BRITISH LONG DISTANCE SWIMMING ASSOCIATION.

Hon.Secretary.
John K.Slater.
"Burnside" 30,
Stoney Royd Lane,
Todmorden. Lanc's.

President.
Philip H.Rising.
"Corrie Lynn" 334,
Herringthorpe Valley
Rd., Rotherham. Yks.

Hon. Treasurer.
G.Trevor Smith,
30, Oak Tree Terr.
Lepton, Huddersfield.
Yks.

Dear Member,

14th October, 1961.

ANNUAL REPORT.

I have pleasure in presenting the Fifth Annual Report on the activities of the Association.

Membership has increased from 198 to 217. This year a Regional Representativ has been appointed for the County of Rutland, bringing the total number of Regional Representatives to 14, covering 15 counties. Scotland, Wales, Northern Ireland and the Channel Isles having one each in addition. All organisations promoting major open amateur long distance swims in this country are affiliated.

The season has again been one of outstanding interest and progress for individual members as well as for the Association. The Sandsend Bay Championship at Whitby has been inaugurated and also the Morecambe Round-the-Bay swim, both being highly successful. Members have not only taken part in our Championships but have also completed swims in Ullswater, Coniston and Windermere and have gained the Association's Certificate of Recognition.

New records have been made in our Windermere, Torbay and Bala Championships. Two two-way swim records have been set up in Coniston and Ullswater respectively. Two more members have completed the Channel crossing. A full dress rehearsal for the English A.S.A. Long Distance Championships has been held.

During the five years since the Association's inception, our members have taken part in many swims, and in this report, for record purposes, I hope to set down a list of members who have completed recognised courses of five miles or more, in Championship conditions or in individual attempts. It would be appreciated if members would notify me of any mistake or omission in the following lists.

The English Channel.

Mrs. E.Anderson ("Sunny" Lowry)	1933.	15 hours.	41 mins.	France to England.
Eileen Fenton.	1950.	15	31	" "
Philip H.Rising.	1951.	15	55	" "
Jenny James.	1951.	13	55	" "
Brenda Fisher.	1951.	12	42	" "
Philip H.Rising.	1952.	18	38	England to France.
Brenda Fisher.	1954.	14	36	France to England.
Margaret Feather.	1954.	16	52	" "
Fred C.Oldman.	1955.	14	31	" "
Cmdr. C.G.Forsberg, O.B.E. R.N.	1957.	13	33	" "
June Gilbert.	1959.	16	53	" "
Michael Jennings.	1960.	13	31	" "
Peter Fergus.	1960.	16	30	England to France.
Dorothy Perkins.	1961.			France to England.
Margaret White.	1961.	15	8	" "

Loch Lomond. (23 miles.)

Cmdr. C.Gerald Forsberg, O.B.E. R.N.	1959.	15 hrs.	31 mins	9 secs.
[illegible] Baddeley (16)	1960.	26 hrs.	10 mins.	

Lough Neagh. (20 miles)

Cmdr. C.Gerald Forsberg, O.B.E. R.N.	1959.	13 hrs.	12 mins.

Windermere. (10 miles)

1933.	John Humphreys.	10.4.	1956.	Margaret Iredale.	10.08.	1958.	John Todd.	8.14.
1934.	Charles Daly.	6.22.		Wm. Thrall.	6.59.		Wm. Fantom.	7.40.
1951.	P.H.Rising.	8. 0.		Joan Thrall.	8.15.		C.G.Forsberg.	5.19.
	S.Archer.	9.27.	1957.	John Slater.	5.25.		Jenny James.	5.39.
1952.	Kath. Beverley.	7.25.		George Foote.	6.32.		Arthur Ayres.	5.42.
	Brian Barton.	9.43.		F.C.Oldman	6.54.		Joyce Bricknell.	5.43.
1953.	Pam. Aldam.	8.13.		C.G.Forsberg.	5.50.		Jean Adams.	5.58.
1955.	H.Bracewell.	9.50.		Jon M.Mouat.	6.30.		Robt.McCaughey.	6.02
	F.C.Oldman.	5.53.		June Gilbert.	7.10.		Wm. Fantom.	6.07
	J.K.Slater.	5.20.		[illegible]	6.02.		George Foote.	[illegible]
	C.G.Forsberg.	5.56.		George Foote.	8.22.		John Slater.	[illegible]
	Wm. Keeting.	8.17.	1958.	John Slater.	6.10.		Ath'r Endersby.	6.12
	[illegible]	[illegible]		[illegible]	[illegible]		[illegible]	[illegible]

Windermere swimmers list, continued.

1958. Kendall Mellor. 6.45.
Jack Kerwin. 6.49.
Eddie Robinson. 7.19.
Godfrey Beaton. 7.38.
Wm. Wrenn. 8.13.
Marg't Lindsay. 6.20.
1959. Keith Seymour. 10.08.
John Todd. 7.29.
Dor'y Perkins. 7.47.
Arthur Ayres. 6.40.
Arthur Endersby. 7.38.
Hiram Baddeley. 11.06.
Susan Baddeley. 11.06.
H(Bill)Baddeley. 11.20.
Derek Gill. 10.47.
Joe Smith. 5.32.
Wm. Thrall. 5.55.

1959. Doug. Payne. 6.14.
Arthur Ayres. 6.22.
Gerald Forsberg. 6.26.
Peter Fergus. 7.16.
Ath'r Endersby. 7.28.
Angus Smith. 7.32.
Kendall Mellor. 7.47.
Roger May. 8.09.
Jack Kerwin. 8.13.
Godfrey Beaton. 8.17.
Jack Somerfield. 8.46.
Brian Orritt. 8.58.
Trevor Smith. 9.10.
Joyce Bricknall. 6.39.
Jean Adams. 7.47.
Ann Johnston. 8.11.
Madge McCarthy. 8.32.
Dor'y Perkins. 8.46.
Ruth Oldham 8.22.

1960. Ruth Oldham. 7.40.
Helge Jensen. 4.58.
Dorothy Perkins. 7.10.
Ruth Oldham 8.40.
Joe Smith. 5.30.
Michael Jennings. 5.46.
Gerald Forsberg. 5.51.
Walter Bradley. 6.03.
Derek Turner. 6.07.
Peter Fergus. 6.08.
Arthur Ayres. 6.22.
John Turnbull. 6.23.
Keith Seymour. 6.46.
Den's Sullivan. 7.08.
Anthony Daish. 7.19.
Brian Dove. 7.20.
Arthur Endersby. 7.52.
Jeffrey Taylor. 8.34.
Dorothy Perkins. 6.48.
Margaret White. 7.26.
Philip Kaye. 7.42.
1961. Gill. Blundell. 6.18.
Mike Nanson. 9.20.

See the Windermere Championship Non. Sec.'s Report for 1961 Championship results.

Windermere Two-way swims. (20½ miles)

1952. Philip Rising. 17.38.
1958. Jean Adams. 15.45.
C.Gerald Forsberg. 12.58.
1959. Jean Adams. 15. 9.
1960. Dorothy Perkins. 17.35.

Ullswater (7 miles)

1959. Jack Kerwin. 4.49.
Ruth Oldham. 5.50.
1960. Derek Gill. 6.12.
Ruth Oldham. 7.40.
John Slater. 3.52.50.
Keith Seymour. 4.34.25.
Geof. Wilson. 3.40.
Frank Robson. 3.54.
Keith Seymour. 4.12.
Kendall Mellor. 4.18.
Jack Kerwin. 4.40.
Dorothy Perkins. 4.18.
Arthur Endersby. 4.40.
Peter Fergus. ?
Arthur Endersby. ?
1961. (see Ullswater Ch'p results Bfd & Dist.)
Gerald Forsberg. 3.58.30.

Ullswater Two-way swim. (14 miles)

1961. Ruth Oldham. 10.40.

Alderney C.I. to France.

1960. Jon [illegible]Mouat. 5.15.

Coniston (5 miles)

1958. Jack Kerwin. 3.23.
1959. Jack Kerwin. 3.48.
Derek Gill. 4.5.
Cyril Huggins. 4.19.
Veronica Anderson. 3.55.
1960. Ruth Oldham. 5.15.
Cyril Huggins. 3.24.
Arthur Ayres. 3.15.
Derek Gill. 4.59.
Arthur Endersby. 3.40.
Ernest Hunt. 4.30.
Peter Fergus. 3. 0.
Bryan Finlay. 3. 0.
Jack Stockmans. 3.35.
1961. Derek Gill. 3.35.
C.Gerald Forsberg. 3.5.
Bryan Finlay. 2.33.56.
Rex Williams. 3.21.

Coniston Two way swim. (10 miles)

1961. Derek Gill. 8.56.

Sark to Guernsey.

1961. Ruth Oldham. 5.21.

Torbay swims. (7 miles) Torquay-Brixham-Torquay.

1958. Gerald Forsberg. 4. 8. 29.
Arthur Ayres. 4.15. 7.
Jack Somerfield. 4.39.16.
Ed. Hannam. 4.44.55.
Wm. Wrenn. 4.51.43.
Brian Rann. 4.56.12.
John Slater. 5. 0. 0.
Barry Watson. 5.3. 19.
P.Wilson Challon. 5. 7.34.
George Foote. 5.10.[illegible].
Jean Adams. 5.11.[illegible].
Kendall Mellor. 5.31.35.
June Gilbert. 5.35.20.
Angus Smith. 5.[illegible].
Eddie Robinson. 5.[illegible].
1960. Michael Jennings. 3.49.50.
C.Gerald Forsberg. 4.15.59.
[illegible] 4.37.26.
[illegible] 2.14. 0.

See Champ's Non. Sec.'s Report for 1961 swims.

1959. Due to rough seas the Championship was decided on a Torquay to Brixham swim.
Wm. Thrall. 2.6.30.
Geof. Wilson. 2.7.30.
Barry Watson. 2.14.0.
Joe Smith. 2.16.0.
Robert McCaughey.
Arthur Ayres.
Jack Somerfield.
George Foote.
Kendall Mellor.
Trevor Smith.
Roger May.
Arthur Endersby.
Ernest Hunt.
Angus Smith.
Godfrey Beaton.
Joyce [illegible]
Madge McCarthy.
[illegible]

Hon. Medical Officer Dr. H. Baddeley has kindly presented the Association with two maximum and minimum thermometers, together with magnets and instructions on use. To be armed with the knowledge that those thermometers will impart is far better than dipping in an elbow and guessing, or, in strange waters, relying upon local waterside dwellers who have been [illegible] strange measurements [illegible] converted to Fahrenheit readings have been [illegible] as "this stream of water is [illegible] over all the year round" or "If it's so hot the water should be bubbling."

