BRITISH LONG DISTANCE SWIMMING ASSOCIATION.

Hon. General Secretary.
John K.Slater.
3, Moorland Cottages,
Cragg Vale,
Mytholmroyd.
Nr. Halifax.

President
Mrs.Margaret Hinchliffe.

Hon. Treasurer.
G.Trevor Smith,
105, Station Road,
Menay Bridge,
Huddersfield.

5th February, 1976.

Dear Member,

ANNUAL REPORTS FOR 1975.

I have pleasure in presenting the nineteenth Annual Reports on the activities of our Association.

Membership now stands at 354, composed of 126 Life Members and 228 Annual Members, with a total membership spread throughout the affiliated Clubs of well over 2,000.

Our Regional Representatives cover many counties throughout England, Scotland and Wales, with Overseas Representatives and members in Ireland, U.S.A., Germany, Italy, Egypt, Australia, Czechoslovakia, Poland, Spain, Holland, Belgium, New Zealand, Saudia Arabia and the Channel Isles.

The season has again been one of outstanding interest and progress, with 3 Championships in Great Britain, new records in several Championships, and our members have taken part in International Championships abroad.

Reports from our respective Championship Hon. Secretaries and other officers are attached and cover our main activities during the season. As usual I will endeavour to confine myself to report and comment on other matters which I hope will be of interest to you.

The 100th Anniversary of Captain Webb's magnificent Channel swim was celebrated by the Association organising a Cross Channel Relay Championship. Details of this Championship are contained in the appropriate report, but I would like to comment that the last Channel Swimming Championship was held, for professionals, in 1964, with the assistance of a number of professional organisers. We had [illegible] it was not far too expensive and with the lack of qualified pilots and suitable vessels it was impracticable. But with the backing of the Royal Navy we did it. There were difficulties, snags, late night telephone calls, telegrams, problems with officials at home and abroad that required the completion of certain formalities. Our mainstay was Petty Officer Roger (Sally) Parsons, who, despite considerable pressure of service duties, linked us with the Royal Navy and did everything humanly possible to ensure the success of the event. The Royal Navy, from Rear Admiral Monk C.B.E., to the jolly tars who manned the boats, were wholeheartedly committed to the project, and without this tremendous assistance the Championships could not have taken place. That the Royal Navy undertook to provide escort and safety for us, using three of Her Majesty's Ships, was a wonderful boost and an honour. The final selection of swimmers to represent the B.L.D.S.A. caused some concern. [illegible] bear in mind that the B.L.D.S.A. would appreciate 'First Claim' preference.

Another great, nay tremendous, feat, by Kevin Murphy really established him as the most outstanding British swimmer of all time, if not the World's foremost marathoner. A double Channel swim and a turn round and well under way on the third leg non-stop. The only amateur swimmer in the World to have accomplished a two-way swim, the only swimmer to have done this twice, and the only swimmer to have turned round and commenced a third crossing. I hope to have full details of this achievement to circulate with the Information Bulletin later this year.

Our outstanding Leading Lady is without doubt Wendy Brook, tumbling the records and winning the premier Championships. Our hearty congratulations

[illegible] sports personalities for the naming of five cul de sacs on the new [illegible] is Mrs.'Sunny'(E.I.) Anderson, formerly Miss 'Sunny' Lowry. 'Lowry Close' will now recognise the Channel swim in 1933. Mrs. Anderson, our former Regional Representative, along with husband 'Bill' (our first Pilot Life Saver Scheme man. See.) has always given us every support and assistance, although not enjoying the best of health recently. Daughter Veronica, air hostess, was also a team member.

Championship Publicity Posters. Via Jeff. Ingham, the Sports Council have supplied a quantity of foolscap size posters which can be easily and shortly completed and [illegible] JMS.

placed at appropriate vantage points. Possibly the simplest way is to fill in one copy in heavy black ink, take it to your local main post office and photo copy as many as you wish for a few pence each. Specimens available from Jeff. Ingham - see Waterloo Lake Championship report.

Registration of Power Driven Vessels on Windermere. From the Lake District Council. This is the result of consultations with many organisations including the B.L.D.S.A. Members will be pleased to note that it is proposed....."will not be an offence against the Byelaws.....(e) any person taking part in rescue operations or in securing the safety of persons on the lake.

New Year Swim at Lee Dam, Lumbutts. As promised, a different style this year, happily won by Mrs. Margaret Smith and Graham McIntyre, two of the most regular and best dressed competitors. A good attendance by swimmers and spectators. The local licensing bench 'rumbled' that we were having two extensions at different premises, for the same 'function', therefor this year we had to content ourselves with 'liquor' at the Dog and Partridge, and 'liquid' at the Cricket Club bar. This out of season swim is pleasant enough, but needs livening-up. I'll give it some thought - have you any suggestions.

