. A four seater rowing boat has been purchased by the Association and is now available on Windermere. Priority to be given to members making individual attempts, for training purposes and for pleasure purposes, in that order. Details from the B.L.D.S.A. Hon. Secretary.

29. Bala Lake Certificates. The Bala U.D.C. propose to issue certificates to swimmers completing the 3 mile course on individual attempts, and also possibly two way swim certificates. Final details have not yet been settled, but it is hoped that the scheme will come into [illegible] season. Another suggestion from the Council is for a race of approx. 1 mile, open to local swimmers and probably open to swimmers who have not swum over 1 mile in any previous Championship. Any scheme of the Council deserves the support of all members, especially when we recall the excellent arrangements, hospitality and support which we enjoyed at our first Bala Championship last year. Book you August Bank Holiday in Bala now. Details from Llewelyn Williams Esq., Clerk to the Bala Urban District Council, Bala. Merioneth.

30. It is regretted that there should be a clash of dates this year with the Windermere and Cross Bay Championships on the 28th Aug. and the Loch Lomond & Bala Championships on the 7th Aug. In the former case, the Association feel that the last Saturday in August is the established date for the Windermere Championship, and that members of the public as well as Association members should be able to rely on this. The Morecambe Bay Championship organisers inevitably must vary their date according to suitable tides, and there was bound to be a clash sooner or later. In the Bala & Loch Lomond clash, this is due to two main reasons (1) The Welsh League of Youth, who kindly supply the majority of the boats and oarsmen would be unable to assist on a Saturday as this is their change-over day. (2) As a Loch Lomond Championship may last 24 hours or more, the Championship and subsequent Reception could not be held within the confines of a normal weekend, especially having regard to the fact that Sunday competitions are not looked upon with favour in that area.

31. Taking part in a New Year Day swim at Todmorden, in support of Todmorden A.S.C.'s Swimming Bath Appeal Fund were, Dorothy Perkins, Cyril Huggins, Joe Smith, Kendall Mellor, George Foote, and the Hon. Sec. of the Appeal Fund. Temp. 38F. First man out after 4½ minutes, Last out was Dorothy in 10½ mins. (Believe me it was cool, real cool.) Part of the frolics later appeared on T.V.

32. Annual Dinner. We were very pleased to welcome the President of the A.S.A. Henry Sutton, the President of the Yorkshire A.S.A. Jackson Pickard, together with their wives to our last Dinner.)

and their son, & Arthur Tiley, Member of Parliament for Bradford, as our Chief Guests. Accommodation, arrangements and spreads were first class, and we were delighted to learn that as a result of reading the B.L.D.S.A. Annual Report, Henry Dixon had written to the Hon. Secretary of the A.S.A. regarding the Long Distance A.S.A. Championships, thus setting matters in motion and giving opportunity to the B.L.D.S.A. for pressing the issue. Over 100 members and friends attended. A colour film depicting parts of the successful Channel swims by Michael Jennings and Peter Fergus was shown after the Dinner, with a lively commentary by Mike. (We all thought "Dawn" was beautiful). It is proposed that this year, subject to satisfactory arrangements, the venue of the Annual Dinner and A.G.M. be in London, and that a coach or coaches be hired, picking up en-route from Yorkshire.

33. Morecambe Bay Championships. If any swims are postponed due to bad weather, the 23rd September will be the next suitable date.

34. In consultation recently with our Hon. Medical Adviser, Dr. H.Baddeley, I have obtained information on Frutcose and on the Mouth to Mouth resuscitation. To summarise the former - advantageous, but somewhat expensive. In the latter, remember that every second is vital. Place the victim on his back and tilt his head backwards from the chest as far as possible, so that your face above you and looking straight into his nostrils. Open your mouth wide and seal it round the victims mouth, at the same time blocking his nostrils with your cheek. In the case of a small child seal your lips round both mouth and nostrils. Blow a strong breath of air into the victim - as tho' you were blowing up a balloon - remove your mouth to let him breathe out, then repeat the procedure about 10 times a minute. If you breathe about twice as deeply as normal, your exhaled air will contain enough oxygen for an adult victim. Water drawn into the victim's mouth from the lungs can be disposed of by turning the victims head to one side between breaths.