Mrs. Margaret Erridge made a further attempt on the Irish Channel, covering about 16 miles in 9 hours before retiring.

Loch Ness. Results of research into temperatures and prevailing winds now available, contact have been made and the stage is now set. Ruth Oldham became the first person to make an attempt on this longest and coldest stretch of water in Great Britain, where, when it gets really hot, you might find the temperature soaring into the middle fifties. Ruth did not stay in very long and thought it was coolish. Dr. Baddeley tested the temperature in a more impersonal manner and records that fringe temperature varied between 54-6, but middle of the Loch temperatures dropped down to 51.8 F. This was during the first fortnight in July. Dr. Baddeley points out that temperatures of 53 F and below can be very dangerous. Loch Ness Two-way swim. Commander Forsberg again sets up a new record. Rather shorter than his usual marathoneer activities, and I must hasten to add that this was across the Loch and back, time 47 minutes, [illegible] 52. The Commander also accomplished a 5 mile [illegible] swim in the Loch. Locals have said that the full length swim is impossible. We have heard similar statements before, all of which have been proved wrong. Nevertheless it is a swim which must not be lightly undertaken. We have several swimmers who can complete the distance, but perhaps no more than two who would be capable of withstanding the temperature. A good season, a week of sun and calm and it may well be that the temperature might rise to something above the mid-fifties.

Long Distance Relay races. The subject has been raised several times in committee and in correspondence with members. There is nothing difficult about it. Pick a course not exceeding 5 miles. four swimmers each team. Each swimmer completes the course on a one way or two way swim, depending upon the length of the course. Exactly the same system as a squadron race in a swimming bath. Looking at the list of Coniston swimmers, this lake seems to be a favourite haunt of Bradford and Coventry swimmers. I understand that Coventry may well be about to form a Long Distance Club. Bradford already has such a Club. Mr. Robert Clarke, one of our Patrons and our Leading Pilot for the Windermere Championship is now in partnership at [illegible] and has the necessary rowing boats and [illegible]....... (?) We were very pleased to see that Mr. Clarke has made a full recovery from his recent accident and we look forward to seeing him in front of the swim for many years to come.

Paignton to Beacon Cove and back. The member responsible for this swim thinks it took him roughly two hours including a short period of sun bathing on the beach at Beacon Cove. As he was unaccompanied and untimed, he claims no record. Reason for the visit was purely social, and to save bus fare. These unaccompanied swims are not to be encouraged at any time, especially when you see the sharks they pull out of the water in that region, altho' there is apparently no record of any swimmer ever being attacked by any type of fish whilst swimming in or around Great Britain.

Three Lakes Swim. Now that there remains only Loch Ness to be conquered, I wonder if members might be interested in the suggestion of a new record - Windermere, Ullswater and Coniston (England's three longest lakes) in one day. I can visualise Lewis delighting in the certificate printing problems, Trevor carefully manipulating his red and back ink, and Phil. flourishing his fountain pen with great pleasure. I wonder who will be the first, it's bound to come.

Winter Reading. Read "The Swimming Times". Monthly long distance swimming news by Commander Forsberg, O.B.E. R.N. The "Swimming News" also contains items of interest to members. My copies of "Long Distance Swimming" by Gerald Forsberg, "It's Cold in the Channel" by Sam Rockett, the Taurus book on "Swimming" with a section by Gerald Forsberg on Long distance swimming, are all available on loan. Requests should be accompanied by p.o. for 1/6d. Detailed booklets by Commander Forsberg on "Channel Navigation for Swimmers" and "The Routes and Problems of the Irish Channel" are also available on loan.

Certificate of Recognition. Members planning individual attempts on any of the recognised courses, or on any previously untried course over 5 miles in length should obtain the necessary form from the Hon. Secretary well in advance. If you fail to comply with any of the conditions on the form you may find that your swim cannot be officially recognised.

Whitby Swim. In accordance with our usual custom of swimming over a proposed course before giving an opinion as to its merits, [illegible] members completed a four mile swim from [illegible] to Whitby Harbour, [illegible] Miller and G. Forse. Time 1hr.17 [illegible] 1.27mins. Not a race. Mr. J. (Jim) Robinson, the organising genius and his enthusiastic supporters had everything planned to the last detail. A gargantuan meal at "Claremont" (it would have well satisfied even Peter Forgus) finished off a grand day at Whitby. Similar smooth and well planned arrangements were in force for the actual Championship which is reported on by Mr. Robinson later in this report. Just to show [illegible]

I would not have believed it, but - on very good authority I understand that Mike Jennings and his stalwart companions turn their attention to long distance walking and running during the winter season. London to Brighton Walk (52½ miles) and Gravesend - Dover-Gravesend (100 miles) armed only with elastoplast and glucose coffee. This walking running urge is apparently not concerned with Mike's recent unfortunate accident with his car door, which kept him out of the Windermere Championship. His grazed knees and elbows arise out of another matter and will no doubt match up with some other eminent marathoneers.

Mr. & Mrs. J.Smith's happy and long awaited event.
Hearty congratulations to Joe and Marlene. On the 6th October. A BOY. All well. A membership application form is on its way to Rochdale.

Mr. & Mrs. J.Somerfield.
More hearty congratulations. Another boy, and we never knew anything about it until Jack and Mrs. Somerfield proudly introduced us to the new arrival at the Torbay Champ'p. Needless to say, he is now a member.

The member concerned humbly acknowledges the implied compliment contained in the report of the Bradford & Dist. L.D.S.C. Hon. Secretary, but would suggest that the record was achieved only by the co-operation so necessary in all our activities, and further suggests that the record be held jointly. Further details of this new Championship are obtainable from the writer.

Patrons and Affiliated Clubs. We are always pleased to welcome Patrons who wish to support the activities of the Association by the annual donation of One Pound. Affiliated Clubs are also welcomed on similar terms. The Hon. Treasurer will be glad to receive and acknowledge.

Championship programmes. Spare souvenir programmes for most of the Championships are available from the writer, price 1/- including postage.

Query. Which happy man drove home to Liverpool after the Windermere Championship in a luxurious limousine, but without a shirt to his back? If you have not guessed who the "Ullswater Champagne" member is (see Information Bulletin No.2. 1961) it might assist you to know that a business transaction between the Liverpudlian and the Bradfordian would be most appropriate.

To those members who wrote to me in July, I regret the delay in replying, due to my absence on holiday for two weeks. During the last few weeks, due to pressure of B.L.D.S.A. work and business reasons I have been unable to reply to all correspondence, but members can be assured that they will receive replies as soon as possible.

The Reports of your four B.L.D.S.A. Championship Hon. Secretaries, and those of the Hon. Treasurer, Pilot Life-saver Scheme Hon. Sec. and Hon. Press Officer, together with the report of other Championship Hon. Secretaries which follow this report, should be read in conjunction therewith.

In conclusion, I extend my sincere thanks and good wishes to all who have assisted the Association in promoting yet another highly successful season, and my special thanks to our President, Hon. Treasurer and Hon. Press Officer for all the time and energy they have devoted to the Association.

Yours sincerely,

John K.Slater.

Hon. Secretary of the British
Long Distance Swimming Association.

PLEASE NOTE. I shall be changing my address, probably in December this year.
NEW ADDRESS:- 29, St. Alban's Avenue, Skircoat Green, HALIFAX. Yks.
TELEPHONE No:- Halifax 60229.(Home) 3835 (Office).

J.K.S. 16.10.61.

U.K. BRITISH LONG DISTANCE SWIMMING ASSOCIATION'S BALA LAKE CHAMPIONSHIP.

What a race, 34 sprinters, middle distance and long distance types all churning up the lake waters in a race which, as we expected, brought in many new members whose calibre had previously been measured in yards per second and not miles per hour.

Measurements over such a course must be regarded as approximate, but if the specified distance of three miles is accepted, it appears that the first three male swimmers maintained a 25 minute mile (A.S.A. Gold Standard is 25 minutes). The first lady, newcomer Dilys Beynon, age 16, maintained a 28 minute mile (A.S.A. Gold standard is 30 minutes). A truly remarkable achievement. Another newcomer, Pamela Crawshaw, also recorded an excellent time, maintaining a 30 minute mile. Another outstanding swim was by 16 year old Olive Greenwood, who set up a backstroke record.

We had previously heard from Margaret Lindsay, who spends all her leisure (?) time at the Serpentine, that Malcolm Humphreys was a "terrific swimmer who trained hard" and his victory certainly underlined this description. Brian Rann, a 17 year old Lancastrian, who, after his epic battle with Ray Holmes in the Morecambe Inshore final earlier in the year, was expected to be in the first three. Mike Jennings we knew had trained for longer distances, but with a 22 minute mile to his credit, Solent records and the Torbay Championship and record this season, all reports predicted a close race. Those who were there will remember. Those who were not there can judge the excitement from the results given below.

Conditions on the day, water temp. 60-1, following wind, fresh to strong especially in the closing stages, producing small white capped waves with moderate swell at times. Occasional showers. It would be reasonable to assume that the following wind gave a certain amount of assistance to the swimmers, and to support this assumption the times bracketed in the results are the times taken in last years event by the same swimmers. Without exception the times are faster by an average of about 8 minutes. It may be stretching coincidence too far to assume that all who competed in both swims have improved so much. The time given for Jeffrey Taylor must be discounted because he has converted from breast stroke to crawl.

Men's Championship.