Query from Jersey re Bristol Channel. Our newly appointed Regional Representative Maurice Lakeman, (Headmaster Hautlieu School, Jersey, C.I.) 11, Le Douettin, Gorey, asks if we have any information on a Bristol Channel swim in 1920. Believed accomplished by the grandfather of a current member of the J.L.D.S.C.

[illegible] I think our worthy Commander is sucker [illegible] forgive me Gerry, when most athletes matured and retired a quarter of a century earlier, it was with great pleasure that I heard of the Solent Swimming Club awarding the Commander the Kingston Trophy for his record breaking Ryde-Southsea swim. It was a record for the over 40's, over 50's, and [illegible]0's. Time 1 hr.35 mins. 13.8.76.

Willy van rysel. Visited Moscow and Leningrad recently and is in raptures over the magnificence of the open air pool, open from 7 a.m. to 10 p.m. wonderfully warm, luxurious, spotless and well ordered and certainly vastly different to the majority of our local 'tubs'. I mention in passing that Willy has also enjoyed possibly her most successful season to date, with Records in the Solent and numerous 'golds' at the Otter Masters Tournament. I think they were skating on the Russian rivers and Lakes, otherwise.....

Morecambe Bay Championship. A late news flash from Chris. Carter - the date is now fixed for Sunday the 27th June. Dive in 11.40 a.m. (thought - ask Jack Brown if they ever did "Dive-in"). All correspondence to new address - 35, Birkdell Drive, Great Sankey, Warrington, Cheshire. Tel. No. to be supplied later. Chris. did very well in his first year as Championship Hon. Sec. and the swim was a resounding success Ably aided by Jack Brown and a gathering of B.L.D.S.A. officials, special mention for John O'Hara on the loudspeaker system hour after hour, only pausing for intake and output of liquid refreshment !

A most interesting Handbook (I think) Kindly sent to me by our enthusiastic and knowledgeable friend MUDr. Jaroslav Novak. It is headed Vybor Sazu Plaveckych Sportu Cuv Ustv. Pravidla a Soutezni Rad. Jaroslav writes in excellent English but it is perhaps too much to ask him to translate 2 pages of the Handbook for me. Any offers ?

[illegible] down officially formed, although [illegible] affiliation to the District A.S.A. I recall there were similar problems with the same District A.S.A. when Lancashire L.D.S.A. sought to hold their Coniston Championships. We happily resolved the latter problems by reference to the A.S.A. Rules. I think another little misunderstanding must have arisen which no doubt can be solved one way or another. Kings Lynn Gladiators are, of course, part of the B.L.D.S.A. which is in direct affiliation with the A.S.A. - not through District A.S.A. I have happy memories of playing polo for the Kings Lynn Club, and particularly of the St. Germaine to Kings Lynn Championship in 1945, and I understand I may still have the honour to hold the record .....it was discontinued the following year I believe.....but still..... If it starts again I'd be willing to defend. It is downstream and I remember there was a Policeman riding his bicycle (those were the days) down the road at the side of the river, and I left him behind. It was a [illegible] frightening experience swimming (?) so fast, and if friendly hands had not grabbed [illegible]

J.S.

The Wash Swim, for the 'Butlin' Challenge Trophy. Correspondence between the Director of Entertainments and Amenities at Skegness, the 'Butlin' Organisation, and the B.L.D.S.A. has resulted in agreement being happily reached on conditions for the award of this magnificent trophy which has hitherto been shrouded in some mystery. Any member wishing to attempt the swim MUST notify the Director at Skegness at least eight days beforehand and obtain the necessary form. Further details will be given in the Information Bulletin. The trophy will be awarded to the Amateur British Swimmer (male or female) who records the fastest one way crossing between set points at Hunstanton and Skegness. Either way. Our Hon. Recorder will also have a supply of the forms and all details, but notification must be sent to the Director.

Trophy for Encouragement and Perseverance - Juniors. This has been kindly presented to us by Elise Brook and her parents, to encourage our younger marathoneers. The conditions for presentation have been happily worked out so as to relieve your Committee of the exercise of any discretion or voting and the winner can be quite safely ascertained from the Annual Reports - "To be awarded to the junior swimmer, in his or her last year as a junior, who has completed the course in more Junior Championships in that and the preceding years, than any other swimmer, but who has not won a Championship". Elise won several of our Championships and set up several records, and the family think that there should be additional encouragement given to the slower swimmers who may well be most enthusiastic, hard working and successful in completing courses, but who otherwise would not receive any recognition. A list of Championships will be given in the Information Bulletin. Ernest Brook has acted as coxman at many of our Championships and captained a borrowed inflatable for his first ever sea trip when he accompanied the Channel Relay Championship. This experience also included giving a boat transfer to Commander Forsberg en route. I understand Michael Murphy also has some strange tale about being keel-hauled or used as a keel, or something like that. Returning to the Trophy - handmade in stainless steel, in the attractive form of a leaping Dolphin (designed by Hans Relay, of course)

Flag 'Alpha'. Via our Hon. Publicity Officer, Mrs. Margaret Smith, the Board of Trade are considering approval for the use of this flag to include - for world-wide use, the meaning that the boat flying the flag is accompanying a swimmer.