35. The Hon. Secretary & family will be at 4, Norman Rd., Paignton, from the 24th June to 7th July (Torbay Championship period) and will be glad to meet other members in that area during that period. Urgent correspondence will be dealt with from that address.

36. I take this opportunity to wish all members and friends a happy & successful season.

Yours sincerely,

John K.Slater.

Hon. Secretary.

To all members of the B.L.D.S.A.
& Hon. Secretaries of A.S.A.,
Scottish A.S.A. & Welsh A.S.A.
Clubs.

ADDENDUM. (A"clanger"by the typist)
Item 20. After ** should read "are asked to contact Mr. Geoffrey Caddic, 40, York House, Thorpe Edge, Idle, Bradford. Yks. and members in the Staffordshire area"....
Item 8. Hon. Secretary Torbay Championships. Mr. E.Robinson. Tel. Leeds 35399. Ext.207.
Item 12. Hon. Secretary Loch Lomond Championships. Mr. G.Owen, Tel. Bradford 23955 or 76818.
Item 27. Include Margaret Cates.

CORRIGENDUM. (More "clangers" by the typist)
References to the Windermere Championship & Morecambe Cross Bay Championship in Items 7, 10 & 30, the date should read Saturday 26th August.

WINDERMERE CHAMPIONSHIP Hon. Sec. will be on holiday, in Germany, July 14-29. Entry forms should be obtained before the 14th, returnable [illegible]
In the absence of the Championship Hon. Sec. correspondence will be dealt with by the Hon. Sec.

BRITISH LONG DISTANCE SWIMMING ASSOCIATION.
(founded 1956)

Hon. Sec:- John K.Slater,
"Burnside" 30, Stoney Royd
Lane, Todmorden. Lanc's.

President.
Philip Robbins.
Rotherham.

Hon. Treasurer:- Trevor Smith,
30, Oak Tree Terrace,
Lepton, Huddersfield. Yks.

Information Bulletin No.2.
1961.