(1)	Malcolm Humphreys	1.15.8.	(Record)
(2)	Brian Rann	1.16.0	
(3)	Michael Jennings	1.18.55.	
(4)	Keith Bellhouse	1.19.5.	
(5)	Dennis Renshaw	1.22.15.	
(6)	Tm. Thrall.	1.23.30.	
(7)	Dr. Leon Walkden	1.23.55.	(1.40.10)
(8)	Bryan Finlay	1.24.25.	(Breast record)
(9)	John Turnbull.	1.25.10.	(1.35.0)
(10)	Cmdr. C.C.Forsberg	1.29. 0.	(1.36.0)
(11)	Geo. Beagley	1.35. 4.	
(12)	Brian Rann	1.38.30.	
(13)	Jack Stockmans	1.39.20.	(1.50.0)
(14)	Keith Leary	1.42. 0.	(1.55. 0)
(15)	George Foote	1.44.20.	
(16)	Gregory Littledale	1.46.40.	
(17)	Jeffrey Taylor	1.50. 5.	(2.5.0)
(18)	Michael Oates	1.52.10.	(Back record)
(19)	John O'Hara	2.27.15.	(2.32.0)
(20)	Donald Myers	2.30.45.	

Ladies Championship.

(1)	Dilys M.Beynon	1.26.40. (Record)
(2)	Pamela Crawshaw	1.32.20.
(3)	Pauline Goddard	1.35.30.
(4)	Olive Greenwood	1.36.40. (Back r'd)
(5)	Dorothy Perkins	1.39.30.
(6)	Pamela A.Jones	1.44.45.
(7)	Madge McCarthy	1.50.20.
(8)	Hazel Holroyd	1.54.20.

Whilst a following wind may account for a time reduction of say 5 - 10 minutes, this does not mean that an opposing wind of the same strength would increase the time by the same margin. To swim against a similar wind strength on this course could add between 15 and 45 minutes to the time.

We were shocked, just before the start of the Championship, to hear of the unfortunate accident in which a number of swimmers, officials and friends from the Otley & Bradford areas were involved whilst travelling to the Championship, and we sincerely hope that they will all speedily and fully recover. Those involved were Miss Jennifer Dyer and Mr. Derek Gill, (competitors) Mr. F.Slater (Official) Mrs. M.Tofts, Mrs. Gill, Mr. G.Oddie. At the time of compiling this report, Mr. Oddie is still receiving medical treatment for a badly injured leg, and Mrs. Tofts is suffering from a fractured pelvis and other injuries. The driver of the vehicle was in no way to blame for the accident.

Pathe News filmed parts of the Championships and extracts were shown at all A.B.C. cinemas throughout the country. Some excellent shots of the swim and individual swimmers with good close ups of the winners. Once again we are greatly indebted to the Bala U.D.C., especially to Mr. Llewelyn Williams, the Clerk to the Council, for his efficient and enthusiastic assistance, and to Captain C.E.A.Boyle, who, on our behalf secured the services of every available boat on the lake. To Mrs. & Mrs. Scott, of the Loch Cafe, who loaned their boats free of charge and ensured that our camping members had every facility, to Mr. Elwyn Huws, of the Welsh League of Youth Hostel at Glanllyn Mansion,

(B.L.D.S.A. Bala Championship Report continued)
for his pre-Championship hospitality, for the use of the briefing meeting room, changing facilities, use of boats and for the support which his members gave in manning so many of the 30 odd boats which ranged from canoes to large racing skiffs, our sincere thanks.

The Chairman of the Bala U.D.Council, Councillor W.D.Williams, J.P. welcomed competitors as they completed the course, and Mrs. Williams later presented the Men's "Liverpool Daily Post " Championship trophy and the certificates to all competitors completing the course.

Presenting the magnificent "Brierley Law" trophy to the Ladies Champion, on behalf of her late father, Mrs. Cheetham spoke of her fathers deep interest in all aspects of the sport, especially in long distance swimming. The late Brierley Law was one of the most outstanding distance swimmers of his day, and amongst his successes he became the first Morecambe Cross Bay Champion in 1907. Torbay Champion and Plymouth Pier to Pier Champion in 1901-2-3.

I must point out with regret that seven late entries were received, none of which could be accepted. There is nothing grieves a swim secretary more than when he has worked to promote a Championship, to have to turn away entries. Once again I must emphasise that late entries are not accepted and that the entr form and fee must be received by the Championship Hon. Secretary before the closing date.

As with other Championships of the Association which I have had the honour and pleasure of organising, the time has again arrived when the Secretaryship must be handed over to another member. The member appointed will be fully responsible for all aspects of the Championships and will act in dual capacity of Secretary and Treasurer. Your Executive committee will, I think, prefer to follow our usual custom of receiving nominations of members who have successfuly competed in the Bala Championship and who will be prepared to attend a pre-Championship meeting in the North of England. The full co-operation of the local committee in Bala with whoever is a pointed, is assure

May I take this opportunity of thanking all members and friends who have assisted in making the 1960 and 1961 Championship so successful.

John K.Slater. Todmorden.

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THE BRITISH LONG DISTANCE SWIMMING ASSOCIATION'S TORBAY CHAMPIONSHIP.

The 1st July - that a memorable day it was, such glorious weather! such wonderful conditions! such magnificent swimming! two records broken! and I'm running short of adjectives !

After a very good start the competitors kept in close company for the first mile or so and then began to open up rapidly as the leaders 'got the urge' and stepped up the pace. First round the buoy at Brixham was Michael Jennings, followed fairly closely by Anthony Moorey with Gerry Forsberg in third position. All the swimmers as they took the turn had now assumed the positions in which they eventually finished and there was very little interchange on the return 'leg'. Pauline Goddard was the firs. Lady round the buoy, just half a minute after Arthur Endersby (lying 5th.) and 28 minutes behind the leader. The searching pace, to match the weather, was maintained, and wi strong vocal encouragement from his crew, Michael Jennings burst through to the finishing line just 3 minutes inside his own time set up last year, to create a new Torbay record at 3hr. 46 mins. Anthony Moorey fulfilled earlier forecasts and came in second place with a time just inside 4 hours.

At her first attempt in a long distance event, Pauline Goddard finished first to become the Ladies Champion, with Margaret White close behind, both of whom had bettered the previous record which has stood since the first Torbay Swim in 1958. The only entrant not to finish was Christopher Bamsey from Exmouth, who after a valiant effort at his first 'big swim' came out of the water about a mile after the turn on the return swim.

Men's Championship.

1.	M.Jennings.	3.46.07.	(New record -
2.	A.J.Moorey.	3.59.55.	improvement -
3.	C.G.Forsberg.	4.08.30.	3 minutes.)
4.	A.E.Ayres.	4.26.54.	
5.	A.J.Endersby.	4.48.22.	
6.	P.J.Fergus.	5.50.47.	
7.	J.Taylor.	5.50.59.	

Ladies Championship.

1.	P.Goddard.	4.57.54.	(New Record-
2.	M.White.	5.03.59.	improvement-
3.	M.McCarthy.	5.43.34.	14 mins)
4.	M.M.Pike.	5.50.36.	

The Mayor of Torquay, Counc. T.E.Revill, J.P., after starting the swim, took a great interest in the event and spent some time in one of the patrol boats. At the Reception in the evening, he and the Deputy Mayor made a point of greeting everyone on their arrival and subsequently opened the proceedings for the Prize Presentation.

The swimmers looked bronze and fit, the boat crews and officials looked bronze.... ...and all made the most of the excellent buffet, the social evening and dance arranged with the big-hearted hospitality of the Torquay Corporation.

(continued)

(B.L.D.S.A. Torbay Championship Report continued)

I am most grateful to everyone connected with the swim, who all played their part with the utmost enthusiasm. Special mention must be made of Mrs. Stella Margetts and Mr. John Robinson of Torquay, our main contacts and prime movers of the organisation of the local arrangements which make the Torbay Championships such a success.

Gratified - - to see a few more entrants from the South and we hope that this trend continues.

Disappointed - - with the general response from prospective competitors. Forty-eight entry forms posted off and only 13 returned as entries. Our friends in Torquay always put on a very good show and we trust that there will be a bigger entry next year in the first of the season's 'big events'.

Eddie Robinson. Torbay Championship Hon. Secretary.
15, Belmont Avenue, Otley. Yks.

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THE BRITISH LONG DISTANCE SWIMMING ASSOCIATION'S WINDERMERE CHAMPIONSHIP.

This year's Windermere Championship, bringing as it did my introduction to secretarial duties with the Association, gave me a new angle to Championship swims; sending out entry forms, getting advertisements for the programme, booking accommodation for briefing and reception together with a quite heavy correspondence proved something of a difference from the usual routine of taking part as a swimming member.

The outstanding feature of the Championships for most people was the phenomenal ...ance of sixteen year old Susan Lynch in the Ladies Championship. Leading the ...wim for the major part, Susan finished in 5 hrs. 37 mins., breaking the Ladies' ... ionship and all-comers records. In the Gent's Championship the success of Tony Moorey in 5 hrs. 28 mins. was not unexpected, after a fine performance in the Torbay Championship there was little doubt that Tony would acquit himself well in Windermere. Also worthy of mention was the marathon performance of our Metropolitan Police member Alan Richards, who, refusing to be beaten by the deteriorating conditions, battled on to finish outside the Championship in a time of 11 hrs. 12 mins.

A record of which we can be less proud of establishing was this year's number of non-starters, when six swimmers, due to a variety of reasons, failed to present themselves to the starter. Our sincere sympathies to Michael Jennings who sustained a badly injured hand in a car incident, immediately prior to the Championship. Credit to Joe Smith, who, after a severe buffeting in his Channel attempt travelled up to Windermere to defend his title.

I must mention that not many of our swimmers are as fortunate as Dr. Walkden; not satisfied with a life-saver only, he has a fisherman to catch his supper (who eats pike ?) and also secures for us a good helping of publicity on B.B.C. T.V.

Finally, I would like to extend my sincere thanks to everyone who has helped to make this swim such a success. It is impossible to name everyone individually as it would make this report a mile long. Once again, my sincere thanks to all.

Gent's Championship.

A.J.Moorey.	Portsmouth.	5.28. 0.
W.T.H.Bradley.	Liverpool.	6. 3.30.
D.Turner.	Droylsden.	6.11. 0.
S.Finlay.	Coventry.	6.16. 0.
Dr. L.Walkden.	London.	6.30. 0.
P.Kaye.	Huddersfield.	7. 1.30.
F.N.Davis.	Southsea.	7. 4. 0.
J.Taylor.	Huddersfield.	7.55. 0.
A.Richards	London.	11.12. 0.