Boat Equipment. A proposed ruling which will probably come into effect this year is [illegible] Anchor, rope and inflated inner tube, all of which on this first occasion will be available from supplies held by the Association.

Marriages. Kevin Murphy and Jane, to whom we extend our hearty congratulations and good wishes.

Births. To Graham and Christine McIntyre, a first, a son, well done!

Dry Dock. Mr. F.Slater now happily recovered but not gardening quite as energetically now. Mrs. Marie Toft, our fund raising and organising genius from Pudsey is at present convalescing and hopes to be about again at the start of the season. Our Assistant Hon. Secretary, Mrs. Anne G.Smith, managed to complete the arduous task of typing out the following Annual Reports - (roughly 36 hours solid work)- reminded me of sundry duties I had to undertake, and was admitted to hospital for 24 hours thereafter. Our very sincere good wishes to these and other Members who have been 'Under the Weather'.

Death. It is with great regret that I have to record the passing of Eric Atkinson, age 40, after an illness lasting several months. Eric was an Executive member. The first Halifax swimmer to conquer the Channel, always ready to give a hand either with boats or canoes and assist other swimmers. Our deepest sympathy to his mother and daughter Lynne, a former member and competitor.

Individual Swims. The Executive have altered the Ruling and this now reduces the distance for two-way swims to a minimum of 3 miles each way.

Trophy Controller. The Association has now so many trophies, all generously donated over the years, and there is every justification for appointing an officer to keep control and check on their whereabouts and ensure that they are properly valued, engraved, maintained in good condition, insured, listed and signed for. Some trophies are already in suspense. It is easy to lose sight of such trophies if neglected. This could possibly be the duty of the Insignia Steward who could have the additional title (with double pay) without adding to the list of officers. I volunteer that I have a trophy passed to me by Phil. Rising, via William Thrall (Jnr.) which belonged originally to William Thrall (Senr.). It is a very good silver trophy which in memory of 'Bill' Thrall we should put to good service. Carol Lines has also very

/KS.

kindly offered a team trophy - with the approval of the other team members. Both trophies have been accepted with pleasure by the Executive and a decision on their future will be made before the start of the current season.

Czechoslovak Marathon Swims in 1976. By Jaroslav Novak, M.D.
(With apologies to Jaroslav I have had to abbreviate the four page report.)
A substantial increase in the number of competitors and several new Championships. To celebrate with Great Britain the 100th Anniversary of Captain Webb's Feat, two Czech swimmers, Frantisek Venclovsky and Jan Novak crossed in 13h.42m and 14h.5 respectively, and both took part in the International Relay with M.Read, M.Trudgett, T.Hettel and Nicholas (Canada) crossing in 11.h.29m. F.Venclovsky and V.Cidek - 40 km. from Slapy Dam to Prague in the River Vltava. Temp. 14-16c. 11h.25m.
Miroslav Laba, Hradec Kralove to Pardubice, 2 competitors, won by F.Venclovsky 8h.21m.
Miroslav Pleska swam from Bratislava to Gabcikovo in the River Danube, 51.20m.
In 1977 it is planned that there will be National Long Distance Championships both in the Czech Republic and in Slovakia, as well as Federal Czechoslovak Championships. Jiri ZELINDL won all the main races. Marta PITKOVA took most of the Ladies Championships. Full details of eight Championships are given, with names, Clubs, distances, dates and times. Dates for the coming season are listed and whilst there is no specific invitation I know that our Czechoslovakian friends will be glad to pass information via Val. Taylor our International Championship Hon. Sec. as to which Championships may be 'open'.
Mr. Novak's letter indicates that swimmers have been promised permission to visit us. This country has for many years been on friendly terms with Czechoslovakia and within our memory a large number have settled in England. I know that you would wish to extend a warm welcome to them.

Handbook Hon. Editor's Report. The cost of producing a cumulative supplement or a completely new Handbook is now almost prohibitive. As the vast majority of new members are much more concerned with the present and future, rather than with the past, I have duplicated copies of the General Rules, the Championship Rules, and the Rules Governing Individual Swims. These, together with the Information Bulletin give a very complete picture of all our activities, whilst further detailed information can be obtained from the various officers whose addresses and telephone numbers are given in the latter document.
Committee - Denis Craven. John A.Slater.
Mrs. Anne G.Smith. Hon. Editor.

Welcome return of the 'Wanderer'. Albert Coward, back from Italy, where he totted up additional swims - recorded in later pages. Now living at 5, Eastbourne Crescent, Huddersfield Road, Halifax.