1. Windermere Cross Lake Championship. 1 mile. Average time 30 mins. Hon. Sec. D.Hewitson, "Coniston" Thornthwaite Road, Windermere. 24.8.61. Thursday before Windermere Champ'p.
2. Double Tay Swim. Approx. 2½ miles. Average 1.5. Hon. Sec. Mrs. E.Dorward, 183, Brook St., Broughty Ferry, Angus, Dundee. 19.6.61.
3. Douglas Bay I o M Swim. Approx. 2 miles. Average 1.15. Details from Publicity Officer Isle of Man. Date not available, no reply from Hon. Sec. Usually Sunday mid August.
4. Morecambe Bay Inshore Championship. Approx. 3 miles. Average 1.45. Races 17th June, 1st July, 15th July. Final 29th July. Any swims cancelled may be held following day, Sunday. Hon. Sec. Mrs. B.Brockbank, 32, Parbot St., Moorlands, Lancaster. Junior local swim 12th Aug.
5. B.L.D.S.A. Bala Lake Championship. 3 miles. Average 1.45. Bank Holiday Mon. 7th Aug. Hon. Sec. J.K.Slater, "Burnside" Stoney Royd Lane, Todmorden, Lanc's. Mr.3635 Office. Entries to be in by 16th July.
6. Clyde Firth Swim. Approx. 5 miles. Average 2.5. Details from L.McCaughey, 8, Lyle St., Greenock, Scotland. Date not yet available, no reply from Hon. Sec.
7. Morecambe Cross Bay Championship. Approx. 8 miles. Average 3 hours. 26th Aug. Hon. Sec. J.Brown, 30, Acre Moss Lane, Morecambe. (Tel. 10)
8. B.L.D.S.A. Torbay (Torquay) Championship. Approx. 3 miles. Average 3 hours. 1st July. Hon. Sec. E.Robinson, 25, Belmont Avenue, Otley. Yks. Office Tel. Leeds 35899. Ext.207.
9. Morecambe Bay two way swim. Approx. 16 miles. Average 6.20. 12th Aug. by invitation only. Hon. Sec. J.Brown, 30, Acre Moss Lane, Morecambe.
10. B.L.D.S.A. Windermere Championship. Approx. 10½ miles. Average 6.30. 26th Aug. Hon. Sec. J.O'Hara, 21, Woodhouse Grove, Farsown, Huddersfield . Entries by 30.7.61. From 14-29th July the Champ'p Hon. Sec. will be on holiday. Entry forms should be obtained before the 14th. Urgent matters will be dealt with by the General Hon. Sec.
11. First Morecambe Round the Bay Swim. 20 odd miles. 9th Sept. By invitation only. Hon. Sec. Mr. J.Brown, 30, Acre Moss Lane, Morecambe.
12. B.L.D.S.A. Loch Lomond Championship. Not to be held this year. Approx. 23 miles. Average 18 hrs. Hon. Sec. G.Owen, "Gwynfa" 22, Harbour Rd., Wibsey, Bradford.
13. Schelde (Holland) International Championship. Approx 3 miles. Average 1hr. W.Thrall (Rotherham) B.Finlay (Coventry) will represent this Association. All expenses paid paid by Dutch A.S.A. and B.L.D.S.A. Details from B.L.D.S.A. Hon. Secretary.
14. Bradford & District Long Distance Swimming Club. Will hold Club Championships again in Ullswater 15th Jul . Hon. Sec. D.Gill, 6, Bowker St., Great Horton, Bradford.
15. Solent Swimming Club. Members wishing to attempt the Solent swim or other recognised courses in that area should contact Mr. Brian Rann, Flat 3, National Provincial Bank 17, The Hard, Portsmouth, Hant's.
16. A.S.A. Long Distance Championships. The A.S.A. have authorised the B.L.D.S.A. to undertake the organising for next season.
17. All the above swims are conducted under Amateur Swimming Laws, B.L.D.S.A. Champ'p Rules, and where appropriate by permit of the A.S.A. Northern Counties A.S.A. Scottish A.S.A. Welsh A.S.A., Yorkshire A.S.A. and Dutch A.S.A.
18. Please do not expect entry forms to be sent to you as a matter of course. Members should apply to the appropriate Championship Hon. Sec. for entry forms, Championship rules and other information.
19. Late entries are NOT accepted for any of the B.L.D.S.A. Championships, and entry forms must be completed in every detail and accompanied by the appropriate entry fee. You have been warned. Get your entry in early.
20. For those of you who have not yet fixed your holidays, how about the Windermere, & Morecambe area, or an August Bank Holiday at Bala, or a weekend at Torquay, and join in or assist with the Championships held in those areas.
21. Pilot Life Saver Scheme. It is proposed to hold two examinations at Lake Windermere, Sunday 30th July and Sunday 27th Aug. Intending applicants please contact W.Anderson, 24, Festival Avenue, [illegible], stating which date preferred. Applicants in the Bradford area should contact G.Riddle, 40, York House, Thorpe Edge, Idle, Bradford, and in the Staffordshire area contact J.Somerfield, "Bohain" 58, Chase Rd., Burntwood, Lichfield, Staffs. Certificates and Blazer Badges available to members who qualify in the practical tests.
22. Metal lapel Badges. Available to all members, 5/-. Maps of Lake Windermere very detailed, 3', on linen, 7/6d. Blazer Badges available to Windermere swimmers only, £1, all from Hon. Treasurer, remittance must accompany order.
23. Read the "Swimming Times" and keep up to date. Monthly long distance news by Commander [illegible], O.B.E., R.N. [illegible] also appears from [illegible]

24. My copies of "Long Distance Swimming" by Gerald Forsberg, and "It's Cold in the Channel" by Sam Rockettare available on loan. Requests should include 2/- postage. Detailed articles by Commander Forsberg on "Channel Navigation for Swimmers" and the "Routes and problems of the Irish Channel" are also available.