Ladies Championship.

S.J.Lynch.	Stanmore. Midx.	5.37. 0.
D.M.Perkins.	Bradford.	7.27. 0.

John O'Hara. Windermere Championship Hon. Secretary.
21, Woodhouse Grove, Fartown, Huddersfield.

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THE BRITISH LONG DISTANCE SWIMMING ASSOCIATIONS LOCH LOMOND CHAMPIONSHIP REPORT.

As there was no Championship this year and no private attempts, my report will consequently be short.

I would like to take this o portunity and ask members to inform me as early as possible if it is their intention to enter the 1962 Championship.

George Owen. Loch Lomond Championship Hon. Secretary.
"Gwynfa" 22, Harbour Road, Wibsey, Bradford.

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THE BRITISH LONG DISTANCE SWIMMING ASSOCIATION'S PILOT LIFE SAVER SCHEME REPORT.

During this season I anticipated an increase in the number of awards, but with

MORECAMBE CROSS BAY CHAMPIONSHIPS. ONE-WAY CHAMPIONSHIP. Grange - Morecambe.

The 54th Cross Bay Championships were held on the 9th September.

Results:- Men's Championship.

Ray Holmes	Lancaster S.C.	3.10.37.	
Cmdr. C.G.Forsberg.	Otter S.C.	3.13.11.	
Derek Gill.	Bradford L.D.S.C.	3.30.	
M. Keeting.	Cheadle S.C.	4. 3.17.	
Martin McNulty.	Middlesbro' Police.	4. 8.41.	

Ladies Championship.

Ruth Oldham	Grange S.C.	3.23.17.
Dorothy Perkins.	Bradford LDSC	3.37.50.
Pamela Crawshaw.	Dewsbury S.C.	3.40. 5.
Hazel Holroyd.	Dewsbury SC.	3.47.52.

A low tide made the times rather slower than usual.

TWO-WAY CHAMPIONSHIP. Morecambe-Grange-Morecambe.

The 2nd two-way Championship was held on the 12th August.

Results:- Men's Championship.

Michael Jennings.	Gravesend S.C.	6.10.25.	The difficult tide on this swim
Arthur Ayres.	Coventry S.C.	6.56.43.	stranded Dorothy Perkins and Bryan
Derek Turner.	Stalybridge S.C.	7. 4.37.	Finlay on a large sandbank on the
Cmdr. C.G.Forsberg,OBE	Otter S.C.	7.14.50.	return trip. Ruth Oldham retired near Grange.

ROUND THE BAY CHAMPIONSHIPS. Morecambe-Grange-Arnside-More'be.

The 1st Round the Bay Championships were held on the 23rd September. It was most unfortunate that Dorothy Perkins had slipped and fallen rather heavily at the start of the Cross Bay swim and was not fit to take part in this Championship.

Results:- Men's Championship.

Michael Jennings.	Gravesend S.C.	6.45.30.
Arthur Ayres.	Coventry S.C.	6.51. 5.
Cmdr. C.G.Forsberg.	Otter S.C.	7. 0.42.
Derek Turner.	Droylsden S.C.	7. 2.50.

Ladies Championship.

Ruth Oldham.	Grange S.C.	7.12. 9.

One-way individual swim. Roger Jobling made a successful swim on a high tide, recording a good time for a 14 year old, 3hrs. 9 mins.

Jack Brown. Hon. Secretary Morecambe Cross Bay S.A.
30, Acre Moss Lane, Morecambe.

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INTERNATIONAL CHAMPIONSHIP IN HOLLAND. SCHELDE SWIM.

The date unfortunately clashed with our Torbay Championship, on 1st July. Our two representatives from the B.L.D.S.A. acquitted themselves very well, and by their account of the swim and their holiday in Holland, they certainly enjoyed themselves. The Dutch nurses who seem to be responsible for close personal attention to the welfare of the competitors after the swim, always cause some little embarrasment to British male competitors who are unused to such hospitable after-care. Perhaps, in return for the B.L.D.S.A. sending its swimmers to the Schelde swim, we could have some of the nurses for our Championships.

The first ten in order of finishing were:- (1) Hans van Hemert (Surac Breda) 1uur 0 min. 1 sec. (2) Jim Richards (De Dolfijn-A'dam) 1.10.33. (3) Ineke Tigelaar (De Robben-Hilversum) 1.13.44. (4) Erica Terpstra (HZPC) 1.17.10. (5) C van den Akker (UZSC-Utrecht) 1.17.13. (6) Rob Ingeluyff (HZPC-Den Haag) 1.18.25. (7) Bryan Finlay B.L.D.S.A. 1.18.54. (8) N.Greers (Boskoop) 1.19.12. (9) Wm. Thrall B.L.D.S.A. 1.23.27. (10) Leo de Kok (De Krabben-Bergen op Zoom) 1.25.51.

It is interesting to note that in this Championship the accompanying boat must keep behind the swimmer. What happens when a shortsighted, ear-plugged homesick B.L.D.S.A. competitor is leading the field and decides to head for home, is not clear.

Whether to dispense with the customary trial to select our representatives and to automatically invite the winners of the Bala Championship to represent us, is something which your Executive will be considering shortly.

J.R.S.

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THE SOLENT SWIMMING CLUB.

The first swim of the year was by Michael Jennings, 25th June, with a new double record time of 5.7.13. Previous record by Michael Davis 5.43.42. On the Southsea - Ryde leg he set up another new record of 2.1. which beat Peter Gorwin's '59 time of 2.3. Next was a Southsea-Ryde swim by Michael Davis in 2.5. Michael's personal best. Then came another record. Anthony Moorey swam from Southsea to Ryde in 1.58.48, becoming the first person to beat 2 hours for this leg. The same day, the writer completed a personal best of 2.10. for the Southsea-Ryde swim.

Perhaps the most praisworthy swims were by our President and Chairman. Mr. Jim Bland and Mr. John Moorey. They swam together from Southsea to Ryde in 2.32. Mr. Bland will not, I hope, mind if I quote his age at about 58-9, which speaks very highly of his enthusiasm and fitness. Mr. John Moorey, is some 10 years younger, but only started serious swimming two years ago. The feat of these two gentlemen is rather remarkable, in that if they had made this swim in 1959, they would have set up a new record.

(The Solent S.C. report continued)

On the 10th August, Michael Davis recorded 5.19.32 in a double swim. On the 20th August Gerry Hackett and Vincent Emery recorded 2.55 apiece, Bill Jennings 3.5. and Reg Heath 2.30. all from Ryde to Southsea. Those taking part in B.L.D.S.A. Championships were Anthony Moorey, who has given our Club a great boost with his well deserved Windermere success, Michael Davis, and the writer.

Any members of the B.L.D.S.A. wishing to make an attempt on the Solent swim/s will be welcomed. Please let me know your intentions well in advance so that proper arrangements can be made. Certificates are awarded to all members completing the recognised course/s.

Brian Rann. Hon. Secretary of the Solent S.C.
Flat 3, National Provincial Bank, 17, The Hard, Portsmouth.

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CHANNEL SWIMMING ASSOCIATION.

Twenty swims, eight successes, a dozen failures. We have had the earliest ever, the youngest ever, the shortest ever, and the longest ever, and all are deserving of the highest praise. The earliest was Dorothy Perkins. We always insist that a swimmer, to be successful must be free from all worries, and this theory was blown sky high by Dorothy's splendid behaviour under appalling circumstances.

The youngest ever was Margaret White (no relation to Ian Black) another B.L.D.S.A. member. Words fail to describe the courage of this swim which was carried through in the densest fog in memory - I kno because I was out in it with another swimmer who didn't start. From the time she entered the water at Cap Gris Nez till she walked ashore near Dover 15 hrs. 8 minutes later, she saw nothing except the side of her accompanying launch.

The shortest swim was a fast sprint across by Brojen Das of Pakistan, in 10 hrs 35 mins which captured the France-England record set up by the Egyptian Abdel Rehim in 1950

The longest was, of course, the first double crossing by Antonio Abertondo of Argentine in 43 hrs. 10 mins. If the double is repeated, I am convinced there will be a great reduction in time.

Joe Smith made a desparate last-day swim, but no one can conquer the channel against a strong head wind. I trust we shall see him in Dover next year, given a fair crack of the whip he will succeed.

Arthur Ayres swam well, but one needs a day's rest before taking off. When he abandoned his swim he was going strongly, but was very tired. He had worked all the previous day, spent hours travelling to Dover, and was weary before entering the water. Come for a week in advance next year Arthur.

The Annual Dinner of the C.S.A. will be held on the last Saturday in March or the first Saturday in April. We shall be very pleased to see any B.L.D.S.A. members, and I will advise your Hon. Secretary in good time so that details can go out to members in the Information Bulletin.

J.U.Wood. Hon. Secretary of the Channel Swimming Association
1, Marine Court, Marine Parade, Dover.

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BALA LAKE INDIVIDUAL SWIMS.

The following B.L.D.S.A. members have been awarded the certificates issued by the Bala Urban District Council in recognition of successful individual swims:-

Joseph Bryan Finlay,	Coventry.	21st May, 1961.	1hr.	24 mins.	0.4 secs.
Rex G.Williams,	Coventry.	21st May, 1961.	3.	12.	58.
Arthur Willian Endersby,	Coventry.	22nd May, 1961.	3.	40.	
This was the first ever two-way swim.					
Olive Greenwood,	Rochdale.	2nd July, 1961.	2.	5.	20.
Linda C.Bell,	Pool in Wharfedale.	6th August,1961.	2.	5.	20.

An application by Roger Jobling, 14 years, of Morecambe, is awaiting recognition. Two other swimmers are understood to have completed the course, but have not yet forwarded the Application for Recognition of Swim form.

We shall welcome any members of the Association who wish to make attempts on the Lake, and local interest in especially keen on two-way swims. A three way swim has not yet been attempted. I should be glad to supply Application for Recognition of Swim forms, and members should obtain these forms before making the swim. It would be appreciated if at least seven days notice could be given to me, so that proper arrangements can be made.

The certificates issued by the Bala Urban District Council are awarded free of charge.