Bar Appeal, Stockton on Tees, Middlesbrough, Langbaurgh - Sports Council Research. A volunteer, living in or close to the above areas, to liaise with the University of Durham North East Study Area, Mr. Alan Townsend or Mr. John Boothby, 44/45, Old Elvet, Durham, DH1 3HY.

Sports Council and Birmingham University. National Documentation Centre for Sport, Physical Education and Recreation. This is an opportunity which we must grasp and [illegible] in the future be of significant service to [illegible]
Birmingham in 1979. Its purpose is to supply the documentation requirements of individuals and organisations involved in interdisciplinary research, in advanced level teaching and in studies related to various aspects of sport, physical education and recreation. The library comprises some 1,500 works of reference, a representative collection of major research periodicals from British and foreign sources, conference proceedings and reports, theses and dissertations, government publications and pamphlets. Some 40 abstract and indexing journals, over 300 bibliographies and lists of reference. Catalogues of abstract and reference cards from sports documentation centres in the Federal German Republic, German Democratic Republic and Switzerland, the Council of Europe, International Working Groups etc., etc. Visitors welcome. Centre open 9am to 5pm Mon. to Fri. Enquiry service, photocopy service and translation service. Computer introduction planned. Enquiries to The National Documentation Centre, for Sport, Physical Education and Recreation, The University of Birmingham, B15 2TT. Tel. 021.472.7410.

B.L.D.S.A. Presidents. Mrs. Margaret Hinchliffe, our first lady President has indeed enjoyed a hectic year of office, only missing a Championship where there were two held on the same day. Always one of our most popular members, a hard working enthusiast for many years, we are grateful to Margaret and trust that she will remember with

pleasure Her year of office. President Elect is George Owen, from Bradford, Chairman of the Bradford & District L.D.S.C. and a founder member. Former water polo player, one of our most sought after pilot oarsmen. I have had the pleasure of knowing George for over 25 years as a reliable and knowledgeable enthusiast. Mrs Janet Owen as one of the original members of the Bradford Aqua Girls, an amateur team who gave many dis lays in the North of England. Son Howard took part in our junior Championships, whilst daughter Hilary has yet to 'splash' with us. At the A.G.M. the new President Elect will be John O'Hara, of Huddersfield. One of John's main regrets in life is that he didn't join the B.L.D.S.A. until it was a year old. A long distance swimmer, never in a hurry and always cheerful, a broad Yorkshiremen in many ways, with a powerful vocabulary in great demand Announcer/Commentator. John is B.L.D.S.A. Windermere Championship Hon. Sec. I should have mentioned that George is Loch Lomond Championship Hon. Sec.

The Hon. Sec's Report is, I regret, much shorter than usual due to the upheaval caused by changing my abode to "Top o't Cragg", 3, Moorland Cottages, Cragg Vale, Mytholmroyd, near Halifax. Sundry documents carefully put on one side earlier in the season with a view to inclusion in these reports have become chaotically confused with a mountainous pile of twenty years accumulation of correspondence and files. My removal took place on the 1st January, but I trust that by the time of the A.G.M. I will have put my house and the B.L.D.S.A. correspondence and filing into 'good order'.

New B.L.D.S.A. Hon. General Secretary.

In the last two annual Reports I have emphasised the hope that a means would be [illegible]

For the past 20 years, as founder Hon. Secretary, former Windermere Championship, [illegible] Lake Championship, Loch Lomond Championship Hon. Secretary and Handbook Hon. Editor, I think that it is time that some other member is given the opportunity to similarly enjoy the next decade or two.
From personal experience I make the following proposals:-
Whoever may be appointed to the post should be provided with a telephone, the full rental to be paid by the B.L.D.S.A., or, if one is already installed, three parts of the rental should be paid. Full travelling expenses should be paid to all essential meetings, bearing in mind that whenever possible members will link together and provide transport.

I would also suggest:- Unless the Hon. Secretary is self employed he should not publish the telephone number of his place of employment. The amount and length of calls can have a disruptive effect on working life. It is surprising the number of calls from a variety of persons, members, journalists, the Home Office, Foreign Consulates, the A.S.A. the S.T.A., Mayor's Secretaries and Council Officials, calls from overseas regarding our own events and channel swimming. Messages left with urgent requests to 'phone back to 'Timbuctoo'. If any Championship Hon. Secretary is not available then the next in line is the Hon. Gen. Sec. together with any complaints, new schemes and queries etc., etc.

The 'job satisfaction' is, of course, tremendous. To be in touch with all aspects of long distance swimming in this country and throughout the World brings much interest and pleasure. Letters from abroad, some requiring translation, give accounts of hitherto unheard of swims, and there are still many contacts to be made in this connection. To plan the initial stages of new Championships and courses adds further zest.

The Hon. Secretary should, if at all possible, be able to use a typewriter, have access to duplicating facilities and have some experience of A.S.A. Laws and a wide working knowledge of B.L.D.S.A. affairs, with no other hobby or interest. This may not apply to any member at the moment - but six months from now - IT COULD BE YOU ! Someone, somewhere within the Association will have the enthusiasm and ability to take over. Nominations (with the approval of the member concerned) will be taken any time up to and including the A.G.M.