25. Recognition of swim certificates. Members making individual attempts on Coniston, Ullswater, Windermere, Torbay, Lough Neagh, Loch Lomond and Loch Ness etc., are advised to contact the B.L.D.S.A. Hon. Sec. well in advance and obtain the necessary form.

26. Members are reminded that ANNUAL SUBSCRIPTIONS ARE NOW DUE (5/-) Please forward to the Assistant Hon. Secretary K.Mellor, 89, Ashleigh St., Keighley, Yks. If you have not received a membership card for 1961, you are not a member. The Annual Report and information on the A.G.M. and Dinner will be sent only to members who are recorded in the Assistant Hon. Sec.'s membership book for 1961.

27 Application for membership forms for NEW MEMBERS are obtainable from, and must be returned to:- the B.L.D.S.A. Hon. Secretary. New members are always welcome.

28. In the Channel this season will be Kendall Mellor, Joe Smith, Margaret White, and Arthur Ayres. Our very best wishes to them for successful swims.

29. A four seater rowing boat has been purchased by the Association and is now available on Windermere. Priority to be given to members making individual attempts, for training purposes and for pleasure purposes, in that order. Details from B.L.D.S.A. Hon. Secretary. 10/- per day hire fee.

30. Bala Lake. Bala U.D.C. will issue certificates to swimmers completing the 3 mile course (one way or two way, possibly three etc.,) Another suggestion from the Bala Council is for a race of approx. 1 mile for local swimmers or those who have not taken part in previous long distance swims. Any scheme of the Council deserves the support of all members, especially when we recall the excellent arrangements, support and hospitality which we enjoy there. Book your August Bank holiday in Bala now. Arthur Endersby became the first man to swim Bala Lake both ways non-stop this year, time 3.40, and he declares that the reception he received at the completion of the swim lacked only a red carpet, such is the enthusiasm of the Council and residents. Our thanks to Mr. Llewellyn Williams, the Clerk of the Bala Council, who, together with the Chairman of the Council, are members of the B.L.D.S.A. Members are reminded that they must inform Mr. Williams well in advance before making an attempt on the Lake so that proper arrangements and permission can be made and obtained.

31. COACH TO TORQUAY. On Friday 30th June, leaves Bradford at 6.30am, Huddersfield 7am Rotherham 8am, via Coventry, picking up anywhere on the route. £2.5.0d Bradford, down to 1/- from Newton Abbot. Return Sunday evening. Ten seats booked now, other ten must be booked immediately. Send deposit 10/- to B.L.D.S.A. Hon. Treasurer NOW and travel in good company.

32. Loch Ness. As I forecast some time ago, activity is expected in this hitherto (and for obvious reasons) neglected Loch. At least three members are wondering whether to use animal or vegetable grease. I have received a mysterious unsigned postcard from that area, showing a horrible monster rearing its head from the Loch. I can say no more

33. It is regretted that there should be a clash of dates this year between the Windermere and the Morecambe Cross Bay Swims on the 26th Aug. but the Association feel that the last Saturday in August is the established date for the Windermere Championship, and the members of the public as well as Association members should be able to rely on this.