As a matter of interest, Miss Linda Bell set up three records in one swim, the first being that she was the youngest to complete the swim, the second being that she set up a new ladies record, and the third being that it was the shortest held record in that it was made the day before the Championship in which both Men's and Ladies' records were broken.

Llewelyn Williams, Clerk to the Bala Urban District Council,
Council Offices, Bala, Merioneth.

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ALL THESE CHAMPIONSHIPS AND SWIMS ARE CONDUCTED UNDER AMATEUR SWIMMING ASSOCIATION LAWS AND THE RULES OF THE BRITISH LONG DISTANCE SWIMMING ASSOCIATION.

THE BRITISH LONG DISTANCE SWIMMING ASSOCIATION. PRESS OFFICER'S REPORT.

The season 1961 has varied between dismal failure and outstanding success as far as publicity for our Association and its swimmers is concerned.

TORQUAY saw plenty of local mention but hardly any national coverage despite the efforts of our friend, Mr. John Robinson (Torquay Publicity Officer). T/V were in attendance but I have no idea what the results were.

BALA was one of the outstanding successes - no T/V but a very successful Pathe news with national coverage and both pre and post swim reports in locals and nationals (limited).

WINDERMERE had a successful T/V coverage with effective presentation but as far as the press were concerned, only the nationals had any worth while coverage.

Once again I appeal to members to contact their local newspapers or other publicity medium if they have anything worth reporting - the Press Officer is mainly concerned with national coverage and the implementing of locals where possible, but in most cases you have the contacts, are on the spot and have a much better chance of getting something printed than if it were to come through the Press Officer a couple of days later.

Useful contacts have been made in the past season and particularly Pathe News have shown an interest in our future activities - they will be briefed with full information of all future swims and we hope for even better coverage from this source in 1962.

Lewis Craven. Press Officer.
309, Wakefield Road, Denby Dale. Nr. Huddersfield.

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FIVE MILE OPEN CHAMPIONSHIPS - YORK - SEPTEMBER 30th, 1961.

To get the full picture of the 5-mile Championship it is necessary to go back some 2 years, when the Executive of your Association started a movement for the revivial of A.S.A. Long Distance Championships of England. This effort gained considerable momentum last year when Mr. Henry Dixon (then National President of the A.S.A.) attended our Annual Dinner at Bradford, as guest of honour. Mr. Dixon approached Alderman Fern, C.B.E. (Hon. Secretary of the A.S.A.) and the matter was brought before the Annual General Meeting of the A.S.A., when it was made known that your Association were willing to accept the responsibility of staging this event.

Immediately the first intimation was received that the A.S.A. were willing to re-institute the Championships, your Executive met to consider possible venues . This led us to Lincoln, when a large party of Executive members visited a stretch of the River Witham, known as the "Five Mile Drain". A very complete survey was carried out (although certificates have not yet been awarded for this five mile trudge over rough country) and although the course was found quite satisfactory from a swimming angle, it was lacking in certain other amenities such as changing facilities and hot baths. Attention was then directed to the possibility of holding the Championship in the River Ouse over part of the course used in the former Yorkshire County River Championships and eventually on 8th July members of the Executive travelled to York to survey the suggested course. The arrangements at York had been made by Mr. John Wilson (Hon. Sec. North Eastern Counties A.S.A.) and this time the survey was completed in comfort from a motor launch. Following assurances from York officials that changing facilities and hot baths could be made available it was decided that this course should be used and arrangements should go ahead for stageing the event on 23rd September. Unfortunately, in the meantime the Committee of the A.S.A. had decided that as the English Long Distance Championships had not been included in this year's hand-book it was now too late for them to be staged in 1961, and plans should be laid for them to be re-started in 1962. However, as most of the rquisite contacts and arrangements had been made for this year, your Executive decided to go ahead and seek permission to hold an Open Championship on the course and under approximate conditions as the Long Distance Championships of England would have been held.

It should be noted that to this stage (as in all previous Association Championships) all arrangements had been completed by the Association's Hon. Gen. Secretary and although the writer had attended all meetings and surveys relevent to the swim, this was only in capacity of Press Officer. However, at a meeting of the Executive sub-committee in early August it was decided due to pressure of other work (on behalf of the Association) the final arrangements should be taken over by a Hon. Swim Secretary. On assuming the duties of Hon. Swim Secretary I found that our main contact in York (Mr. John Wilson) was on holiday until 26th August and although correspondence was received informing that the date would have to be altered to 30th September due to other activities on the River on the 23rd, no further action could be taken until a meeting was arranged on the 30th August between Mr. Camidge (Hon. Sec. York & Dist. A.S.A.) Mr. John Wilson and your Hon. Swim Sec.

Following this meeting all necessary arrangements were completed for the hire of boats etc., and circulars, entry forms and information sheets were circulated to interested parties throughout the British Isles.

As to the swim itself, a total of 27 entries were received, 23 for the Gent's Championship and 4 for the Ladies. Of this total, only 4 (all in the Gent's Championship) were non-starters. A full list of finishers and times is appended.

(5 mile open Championships - York continued)

Arrangements as completed worked quite satisfactorily, although not by any means perfect, perhaps a little less time could be allowed for assembly and changing and the departure for the start could be put back 15 minutes thereby reducing the waiting time before entering the water. The arrangements for conveying track suits and footwear from the start were not adhered to and this proved a mistake as competitors suffered delay due to clothing being carried back on the water rather than by road transport as was originally arranged, perhaps the allocation of a clothing steward would obviate this. The allocation of only six rowing boats proved hardly sufficient and future years should see a minimum of one boat to every two swimmers. The start and finish arrangements were excellent and worked well with the exception perhaps of some increased facility for removing an exhausted swimmer from the water at the finish. The arrangements for refreshments for swimmers and officials could be improved by the allocation of tickets to persons entitled, and a further improvement if possible would be the provision of refreshments at a small charge for relatives and friends of swimmers and officials who can hardly be expected to go away seeking a meal and thereby miss the presentation ceremony etc.

All in all a most satisfactory day for all concerned and yet another event to enter into the B.L.D.S.A. calendar.

Members may be surprised to find no mention of this swim in the balance sheet, this being due to the generosity of York and Dist. A.S.A., Yorkshire A.S.A. and N.E.Counties A.S.A. who have agreed to meet the inevitable losses which had to be incurred on a swim of this nature, especially a first attempt. Also a word of thanks to our President who once again came forward and very generously donated a championship trophy for this event.

A further thought - I would like to thank all those many helpers who assisted in any way to make this swim a success and especially to Mr. John Wilson who handled most of the York arrangements, our Hon. Gen. Sec. as guide and mentor and our Hon. Treasurer who is always there behind the scenes completing the certificates and generally fulfilling duties that are least tasteful to the majority.

Gent's Championship.

1. Peter W.Hatfield	(Middlesbrough)	1hr.	56 min.
2. Ron. Kellerman	(")	1.	57. 52.
3. Wm. Thrall.	(Rotherham)	2.	4. 55
4. Dennis Renshaw	(Leeds)	2.	5. 15.
5. Bryan Finlay.	(Coventry)	2.	7. 45.
6. D Castle.	(Huddersfield)	2.	20. 45.
7. Norman Sutton.	(Gateshead)	2.	22. 15.
8. Philip Kaye.	(Huddersfield)	2.	24. 45.
9. Jeffrey Taylor.	(")	2.	27. 25.
10. Derek Gill.	(Bradford)	2.	28. 35.
11. Rex Williams.	(Coventry)	2.	35. 25.
12. George Foote.	(Leeds)	2.	44. 40.
13. Jack Somerfield.	(Lichfield)	2.	52. 5.
14. Geoffrey Mountain	(Dearne Valley)	2.	58. 40.

Ladies Championship.

1. Susan Lynch	(Stanmore)	2hrs	5.	50.
2. Pamela Crawshaw	(Dewsb'y)	2.	24.	50.
3. Pauline Goddard	(Roth'h'm)	2.	32.	15.
4. Jean Muscroft	(Dearne V.)	3.	3.	10.

Lewis Craven. Open Championship Swim Sec.
390, Wakefield Road, Denby Dale, Huddersfield.

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BRADFORD AND DISTRICT LONG DISTANCE SWIMMING CLUB.

Channel Swim. In recognition of her successful Channel swim, Miss Dorothy Perkins has been elected the first Life Member of the Club.

Second Annual Ullswater Championship. This was again a most successful event. Our thanks are due to the many people in this area who gave us every assistance. The course was from Glenridding pier to Pooley Bridge pier, a distance of 7 miles. Water temperature never rose above 56 f and near to stream inlets was a little lower. The wind was moderate and opposing for most of the way. Water and wind conditions slowed up the times and made this quite a tough swim. Of the six competitors, three were entering the Championship for the first time and five swimmers completed the swim.

Results. Ladies. - Miss D.Perkins. 6hrs 24 mins.

Men. - Keith Bennett 4.23. Frank Robson 5.6. George Foote 6.13. Derek Gill 7.10.

The swims of Keith Bennett and Frank Robson were noteworthy as this was Keith's first long swim and Frank, only 14 years old was runner up for the 2nd successive year.

A Reception was held after the swim at the Public Hall, Pooley Bridge. Trophies and certificates were presented to the successful swimmers by our Club Chairman Mr.George Owen.

Do you know - Who, at Ullswater, became the Club's first minnow catching Champion and record holder.

Coniston. In June we had a Club outing to Coniston and met very high winds and water temp. 58. Five members entered the water, two to swim against the wind and three to swim with it. The only successes were George Foote (against the wind) 5.30, and Derek Gill (with the wind) 3.35. In August, Derek Gill was again at Coniston for a first

(Bradford & Dist. Long Distance S.C. continued)

two way swim. Total time 8.56. Split times 4.26. 29 mins feeding. 4.1. Starting from North end.

In addition to the above, Club members have had successes at Torbay, Windermere, Bala Lake, Morecambe Bay, Morecambe Inshore and the Whitby swim. All in all a very good year for our Club.

Derek Gill. Hon. Secretary Bradford & Dist. L.D.S.C.
8, Bowker Street, Great Horton, Bradford.

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DOUGLAS (I o M) CROSS BAY RACES.

Men's Race.