My very sincere appreciation and thanks to all officers and members for their support, not only in the past season, but for the last twenty years. A period which I have greatly enjoyed and in which I have made many lasting friendships. I will, of course, be happy to continue to serve the Association in any way possible.

Yours sincerely,

John H.Slater.

J.S.H.7.2.76.

B.L.D.S.A. TORBAY CHAMPIONSHIP

For the 18th Championship we were blessed with very good weather, and for the 21 men and 5 ladies who left Meadfoot Beach just after 11 a.m. the conditions looked good and kept good for the swim. For the first time in this event, all swimmers who faced the starter's signal finished the race, and due to the weather records were established in all sections. For the men James Winter again showed his win last year was no fluke, in a time of 2 hrs. 58 mins. 35 sec., a new record; whilst for the ladies Wendy Brook did even better, coming home in 2 hrs. 55 mins. 43 sec., thus setting up a new all comers record for this event.

Breast Stroke was well represented by Catherine Walker galloping home in 5 hrs. 15 mins. 21 sec for a new ladies record, whilst Jeff Paley for the men beat his last year's time by no less than 1¾ hours, for a new breast record (I think).

Obviously it may well be many a long day before the sea is so kind to us again, but that is part of the long distance attraction - you never can tell.

Due to local government re-organisation your committee were faced with more problems than we had had hitherto, but the swimmers were, on the whole, well pleased with their performances, which is the main criterion.

As the first Hon. Secretary for the Championship, advancing old age is blunting my ability to cope with the increasing pressure, and I feel that perhaps one should retire to make way for a younger man. [illegible] committee who gave of their time for the swim and it was very gratifying to me to see it finally finish up so well, as the results show.

Results

1.	J. Winter	2.58.35. (Record)	1.	Miss W. Brook	2.55.43. (Record)
2.	M. Richards	3.08.21.	2.	Miss E. Davies	3.34.08.
3.	B. Dutton	3.10.20.	3.	Miss S. Lodge	5.13.51.
4.	P. Stephens	3.27.03.	4.	Miss C. Walker	5.15.21. (Breast-stroke record)
5.	W. Bennet	3.27.20.			
6.	G. Bell	3.27.29.	5.	Mrs. M. Smith	5.51.31.
7.	M. Read	3.36.25.			
8.	B. Millican	3.41.05.			
9.	[illegible]	[illegible]			
10.	[illegible]	[illegible]			
11.	P. Larrad	3.53.30.			
12.	P. Dyton	3.57.39.			
13.	B. Watson	4.00.39.			
14.	C. Christie	4.10.53.			
15.	J. Lloyd	4.11.57.			
16.	A. Phillips	4.20.26.			
17.	P. Tyrell	5.13.27.			
18.	J. Paley	5.19.21. (Breast-stroke record)			
19.	P. Cox	5.26.21.			
20.	I. Sutton	5.34.06.			
21.	D. Pearce	6.25.00.			

[illegible] Mr. C. Webster entered, but did not start, whilst Mr. D. Foll withdrew one week prior.

Records:- The first lady home - womens and all-comers record.
The first man home - mens record.
Both ladies and mens Breast Stroke - new records.

A.E. Oldman, 163, Handley Road, New Whittingham, Chesterfield, S43 2BP, Derbyshire.

B.L.D.S.A. WATERLOO LAKE CHAMPIONSHIP

Once again I think it can be said that the swim was a sucess, but this year more than ever the thanks must go entirely to the very many people who turned up on the day, to do the hundred or so small jobs, many of which go unnoticed and unrewarded, but all of which are equally necessary to make an event successful.

Once again we had good weather in fact "very good" weather which resulted in quite a large crowd in the park. The water was quite warm, and though one part of the circuit was a bit "weedy" on the whole the Lake was in quite good condition. I must admit that with the exceptionally warm weather we had been having the few weeks previous to the swim I was a bit worried about the algae and the weed [illegible] swimable.

This year's entries were down in number from previous years, there were 8 girls and 5 boys one of whom unfortunately could not be present on the day.

At 14.00 hrs. the girls were away, followed one minute later by the four boys. As there were only 13 swimmers and as I said we had a very good turn up of helpers and so we were able to have a boat for every swimmer and the swim was adequately covered from the safety point of view. Upon reflection I am not sure that this was the best plan as I think some of the swimmers seemed to find the boats something of a hindrance rather than a help. One girl did tell me afterwards that "some twit in a boat kept getting in my way and wouldn't budge". I didn't like to tell her at the time but that twit was me. I was trying to keep her from straying too far off course (without success I might add). However the girls' race turned out to be quite a battle. Julie Crane took the lead at the start but only just, and until the last 400 yards or so all the first four were within a few yards of each other, with the two new girls showing up extremely well; Deborah Sumner was always very close to Julie and at one time they were swimming alongside each other. I don't know if it was a reserve of strength or experience which came to Julie's help in the end but she managed to pull away towards the end; however if you look at the times you will see just how close the finish was. In the boys' race David Goble seemed to have it his own way from the start and at the end was in with the group of front girl swimmers.