34. Taurus Book on Swimming, published by Stanley Paul, London, price 25/- When Commander Forsberg is not swimming he is writing about swimming. This book is in sections, each section written by an expert in his or her branch of the sport. Who more expert to write about long distance swimming than Gerald Forsberg. C.C.F. has asked me to apologise for ommissions and errors which are due to the book being printed without him being afforded the opportunity of checking the proofs and inserting up to date records. In this connection I am asked to particularly mention:- Susan Baddeley's Loch Lomond Swim, H.Jensen's Windermere & Channel Records, also Kendall Mellor, our worthy Assistant Hon. Sec., who has suffered a slight printer's error. (as Kendall is also a printer I think he will be prepared to take a lenient view)

35. Welcome to newly affiliated Grange over Sands S.C. The Hon. Sec. is now Miss Ann Johnson, the first member of the fair sex to accomplish the double Morecambe Bay swim. Grange is situated in an ideal position for Morecambe Bay and Windermere Championships has a large sea water outdoor swidium and its members have competed in and assisted in our Championships.

36. Goggles and skin diving equipment. Brian Dove, who successfully took part in the Torbay & Windermere Championships last year is now a Director of Sigma Diving Services Ltd., of Bridge Works, Iver Lane, Cowley, Middlesex, and offers his assistance to fellow members in obtaining equipment, especially goggles and can obtain either British or foreign makes. Brian hopes to be at Torbay and Windermere but due to lack of training time, to assist and not to compete.

37. The Bradford L.D.S.Club, will be glad to hear from any Club or group of members in any locality who would like to take part in a relay competition in a 3 mile (approx.) Lake

38. Over 50 officials, members and friends visited Whitby on a combined B.L.D.S.A. and Todmorden S.C. outing on the 11th June to support local efforts headed by our new and most enthusiastic member Mr. J.(Jim) Robinson, Hon. Sec. of Whitby Seals S.C. and joint Hon. Sec. of Whitby Regatta, to promote a new Championship. In accordance with our usual custom of swimming over any new course before giving an opinion on its merits, five members completed the four mile swim from a point near Mettlenoss into Whitby Harbour. A favourable tide pushed swimmers rapidly along, wind negligible, temp. at the start 55, dropping to 53 in numerous cold patches, and rising to 57 in the harbour. Two large launches conveyed swimmers officials and row boats to the start, a large crowd and hot showers only 50 yards from the finish awaited the swimmers on their return. Hospitality and cordiality were the key-notes. Those completing the course were W.Thrall, J.K.Slater, K.Seymour, K.Heller, G.Foote. This was not a race, just a trial run over a new course. Time 1 hr. 17 min. 10.2 secs to 1 hr. 27 mins. 10 secs. We were well satisfied that this could be a popular Championship and we hope that Mr. Robinson and his supporters will proceed with their plans. At a well attended meeting presided over by the Chairman of Whitby Council the project was fully discussed and the meeting was assured of the fullest co-operation of the B.L.D.S.A. There is the possibility of another swim in August this year over a slightly different course, with a full Championship next year about the 2nd week in August, probably on a Sunday, if all goes well.

39. Ullswater Champagne. We have various members who acclaim a favourite beverage, and here are also members who acclaim certain lakes, rivers or stretches of sea to be the clearest and most sparkling, but one member steadfastly declares that Ulls(water) is the nearest approach to Champagne that he has found, and recently returned from that lake to Bradford with a bottle of it, presumably to fortify himself until his next visit.

40. Annual Dinner. Will be held this year in THE HOUSE OF COMMONS. This unusual venue has been arranged for us by Dr. Leon Walkden of Twickenham. Accommodation is limited to 113 and it is anticipated that there will be a heavy and early demand for tickets. Date:- Saturday the 28th October, 1961.

41. The A.G.M. will be held at the Grosvenor Hotel, London, Sunday 29th October, 1961. A Sunday morning dip in the Serpentine is planned. Bathing Station officially open.

42. Patrons and affiliated Clubs. We are always pleased to welcome Patrons who wish to support the activities of the Association by the donation of £1 annually. Affiliated Clubs are also very welcome on similar terms. The Hon. Treasurer will be glad to receive and acknowledge.

43. Channel Swim. Dorothy Perkins of Bradford. An excellent swim under good conditions but only Dorothy could have withstood the mid 50's temperature and the agonising delay when the accompanying launch broke down. This is the earliest recorded swim, and on a rough check of the records would appear to be the longest successful Channel swim by a woman. Our hearty congratulations.