1. W.Pearce.	Radcliffe A.S.C.	42.58.
2. A.Heaton.	" "	45.33.
3. E.Milligan.	Kilmarnock A.S.C.	47.55.
4. J.D.Solly.	King Williams Coll.	48.46.
5. T.F.Dinsdale.	Seacombe Open Wtr.	58.38.
6. Frank Huntley.	B. L. D. S. A.	59.29.
7. S.Jones.	Radcliffe A.S.C.	1. 3.58.
8. J.D.Harrison.	Douglas A.S.C.	1. 8.35.
9. M.Barry Cuttle.	B. L. D. S. A.	1.11.27.

Fifteen men took part.

Ladies Race.

1. Miss C.A.Corteen. Peel A.S.C. 1. 4.50.
Seven Ladies took part, five completed the course. No B.L.D.S.A. members competed.

Record time for this event is held by B.L.D.S.A. member Joyce Bricknell (Coventry) in 46 mins. 29 secs.

E.C.Cottier. Organiser Sporting Events and Attractions.
13, Victoria St., Douglas, Isle of Man.

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MORECAMBE BAY INSHORE CHAMPIONSHIPS.

The Morecambe and Heysham Inshore Swimming Club this year celebrated its 10th Championship. During these 10 years over 100 swimmers have taken part in the Inshore Championships, and quite a number have since performed outstanding feats in distance swimming, amongst them are Commander C.G.Forsberg, Gordon Hill, Fred Oldman and Dorothy Perkins. Competitors have come from many parts of the country to take part in this unique swim which is held over a course of roughly 3 miles, running parrallel to the promenade in the form of a narrow "V", the second leg of which bbeing about half the length of the first leg.. The swims are timed so that the average swimmer has the advantage of the tide pushing him near to the turning point, there is then slack water, then as the tide turns it assists the swimmer on the homewa stretch. All swimmers should be able to reach the turning point in slack water. If conditions in the Bay are too rough, and in order that swimmers who have travelled sometimes hundreds of miles will not be disappointed, the race can be transferred to the open unheated sea water 100 metre stadium. The first person to swim the Championship course in 1951, subsequently became the founder Hon. Secretary of the B.L.D.S.A. and since that time many swimmers have either entered the Inshore Championship as a result of, or have subsequently joined, the B.L.D.S.A.

The Men's Championship has been held by Lancastrians eight times and a Yorkist twice. Whether any other county has a swimmer who can break the monopoly of the "Roses" remains to be seen. In the Ladies Championship the Yorkists prevail with five Championships.

Men's Championship.

1951.	Anthony Keenan	(Lancaster)
1952.	John K.Slater.	(Tod'n. Yks.)
1953.	John K.Slater.	(Tod'n. Yks.)
1954.	Ray Holmes.	(Lancaster)
1955.	Ray Holmes.	(Lancaster)
1956.	Ray Holmes.	(Lancaster)
1957.	Ray Holmes.	(Lancaster)
1958.	Joe Smith.	(Rochdale)
1959.	Joe Smith.	(Rochdale)
1960.	Joe Smith.	(Rochdale)
1961.	Brian Winn.	(Lancaster)

Ladies Championship.

1951.	Joan Carr	(Barrow)
1952.	Betty Scott	(Cleckheaton)
1953.	Shirley Dunbar.	(Nottingham)
1954.	Hazel Wilkinson.	(Shipley)
1955.	Hazel Wilkinson.	(Shipley)
1956.	Hazel Metcalf. (nee Wilkinson)	(Shipley)
1957.	Pauline Barraclough	(Bradford)
1958.	Barbara Blenkinsop.	(Coventry)
1959.	Joyce Bricknell.	(Coventry)
1960.	Dorothy Perkins.	(Bradford)
1961.	Dorothy Perkins.	(Bradford)

Arthur Shipley. Chairman Morecambe & Heysham Inshore S.C.
La Mena, Caton Rd., Lancaster.

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WHITBY SEALS FIRST ANNUAL SANDSEND - WHITBY CHAMPIONSHIP.

Following a wholly successful trial swim across Sandsend Bay earlier in the year, Whitby Seals first 'Open' Club Championship for men was held over a 3 mile course from Sandsend beach to Whitby Harbour on Sunday August 13th.

For a first Championship of this kind organised in less than a month by a team of untutored new boys, sixteen entries was almost too much. Things might have been easier if the Club hadn't chosen Whitby's Regatta week-end for the race when officials were already burdened with other work, when oarsmen were busy with rowing Club business and

(Sandsend - Whitby Championship Report continued)
in serious danger of reviewing a N.L.D.S.A. swim-past rather than taking the scheduled review of his Fleet ! But, supported by an enormous fund of goodwill, and with generous help from all quarters, the race was undoubtably a success.

Particular thanks must go to Whitby Urban District Council for making the Championship financially practicable, to Whitby Chamber of Trade for presenting a handsome Challenge Trophy, to Whitby Friendship A.R.C. for taking very much the lion's share of the non-swimming labour atvsea, and to the N.L.D.S.A. itself for providing the essential raw material, inexhaustible enthusiasm and an invaluable fund of know-how.

Helped by a strong tide along the greater part of the course, the winner completed the swim in a little less than an hour, and only one of the fourteen who entered the water failed to reach the finishing point.

Results:

1.	Jack D.Hatfield.	Middlesbrough.	58 mins.	43.	secs.
2.	Michael Jennings.	Gateshead.	1 hr.1 min.	0.	
3.	William Thrall.	Rotherham.	1. 6.	27.	
4.	Frank Robson.	Bradford.	1. 7.	3.	
5.	M.Jack Somerfield.	Lichfield.	1. 15.	5.	
6.	Martin McNulty.	Middlesbrough.	1. 16.	12.	
7.	George W.Foote.	Leeds.	1. 18.	36.	
8.	Keith Leary.	Blackpool.	1. 19.	44.	
9.	Angus M.Smith.	Dundee.	1. 22.	23.	
10.	Donald Marson.	Bradford.	1. 23.	48.	
11.	Roger D.Jobling.	Morecambe.	1. 25.	56.	
12.	Cyril Huggins.	Bradford.	1. 26.	24.	
13.	Jeffrey Taylor.	Huddersfield.	1. 26.	50.	

The Club is looking forward, in 1962, to holding a first Ladies' Championship over the same course.

James Robinson. Hon. Secretary Whitby Seals A.S.C.
"Clairemont" 53, Prospect Hill, Whitby. Yks.

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WINDERMERE CROSS LAKE SWIM.

Attracted 53 competitors this year, the largest number of entries yet received. This little swim provides an excellent warm-up for our longer distance swimmers, as it is held only 2 days before the length of the Lake swim. It also gives our younger members an excellent chance to show their talents in open water swimming.

With a temperature of 58 f. seven ladies plunged into the water 5 minutes before the twenty-five male competitors. The youngest lady competitor, 13 year old Miss A.Greaves of Rosegrove Swimming Club, Burnley, created quite a stir both in the water and amongst the spectators when she spurted home, first across, in a new record time of 23 mins 20 secs, breaking the previous record by 1 min. 45 secs. The Men's Championship was won by Jack Hatfield, of Middlesbrough, in another new record time of 20 mins. 30 secs, reducing the previous record by 2 mins 30 secs. First local man home was Ian Hewitson in 31 mins 30 secs First local lady was Diana Pattinson in 35 mins.
Previous records were held by Joe Smith (Rochdale) 23 mins. and Joyce Bricknell 25 mins5 secs

Results.

Men's Championship.

1. J.Hatfield. 20.30. 2. J.A.G.Collinge (13 yrs of Rosegrove A.S.C. Burnley) 21.30. 3. A.J.Moorey 22.0. 4. M.Davey. 23.0. 5. F.Robson 24.20. 6. K.Leary 25.0. D.M.Rann.25.0. F.M.Davis 25.0. 7. J.Harrison 26.0. 8. J.A.Daish 27.30. 9. L.Hankart 28.0. M.Grenville Keith 28.0. 10. P.A.Smith. 28.15. 11. A.Smith. 30.0. 12. I.Hewitson 31.30. 13. A.Atkin 32.0. 14. M.R.Smith. 32.15. 15. J.Hayton. 33.15. 16. A.Whitehead 33.30. 17. D.Barker 33.35. 18. R.Johnston 35.10. 19. D.Smith 38.5. 20. W.A.Wood 41.15. 21. I.Burrow 44.0. 22. J.Curwen Logan 44.0. 23.

Women's Championship.

1. A.Greaves (13 yrs of Rosegrove A.S.C.Burnley) 23.20. 2. R.Oldham 24.50. 3. L.C.Bell - 30.35. 4. R.Pattinson 35.0. 5. M.I.Kissock 38.10. 6. E.Addy 40.44. 7. J.M.Hudson 47.30.

Derek Hewitson. Hon. Sec. Cross Lake Championship.
"Coniston" Thornthwaite Rd., Windermere.

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INFORMATION BULLETIN 1962. No.1.

It would be appreciated if members would inform the Hon. Secretary of the Association of any swim dates and other information for circulation in the Bulletin which will be issued in February 1962.

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BRITISH LONG DISTANCE SWIMMING ASSOCIATION.

Hon. Sec. John K.Slater,
29, St. Albans Avenue,
Halifax. Office 3835.
Home 60229.

(Founded 1956)
President.
Philip H.Rising.
Rotherham.

Hon. Treasurer Trevor Smith,
30, Oak Tree Terrace,
Lepton, Huddersfield. Yks.

Information Bulletin No.1.
1962.