But the main point, in my opinion, is the fact that all the swimmers finished the course, and all in good condition. If you like speed swimming look at the times, a good two miles, 13 swimmers, only one over the hour, and might I point out, that one was swimming breaststroke, with a heavilly strapped up wrist??

And so in closing may I once again thank all of you who turned up, to make this swim a success. It would be unfair to single out any names as everyone offerred their help in any manner required. But special thanks must be extended to the Leeds City Parks department, to Mr. Dunston Director of the parks dept., and to all the staff at the Lake, for allowing us the use of the lake, and their very kind assistance both before and during the swim. To the swimmers may I offer my congratulations and thanks and I hope to see the ones who are still in the age limits again next year.

Results

1.	David P. Goble	47.37.	1.	Julie Crane	47.50.
2.	Wayne T. Hirst	53.16.	2.	Deborah J. Sumner	48.06.
3.	D. Andrew Keetley	53.17.	3.	Christine A. Peake	48.36.
4.	Richard A. Jagger	52.35.	4.	Carol Bradford	49.10.
	Ian Robinson from Barrow-in-Furness had entered but unfortunately was unable to compete.		5.	Gina Clarke	[illegible]
			6.	Claire Allman	54.24.
			7.	Susan Johnson	54.40.
			8.	Denis Bartolomew	59.56.
			9.	Annette Brodie	7[illegible]

Jeff Ingham, 4, West View, Beech, Albert Road, Sowerby Bridge, Yorkshire.

B.L.D.S.A. BALA CHAMPIONSHIPS

The sixteenth Bala Championships promised to be momentous even before we arrived at the venue as we knew from the entries that there were a record [illegible] since in fact; fourty one Seniors and thirty three Juniors competing for a total of ten trophies. Four of these trophies were new this year; Ladies and Men's breaststroke cups presented by Val Taylor and Girl's and Boy's breaststroke cups presented by Jenny James.

Saturday dawned somewhat indifferently when compared with the rest of the 1975 summer but never the less thirty seven Senior swimmers lined up for a prompt

start at 12 noon and set off into worsening weather conditions. It soon became apparent that the air temperature, which was in the low sixties, and the rain showers were to take their toll, as a steady stream of retirements arrived back at the jetty complaining of the cold; the long hot summer must have made us soft. In all there were eleven retirements. The water temperature was quoted as 59F, though having taken only my second open water swim this year whilst placing the finishing buoys I find it hard to believe that it was as low as that.

Two and a half hours later the swimmers started to stream in, the first person to finish was the new men's champion, Ronald Evans in a good though not record time. Thereafter the swimmers arrived at regular intervals with a few notable swims among those 15th man home John Baker set a new Welsh National record and twelfth man home Colin Burnett set a new Breaststroke record. All swimmers had finished the course before the time limit, imposed this year for the first time because we were fortunate enough to get a hall for the presentation, had expired.

At this point I must read the riot act to the Senior swimmers on two points. First, all swimmers were sent a circular pointing out that they should bring a pilot/lifesaver or the like with them. At the briefing meeting it turned out that only seven of them had done so, this really isn't good enough, it meant that we could not supplement the boat coverage, which was hardly adequate this year, with lifesavers stationed along the shore. Secondly a point of discipline, all swimmers were told at the briefing meeting that they were to keep not more than 100-150 yards from the shore; however from my own observations from the rescue launch several swimmers on the return leg of the swim were more than twice that distance out, endangering themselves and others by stretching the boat cover to extreme limits. In future Championships they will be liable to disqualification.

By the time of the Junior swim on Monday the weather had reverted to 1975 summer standards: calm, sunny and warm. The start was delayed for a quarter of an hour as mechanical trouble prevented the covering boats and canoes getting to the start on time. However everyone got off to a good and safe start and some excellent racing ensued.

First swimmer home was the new boy's champion, Mike Davies from Swansea who equalled, to the second, the existing record and set a new Welsh National record. The first girl home, Julie Crane from Oldbury, set a new girl's record beating the existing one by 24 seconds. The rest of the field swam extremely well and there were some exciting finishes for the minor placings.

I must apologise to the boys for getting some of the placings wrong at the presentation, this was partly due to the noise made by the public at large which made it difficult for the timekeepers and recorders to hear the finishing judge and partly to proud parents, bless 'em, asking for times and places when those same officials were trying to write down the results.