44. Coach to Bala. Subject to a minimum of 20 passengers, can transport members and friends to Bala from the Huddersfield area, picking up on the route at 10/- to 17/- . Starting early, returning late. Monday 7th Aug. Write to Hon. Treasurer for details. Deposit 10/-.

45. The Hon. Secretary and family will be at 4, Norman Road, Paignton, from the 24th June to 7th July (Torbay Champ'p) and will be glad to meet other members in that area during that period. Urgent correspondence will be forwarded from Todmorden and dealt with at Paignton.

46. I again take this opportunity on behalf of your Executive to wish you a pleasant and successful season.

Yours sincerely,

John K.Slater.

Hon. Secretary.

To all members of the B.L.D.S.A.
& Hon. Secretaries of A.S.A.,
Scottish A.S.A. & Welsh A.S.A.
Clubs.

LIST OF COMPETITORS (Men) For the Liverpool Daily Post Trophy.

No.	Name.	Age.	Address.	Previous experience etc.	Home Club.	Local Newspaper.	Result.	Time. H. M.
1.	Michael Jennings.	23.	1, Woodward Terrace, Greenhithe, Kent.	Solent double. Torbay Champion 1960/61. Windermere. France-England 1960.	Gravesend S.C.	Gravesend & Dart'd Reporter. Gravesend.		
2.	Bryan Finlay.	18.	46, Glencoe Road, Stoke, Coventry.	Coniston & Morecambe Inshore. Schelde (Holland) 1961.	Coventry S.C.	Coventry Evening Telegraph.		
3.	John O'Hara.	39.	21, Woodhouse Grove, Fartown, Huddersfield.	Morecambe Bay and Inshore. Bala Lake, 1960.	Huddersfield A.S.C.	Daily Examiner, Huddersfield.		
4.	Jeffrey Taylor.	17.	15, Myrtle Terrace, Golcar, Huddersfield.	Windermere & Bala Lake, 1960. Torbay 1961.	Huddersfield A.S.C.	Daily Examiner, Huddersfield.		
5.	Keith Leary.	21.	39, Stamford Avenue, Blackpool.	Morecambe Bay. Bala Lake 1960.	Blackpool A.S.C.	West Lancs Evening Gazette.		
6.	Commander C.Gerald Forsberg. O.B.E. R.N.	49.	Marine Services Div. Admiralty (Ensleigh) Bath.	Former Morecambe Bay, Serpentine, Navy Mile, Windermere, and Torbay Champion. Loch Lomond & Morecambe 20 mile Champion. England to France. Bala Lake 1960. Lough Neagh 1959. Author of "Long Distance Swimming" etc.	Otter S.C.London.	Wessex Associated News. 33, Westgate St., Bath.		
7.	Brian M.Rann.	27.	17, The Hard, Portsea, Portsmouth.	Torbay 1958. Double Solent 1959.	Solent S.C.	Evening News. Portsmouth.		
8.	Donald Myers.	38.	143, Leeds Road, Windhill, Shipley.	Morecambe Inshore 1961.	Shipley United S.C. & Otley S.C.	Tele & Argus, Bradford.		
9.	Roger May.	21.	112, Blandford Road, Lower Compton, Plym'th.	Torbay 1959-60. Windermere, 1959.	Metro Police S.C.	Police Journal. 40-7 Chancery Lane, W.C.2.		
10.	Keith Bellhouse.	19.	26, Ribor Gardens, Savile Green, Leeds 9.	Up to 2 miles training swims.	Holbeck S.C. Leeds.	Evening Post, Leeds.		
11.	John Turnbull.	36.	2, Rookery, Langham, Oakham, Rutland.	Windermere, Bala Lake & Morecambe Bay, 1960.	British Railways A.S.C. Gateshead.	Oakham & Uppingham Journal. Grantham.		
12.	Dennis Renshaw.	29.	5, Harley View, Leeds 13.	Up to 2 miles training swims.	Holbeck S.C. Leeds.	Yorkshire Evn'g Post. Leeds.		
13.	William Thrall.	20.	171, St. Ann's Road, Rotherham.	Windermere 1959. Torbay Champion 1959. Schelde 1961.	Rotherham Neptunes.	Rotherham Advertiser Shefld Tele & Star.		
14.	Malcolm T.H. Humphreys.	23.	18, Loxwood Avenue, Church Crookham. Hants.	Brighton Pier to Pier & 2 mile River Races Richmond.	British Long Dist. Swimming Association.	Wellington Press, Aldershot. Hants.		
15.	Terence B.J.Lyons.	25.	211, Lower Mortlake Rd., Richmond.	Brighton Pier to Pier & Gulf of St. Tropez 1961.	Richmond S.C.	Richmond & Twick'm Times, Richmond.		
16.	Brian Winn.	16.	Central Avenue, Skerton, Lancaster.	Morecambe Inshore Swim 1960.	Lancaster A.S.C.	Lancaster Guardian.		
17.	Dr. Leon Walkden.	38.	46, Popesgrove, Twickenham.	Bala Lake 1960.	Richmond S.C.	Richmond & Twick'm Times, Richmond.		