1. Windermere Cross Lake Championship. Approx. 1 mile. Average time 29 mins. Probably Thursday 23rd Aug. same week as B.L.D.S.A. Windermere Champ'p. Men & women, no age limit. Hon. Sec. Derek Hewitson, "Coniston" Thornthwaite Rd., Windermere W'm'land.
2. Double Tay Swim. Approx. 1¾ mile. Average time 1.5. Sat. 11th Aug. Entries to be in by 14th July. No age limit. Organised by Ye Amphibious Ancients Bathing Association founded 1885. Swim Sec. Angus Smith, 12, Links Cottages, Broughty Ferry, Angus, Dundee.
3. Douglas Bay (Isle of Man) Swim. Approx. 2 miles. Average time 1.15. Date not available. Usually Sunday mid-August. Men & women, no age limit. Details from Publicity Officer.
4. 11th Morecambe Bay Inshore Championships. Approx. 3½ miles. Average time 1.15. Heats on Sat.'s 23rd June, 7th July, 21st July. Final 4th August. Men & women, no age limit. Any swim cancelled due to rough conditions in Bay may be held in 100 metre open unheated salt water stadium, or in the Bay on following day. Hon. Sec. Mrs. B. Brookbank, 32, Tarbet St., Moorlands, Lancaster.
5. Whitby Bay (Sandsend to Whitby) Championships. Approx. 3 miles. Average time 1.20. Sunday 12th Aug. Men & women, no age limit. Hon. Sec. James Robinson, 'Claremont' 33, Prospect Hill, Whitby, Yks.
6. 3rd B.L.D.S.A. Bala Lake (North Wales) Championships. Approx. 3 miles. Average time 1.45. Bank Holiday Monday 6th Aug. Men & women 16 years & over. Entries will close at least 4 weeks before event. Hon. Sec. Jack Somerfield, 'Bohain' 58, Chase Rd., Burntwood, Lichfield, Staffs. For Brierley Law & Liverpool Post Trophies. Cert's to all who complete the course.
7. A.S.A. National Long Distance Championships. Approx. 5 miles down river Ouse at York on 1st September. Application for entry forms to John Wilson, 140, Manor Drive, Acomb. York. (Hon. Sec. N.E.C. A.S.A.)
8. Clyde Firth Swim. Approx. 5 miles. Average time 3 hrs. Date not available. Details from R.McCaughey, 8, Lyle St., Greenock, Scotland.
9. 55th Morecambe Cross Bay Championships (Grange to Morecambe) Approx. 8 miles. Average times 3 hrs. Ladies Championship 16th June. Men's Championship 1st Sept. No age limit. Trophies and prizes. Hon. Sec. Jack Brown, 30, Acre Moss Lane, Morecambe. (10).
10. 5th B.L.D.S.A. Torbay Championships (Torquay-Brixham-Torquay) Approx. 7½ miles. Average time 5 hours. Sat. 7th July. Entries close at least 5 weeks before event. Men & women 16 years & over. Trophies to winners, placques and certificates to all who complete the course. Hon. Sec. Eddie Robinson, 25, Belmont Avenue, Otley. Yks.
11. 6th B.L.D.S.A. Windermere Championships. Approx. 10¼ miles. Average time 6½ hrs. Sat. 25th Aug. Entries close at least 4 weeks before event. Men & women 16 & over. Trophies for winners, certificates to all who complete course. Hon. Sec. John O'Hara, 21, Woodhouse Grove, Fartown, Huddersfield.
12. 3rd Morecambe Bay 20 mile Championships. Average time 6.50. Sat. 18th Aug. for Sir H.Parkinson & Amusement Caterer's Trophies. Men & women, no age limit. Hon. Sec. Jack Brown, 30, Acre Moss Lane, Morecambe. Tel. 10.
13. 1st Fleetwood to Morecambe Swim. Approx. 13-14 miles. 11th Aug. Open to men & women. no age limit. For Brierley Law and Bill Baxter Memorial trophies. Hon. Sec. Jack Brown, 30, Acre Moss Lane, Morecambe. Tel. 10.
14. 1st Lancaster to Morecambe Swim. Approx. 21 miles. Anticipated time 8 hrs. Dive in 12 noon. 30th June. Hon. Sec. Arthur Shipley, 'Lu Mona' Caton Rd., Lancaster.
15. 2nd B.L.D.S.A. Loch Lomond Championship. To be held on date to be fixed subject to sufficient entries for this longest and toughest amateur Championship in the world. Average time approx. 17 hrs. Only Commander Forsberg O.B.E. R.N. and Susan Baddeley have completed this course. Hon. Sec. George Owen,"Gwynfa" 22, Harbour Rd., Bradford.
16. Scheldt International Championship (Holland) Average time 1hr. 15 mins. Tidal Estuary Swim. Two B.L.D.S.A. members will be selected to represent Great Britain. All expenses paid by Dutch A.S.A. and B.L.D.S.A. Usually 1st or 2nd Sat. in July. Only qualification is that members must have taken part in at least one B.L.D.S.A. Champ'p. Details from Reg. Rep. Fred C.Oldman, 163, Hendley Rd., New Whittington, Chesterfield.
17. Solent Swim. (Southsea to Ryde, vice versa & double) Average 2.15 for one way, 5.30 for a double. Individual swims only. Former Hon. Sec. Brian Rann reluctantly relinquished Secretaryship on change of address & promotion. Taking over is another top notch marathoner Anthony Mooney (Windermere Champion 1961) of Cherry Tree Cottage, 72, Evelegh Rd., Farlington, Portsmouth. Hants. Tony writes "We shall be glad to give all the assistance we can to B.L.D.S.A. members wishing to make a Solent swim and would like at least a month's notice of any proposed swim so as to arrange boats, oarsmen, pilots officials etc, and sort out a good tide."
18. Ullswater Championship. of the Bradford & Dist. Long Distance Swimming Club. Approx. 7

P.T.O.

Average time 4.15. Date not yet fixed. Open to men & women, no age limit. Hon. Sec. Derek Gill, 8, Bowker St., Great Horton, Bradford.

19. Israel and Italy both stage marathon swims to which B.L.D.S.A. members are invited. Free accommodation once you get there. Details from B.L.D.S.A. Hon. Sec.

20. Hunstanton to Cleethorpes Swim. Our Regional Representative Brenda Fisher of Grimsby, hopes to report progress shortly. Members interested in a 20 mile swim across the Wash should write to Brenda at 134, Scarthoe Rd., Grimsby.

21. From Ireland comes a rumour of a 12 mile Bay swim, by invitation only, not known whether professional or amateur.

22. Channel Swims. Genial over-worked but ever enthusiastic Channel Association Hon. Sec. John U.Wood, 1, Marine Court, Marine Parade, Dover, looks forward to another busy season. Kendall Mellor (Keighley) Joe Smith (Rochdale) Dennis Sullivan (Dundee) Arthur Ayres (Coventry) Ruth Oldham (Grange/London) are all in hard training now. All being well Joe should be first away in June or early July. Kendall's shoulder is making a good recovery, and is responding to treatment. Dennis, Arthur & Ruth are keeping very quiet, haven't heard from them for months, but some friendly sea-gulls drop me a message from time to time.

23. Bala Urban District Council, will issue certificates for Bala Lake swims, single, double etc. Members must contact Llewelyn Williams Esq., Clerk of the Council, Council Offices, Bala, Merioneth, well in advance so that proper arrangements can be made and permission granted. Bala is a splendid place for the open air type. Magnificent scenery, good fishing, swimming, ample accommodation for all tastes. Well stocked with B.L.D.S.A. members during August Bank Holiday long weekend. Association members who brave (?) the elements can always be found near the Loch Cafe, overlooking the Lake. Less hardy types prefer the luxurious comfort of the White Lion Royal Hotel. Lest there be any thoughts of sarcasm, the writer hastens to add that he has enjoyed both.

24. Morecambe Festival of Sport. 16th June to 1st July. An inter Club, town or county relay race will be organised by the Cross Bay S.A. on Sunday 17th June, three swimmers per team (all male) approximately 40 minutes each swimmer. If conditions in the Bay areunsuitable, the race will be held in the open salt water stadium. Members are invited to take part in the parade of athletes, swimmers and sportsmen starting at 2 p.m. from Morecambe Town Hall to the Swimming Stadium on Saturday the 16th June. Morecambe is the foremost swimming town in the country and these events well merit your support. Full details from Jack Brown, 30, Acre Moss Lane, M'cambe.

25. Double Tay Swim (See No.2.) Glad to see our old friend Angus has taken over this Scottish Championship. Members interested in making up an expedition to compete with Ye Ancient Amphibians and to visit Ye New Bunk, should write to BLDSA Hon. Sec.

26. Sandsend to Whitby Championships. (See No.5.) A note from Jim. "Second Annual event for men (for Whitby Chamber of Trade silver cup) and the first for Ladies (for a trophy yet to be donated, purchased or purloined) on Sunday 12th Aug. start Sands about 11.30am therefore competitors officials etc., to attend briefing meeting at about 10.30am Lower tide than last year therefore swim can be expected to take rather longer, (last year 1 hr. to 1½) No age limit subject to satisfactory credentials. Entry fee £1 includes membership fee. Closing date for entries June 30th. Early application greatly appreciated. Luncheon reception to follow swim. Accommodation arranged if details of requirements sent, for this, very early notification is needed unless the committee's garrets and garages will suffice. Looking forward to meeting all old friends and making many new." Hon. Sec. James Robinson.

27. We are pleased to announce that the A.S.A. has agreed to stage its National Long Distance Championship (s) on the 1st September in the River Ouse at York over the course which we tried out last year. Organisation to be in the hands of the N.E.C. A.S.A. with the co-operation of your Association.

28. Bradford Long Distance S.C. Rules have been drawn up for a team race in Ullswater four miles per swimmer, inter club, town or county. Any team prepared to challenge? Details from Hon. Sec. Derek Gill, 8, Bowker St., Great Horton, Bradford.

29. All the above swims are, to the best of your Association's knowledge and belief conducted under A.S.A. B.L.D.S.A. N.E.C.A.S.A. N.C.A.S.A. Welsh A.S.A. Scottish A.S.A. S.C.A.S.A. and Dutch A.S.A. Rules, Laws and permits.

30. Late entries are not accepted for any B.L.D.S.A. Championships. YOU HAVE BEEN WARNED. If you wish to enter for an event, write for an entry form now, complete it in every detail and send it back as soon as possible, together with the appropriate fee. Last year eight entries had to be refused because they were received after the closing date. Nothing grieves a Championship Hon. Sec. more than to have to refuse an entry because it is late. Our Hon. Treasurer, Trevor Smith is also plunged into despondency when he thinks of the lost revenue.

31. All swims organised for amateurs under amateur rules will, I am sure receive the full support of members, but care should be taken to ensure that a competition, especially a long distance competition is conducted under amateur rules by a bona fide organisation who have a sound knowledge of the sport. We are, of course, glad to assist in any swims organised for professional swimmers, whose assistance to this B.L.D.S.A.