My thanks to all the stalwart helpers who regularly attend and a special thanks to those canoeists recruited from among the holiday makers who stepped in to replace the regulars who let us down at the last minute, and also my sub-committee Marion Mills, Eddie Robinson, Carl Walker and Ken Lumb whose support makes my job that much easier.

Results

Seniors

1.	Ronald Evans	2.32.50.
2.	Billy Dutton	2.37.35.
3.	Vincent Barter	2.41.45.
4.	David Mace	2.51.40.
5.	John Baker	2.55.31.

(Welsh Record - Recipient of Welsh National Trophy)

6.	Peter Stephens	2.56.24.
7.	Chris Carter	3.01.31.
8.	Eric Millican	3.12.49.
9.	Francis Allen	3.37.05.
10.	Douglas Graham	3.37.10.
11.	Stanley May	3.37.44.
12.	Colin Burnett	3.42.30.

(Breaststroke Record - Recipient of 'Val Taylor' Men's Breaststroke Trophy)

1.	Carol Pines	3.23.24.
2.	Patricia Dawson	3.21.00.
3.	Eira Davies	3.25.36.
4.	Gail Oxley	3.37.28.
5.	Lynn Cassidy	3.41.07.
6.	Catherine Walker	3.50.05.

(Recipient of 'Val Taylor' Ladies Breaststroke Trophy)

13. Kevin Ferguson 3.57.38.
14. Owen Christie 4.05.05.
15. John Alexander 4.08.07.
16. Stan Birtley 4.12.36.
17. David Pell 4.43.57.
18. Derick Jukes 4.47.32.
19. Ivor Sutton 4.47.37.
20. Jeff Paley 4.51.44.

Retired: Peter Tyrell, Trevor James, Godfrey Adnams, Leslie Davidson, Graham Bell, David Baines, Ken Keighley, Leonard Cox, Arthur Ayres, Cedric Webster, Brian Hill.

Juniors

1. Mike Davies 1.09.10. (Welsh Record, equals all-comers - Recipient of Welsh National Trophy)
2. Gareth Simpson 1.13.17.
3. Russel Wilde 1.13.42.
4. David Goble 1.14.13.
5. Anthony Dowling 1.15.00.
6. Andrew Burtenshaw 1.16.00.
7. Nigel Metcalfe 1.18.54.
8. Robert Lloyd 1.20.52.
9. Shaun Hammond 1.23.04.
10. Paul Howland 1.24.31.
11. Robert Symes 1.26.48.
12. Nigel Hanney 1.36.22.
13. Ian Peart 2.08.34. (Recipient of 'Jenny James Boys Breast-stroke Trophy)

Retired: Wayne Hirst.

1. Julie Crane 1.12.55. (Record)
2. Carol Bradford 1.16.14.
3. Amanda Hazell 1.16.40.
4. Gina Clarke 1.19.01.
5. Allyson Roberts 1.20.66.
6. Julie Wheeler 1.21.45.
7. Deborah Wardlaw 1.26.26.
8. Christine Sifleet 1.28.52.
9. Katherine Smith 1.30.41.
10. Denise Bartholomew 1.32.41.
11. Tracey Wilde 1.35.21.
12. Susan Johnson 1.41.01. (Recipient of 'Jenny James' Girls Breast-stroke Trophy)
13. Annette Brodie 2.05.00.

Retired: Nicola Treadwell.

Date of next Year's Championships: August 28th & 30th 1976.

Brian Dove, 40, Berry Way, Newton Longville, Milton Keynes, MK17 0AR.

B.L.D.S.A. LANGOLD LAKE CHAMPIONSHIP

It is my pleasure to submit the Annual Report of the Langold Lake Junior Championships held Sunday, 22nd June, 1975. Twenty juniors entered the events, thirteen boys and seven girls. One boy, Stephen M. Buckley, Notts L.D.S.C., was a non-swimmer. All the starters completed the two miles swim. Weather was good, water temperature 63F. Julie C. Crane, Oldbury S.C., won the Girls event and the "Mrs. I. Oldman" Trophy, in the time of [illegible]. Carol [illegible], a very close second in a time of 32 mins. [illegible], Dunne, Surrey Ladies S.C., third place in a time of 32 mins. 20 secs. David P. Goble, Bradford Dolphins S.C., won the Boys event and the "Founders Cup" in the time of 28 mins. 16 secs., Gareth R. Simpson, Warwicks L.D.S.C., second place in a time of 29 mins. 26 secs., and Richard W. Bell, Merton Swordfish, third place in a time of 30 mins. 22 secs.

A special Gala Programme of events took place after the Championships. Congratulations to the Firbeck Life Guard Club, they have again won the competition for the United Kingdom National Life Guard Corps Trophy. The trophy was presented to the club during the afternoon of the Championship Swim and Gala.

Sincere thanks to the Bassetlaw District Council Chairman, Mr. D. Shreeve, the Leisure Services Officer, Mr. Jack Revill, the Lake and Park Manager, and the team of workers who prepared the swim course, fixed marker buoys, and helped in many other ways. Warm thanks to the B.L.D.S.A. Officials and all who helped to make the junior swims a sucess.