Continued/-

No.	Name.	Age.	Address.	Previous experience etc.	Home Club.	Local newspaper.	Result.	Time. H M S
18.	Alfred Hindorf.	34.	3, Manor Place, Crudgington. Salop.	Ellesmere Lakes.	Wellington & Dist. S.C.	Wellington Journal Salop.		
19.	Michael Oates.	24.	27, Sandhall Green, Highroad Well, Halifax.	2 mile Malaya Inshore Swim.	Halifax. S.C.	Halifax Courier.		
20.	Jacques (Jack) C. Stockmans.	32.	11, Cannon Park Road, Coventry.	Bala Lake & Coniston 1960.	British Long Dist. Swimming Assoc'n.	Coventry Evening Telegraph.		
21.	G Boagley.	43.	86, Broderick Road, London. S.W.17.	Brighton Pier to Pier. Civil Service Mil, 1961.	South London S.C.	Streatham News. London. S.W.17.		
22.	Richard Wm. Clives.	20.	39, Springthorpe Rd., Erdington. Birmingham.	Bala Lake, 1960.	Boldmere S.C.	Erdington News. Sutton Coldfield.		
23.	Frederick Hogg.		141, Long Street, Atherstone, Warwicks.	Over 70 miles in training swims since March, 1961.	British Long Dist. Swimming Assoc'n.	Atherstone Herald.		
24.	Malcolm S.Robinson.	18.	Codsall House, Mill Lane, Buckley.	Menai Straits 1960. 2 miles River Dee 1961.	Buckley & Dist. A.S.C.	Chester Chronicle & Flintshire Leader Mold. Flintshire.		
25.	Gregory P. Littledale.	29.	3, Shakespeare Chambers, Dover.	Up to 3 miles in training swims.	Dover Life Guard Club.	Dover Express.		
26.	Derek Gill.	31.	8, Bowker Street, Gt. Horton Bradford.	Morecambe Inshore. Coniston. Ullswater. Windermere.	Bradford Long Dist. Swimming Club.	Telegraph & Argus Bradford.		
27.	George W.Foote.	36.	Hunslet Baths, Leeds.	Morecambe Inshore & Cross Bay, Clyde Firth, Ullswater & Windermere.	Keighley S.C. & Hunslet S.C.	Yorkshire Evening Post, Leeds.		

To:- All competitors, Championship Officials, B.B.C. (Television & Sound) also to competitors local newspapers.

Note. Further information on this and all other long distance Championships may be obtained from the undersigned. The results of the Championships will be forwarded to the competitor's local newspapers immediately after the race. This is a record entry for any British Long Distance Swimming Championship.

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