P.T.O.

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Association and to amateur swimming in general is invaluable. If any member either professional or amateur, has any doubts as to the bona fides of any competition, or has any queries as to the conduct or rules of any competition, please write to the B.L.D.S.A. Hon. Sec. Any member proposing to take part in any amateur competition outside his own country i.e. an English swimmer going to a Scottish, Welsh or Irish competition (even for competitions organised by a Club of which he is a member) must ensure that the competition is under amateur rules and that permits have been granted by the appropriate A.S.A. and by the organisation governing amateur swimming in the country where the competition is to be held. In a number of cases it will be necessary for the swimmer to have a certificate of amateurism. This can only be provided after the organisers have supplied via their local A.S.A., a certificate as to the amateur status of the competition. Failure to ensure that the competition is properly conducted may have unfortunate consequences for the swimmer and the organisers. Members are advised to make themselves familiar with A.S.A. Laws (as revised 1961) especially Laws 42-3, 45-49, 51-3, 62, 69, 70, 74, 76, 82 & 83. A full copy of the revised rules can be obtained, on loan, from the B.L.D.S.A. Hon. Sec.

32. Next B.L.D.S.A. Executive meeting is at Halifax on Sunday 29th April, at 2 p.m. All Executive meetings are open to all members.

Welcome to Bernard Bell (Otley) and Keith Seymour (Bradford) co-opted to the B.L.D.S.A. Executive committee at the last meeting.

34. B.L.D.S.A. Ties. Consideration is being given to the provision of Association ties. Cost approx. 12/- to 15/- for good quality suitable for wear with blazer. Design to be the swimmer depicted in the centre piece of the B.L.D.S.A. Blazer Badge set in blue & gold on a navy or black background. Before ordering a large quantity we must have some idea as to how many members would wish to purchase such a tie, & I should be glad if you would complete and return the enclosed form either to the Assistant Hon. Sec. with your current subscription or to Mr. Keith Seymour, of 13, Hazelhurst Rd., Bradford 9.

35. Life Membership. At the A.G.M. it was resolved that Life Membership be instituted based apparently upon a 20 year expectation of life, at 5/- per annum. We confidently expect all our members to be with us for at least another 20 years, but nevertheless it will assist the Association in a number of ways if you wish to take advantage of this resolution. Your membership card will be send to you each year. There is always the possibility that during the next few years membership sub's may be doubled or even trebled. Think what you'll be saving. Cheques etc., made payable to B.L.D.S.A. See enclosed form.

36. Membership Subscriptions. Still the same as when founded, 5/-. Renewals to be sent to Assistant Hon. Sec. Kendall Mellor, 89, Ashleigh St., Keighley. New members must send form to B.L.D.S.A. Hon. Sec., together with 5/-.

7. Annual Dinner. Those who were at the Dinner in the House of Commons will never forget the occasion. Those who were unable to attend, we offer our sympathies. An historic and memorable occasion. Three parties went on conducted tours. Amongst our guests were:- Alderman H.B.Fern, C.B.E. J.P. & Miss G.Writer, Alderman A.Pargiter, D.L. C.B.E. J.P. M.P., Ernest W.Keighley, President of the Southern Counties A.S.A. and Mrs. Keighley, John U.Wood, Hon. Secretary of the Channel Swimming Association, Mrs. Stella Margetts, our Devon Regional Rep. and Devon A.S.A. Championships Hon. Sec. Our sincere thanks to Dr. Leon Walkden for the suggestion of this venue and for his splendid organisation.

38. Pilot Life Saver Scheme. Examinations conducted in various parts of the country. Write in first instance to Hon. Sec. Wm. Anderson, 64, Festival Avenue, Orford, Warrington. Certificates and blazer badges available to all members who qualify in practical tests. This is a most important branch of long distance swimming and you are urged to qualify and give the benefit of your experience and assistance to others.

39. For those of you who have not yet fixed your holidays. Why not combine your holiday with one or more of the Championships. If you are not competing there are many other ways in which you can help. Even if you have lost the use of your arms and legs we shall be pleased to see you.

40. Hearty congratulations to Dr. George H.Brewster, the Hon. Medical Adviser to the Channel Swimming Association, who completed a 20 mile swim from Dover to Sandgate in 4.30. Sometimes a delicate point to mention age or lengthy experience, but Dr. Brewster will, I hope, forgive me if I mention that at 68 and after many years swimming in the English Channel, does he ever think of giving his swimming costume a fair chance to dry out ? Another excellent swim by Margaret R.White, who brought the record for the youngest Channel swimmer back to where it belongs. In training for her Channel swim Margaret swam from Southend on Sea (Essex) to Kent and back, a distance of approx. 22 miles in 6hrs. 40. The swims of these two members have been recognised by certificate and set down in the Association's Records.

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41. Welcome back to Belgium member Lucien Hankart, now in Bournemouth, here to stay a while, but we might need some new rules and a geiger counter at our Championships.
42. From Canada comes information about a marathoneer who claims a world record of having "dipped" daily for 34 years, Any challengers ?
43. From the U.S.A., Ted Erikson, first man to swim from Chicago to Michigan City, 36 miles in 36 hours, comes suggestion for world records to be kept for marathoneer swimming.
44. Blazer Badges. Available Windermere swimmers & Executive members serving second year of office only. Price £1. Lapel badges, all members, price 5/-. Linen, detailed 3' maps of Windermere 7/6d. All from Hon. Treasurer, remittance must accompany order.
45. Read "Swimming Times" & keep up to date. Monthly articles by Commander C.G.Forsberg.
46. My copies of "Long Distance Swimming" and "It's Cold in the Channel" available on loan. Detailed articles by Commander Forsberg on "Channel Navigation for Swimmers" and "Routes and problems of the Irish Channel" also available. Requests should include postage.
47. Recognition of swim Certificates. Members making individual attempts on Coniston, Ullswater, Windermere, Torbay, Lough Neagh, Loch Lomond, Loch Ness etc., are advised to contact the B.L.D.S.A. Hon. Sec. well in advance and obtain the necessary forms. Your Executive will consider application for recognition of any swim of 5 miles or more.
48. Coach to Torbay & Bala Starting at Bradford and picking up on the way. Write to B.L.D.S.A. Hon. Treasurer for further details.
49. Our Hon. Medical Adviser, Dr. H.Baddeley asks for volunteers to try out "Spartax", a new U.S.A. product, NOT an artificial pep pill upon which "Doc." has strong views. Dr. Baddeley proposes to add certain vitamins in his tests and believes that "any of the lads who are interested in improving their performance will find a great benefit from these 'normal' physiological chemicals." Your Hon. Sec. and Assistant Hon. Sec. have already volunteered. All competitive members are asked to contact Dr. Baddeley as soon as possible. Spartax is not available to the public in this country.
50. Medical Panel. Dr. H.Baddeley, B.L.D.S.A. Medical Adviser & Windermere swimmer, Dr. G.B.Brewster, Channel Swimming Association Medical Adviser & marathoneer, Dr. F.W.Hogarth, Morecambe Bay Swimming Association Medical Adviser & all-round sportsman and Dr. Leon Walkden, Windermere and Bala swims, have agreed to form a panel to advise members upon problems concering our sport.
51. Honour to our President Philip H.Rising, elected President of the Yorkshire Amateur Swimming Association, 1962-3.
52. Southport New Boating Lake. This huge sea front lake will not be available for 2 or 3 years, but certain suggestions are being put to the Corporation.
53. Please do not expect entry forms to be sent to you as a matter of course. Members should apply to the appropriate Championship Hon. Sec. as soon as possible.
54. Awards for Prodiciency in Personal Survival. Open to all. Lapel Badge & costume badge to successful candidates. Examiners.- A.S.A District or County Officials & Teachers Applications to Miss L.V.Cook, 12 Kings Avenue, Woodford Green, Essex. There are three standards, Bronze, Silver & Gold. We should naturally expect B.L.D.S.A. members to be interested in this scheme. Details of Gold Award.- Dress - men, long sleeved shirt, trousers, pants, long sleeved pullover, socks, Ladies in female equivalent. Tests are continuous, no pause, no contact with anything from start to finish. 1. Jump from at least 10 feet, 2. Swim 100 yards in less than 4 mins. 3. Tread water for 1 minute in vertical position with hands clasped behind back. 4. Tread water for 4 mins in vertical position. 5. Undress in water. 6. Make float from clothing and use it to float for 5 mins without use of arms or legs except when re-inflating the clothing if necessary. 7. Swim 1000 yards, surface diving 10 times head first and 10 times foot first during the swim to pass through a hoop, tyre or ring the top of which is at least 3 feet below the surface, in less than 30 minutes. 8. Climb out from deep water without assistance or use of steps.
55. Will Club Hon. Sec.'s, Championship Hon. Sec.'s and individual members please let me have any items of interest for publication in the Association's Annual Report, not later than 1st October, 1962.
56. Annual Dinner and A.G.M. 1962, will probably be in Manchester area.
57. WILL MEMBERS PLEASE NOTE B.L.D.S.A. HON. SECRETARY'S NEW ADDRESS.
58. Todmorden A.S.C. Eight intrepid MALE swimmers broke thro' two 3" layers of ice for the Annual New Year's Swim, nearly all B.L.D.S.A. members. Water temp. 32.5 F. Air temp. 28 F. Yes, warmer in than out. Competitors warmed themselves by helping with picks and large hammers to break the ice before they could even dip a toe in. B.B.C. and I.T.V. attended, together with a battery of press photographers. One hardbitten (or was it frostbitten) representative of a National Newspaper was so impressed that he contributed 5/- to the New Baths Appeal Fund without even being asked. Those taking part:- Kendall Mellor, Derek Turner, Cyril Huggins, Michael Oates, Donald Myers, Philip & Richard Thompson. B.L.D.S.A. Hon. Sec. was last in and lingered not. Kendall, Derek & Cyril splashed about happily for nearly 15 minutes. Approx. same date next year.
59. Alas, space, time & postage prevents me from continuing this Bulletin, but I hope that some of the foregoing may be of interest and use to you. I look forward to hearing from you and to meeting you during the season.

Yours sincerely,

Hon. Secretary.

Dated, 11.3.62.