To the new Junior Champions, best wishes for further successes, and to all the other young swimmers, better luck next time.

Championship Committee: Miss Marion Mills, Mrs Irene Oldman, Mr. Fred Oldman.
Local Organiser: Mr. Jack Revill, Lake and Park Manager.

Results

1.	David P. Cobble	28.16.	1.	Julie C. Crane	29.42.
2.	Gareth R. Simpson	29.26.	2.	Carol A. Bradford	33.44.
3.	Richard W. Bell	30.22.	3.	Susan Dunne	32.20.
4.	Nigel D. Metcalfe	30.28.	4.	Denise Bartholomew	33.12.
5.	Andrew Wilkins	30.35.	5.	Julia Darby	34.06.
6.	Robert Lloyd	31.00.	6.	Lynn Cassidy	38.16.
7.	Richard A. Jagger	33.38.	7.	Jane A. Gough	43.05.
8.	Paul I. Howland	35.40.			
9.	David F.L. Fowler	37.56.			
10.	Philip Kershaw	38.44.			
11.	David McGarvie	50.45.			
12.	Richard Scarborough	52.40.			

B.L.D.S.A. WINDERMERE CHAMPIONSHIP

Once again it gives me pleasure to present this report on our premier Championship. A day on which 42 competitors entered the water at Lakeside for the start of the swim, 34 men and 9 ladies. After a confusing start the race got under way about 20 minutes late, nevertheless we knew we were in for agood race. Conditions for the race were in my opinion good: temperature ranging from 57 - 60F, with a slight tail wind at times blowing across to the Cumbria side, but nothing to deter the swimmers; in fact most competitors beat their previous times some by more than one hour. Again as in previous reports it would take too long to name every competitor who took part in the swim, and to write about all the individual efforts wpuld take a volume.

But we must mention Miss Wendy Brook, what a flier this girl is, she took the lead right from the start and never looked back, even the fastest men in the race could not overtake her, and to come home in the fantastic time of 4.08.28 is incredible. Congratulations once again Wendy on being a really worthy champion. Into second place swam Miss Sally Minty all the way from the Channel Isles to take the silver medal in 4.43.00; a really good achievement, well done Sally. Third lady home was Miss Dilys Beynon, a tremendous competitor and sportswoman, in a time of 5.56.43; I sincerely hope we shall see these three ladies taking part again next year and Valerie also, then we shall (not forgetting the unknowns) be in for a real treat. To all the other ladies who swam I say thank you for taking part and giving us all a lot of excitement throughout the year with all your previous swims. Thank you for entering and hope to see you next year.

In the mens race we were very sorry to see the withdrawal of our previous champion Alan Kimber who could not take part owing to illness, we hope to see Alan back again next year. This left the championship wide open with men like Mike Read, David Mace, Jimmy Winter, Roger Parsons and Bill Dutton being the most likely favourites. As the race progressed it showed Bill Dutton in the best position just ahead of newcomer Vincent Barter, who will I believe prove to be a real contender in future races, closely followed by Jimmy Winter and in this order they finished. Bill first in 4.40.06, Vincent second in 4.47.31 and Jimmy third in 4,52.42, just 12 minutes between the first three men. Congratulations Bill, a fine performance and again proving to be a worthy Windermere champion. So to these three men, and all the others who took part, we say thank you for making Windermere a tremendous occasion and hope you will come again next year.

I said earlier that I would not mention any individual efforts, but I feel that I must say how sorry we were to see one swimmer, Mr. Trevor James, taken from the water about 200 yards from the finish. We all felt very sad, but his courage and determination will be remembered for a very long time to come.

In ending this report I would like to thank the people who helped me to run this championships my sub-committee (Mrs. M. Hinchliffe, Mr. Trevor Smith, Mr. Lewis Craven), Mrs. Marie Toft, Mr. Geoff Oddie, Mr. Jim Tyson, Mr. John Slater, Mr. Malcolm Proctor, Mr. & Mrs. D. Lee, Mr. F.C. Oldman, Chairman and Councillors of the South Lakeland District Council, St. Johns Ambulance (Ambleside Division), the Cumbria Constabulary, Officers and Men of the 208 Lt A.A. Battery (Liverpool), to all crews who row the boats, swimmers, and the many others. A lot of people you may think but without them this swim would not take place; to you all I extend my sincere thanks.

Results

1.	Bill Tatton	4.40.06.	1.	Wendy Brook (Record)
2.	Vincent Barter	4.47.31.	2.	Sally Minty 4.43.00.
3.	James Winter	4.52.42.	3.	Dilys Deynon 5.56.43.
4.	Robert Baker	5.02.55.	4.	Pat Dawson 6.02.57.
5.	Michael Read	5.07.23.	5.	Suzanne Ledge 6.25.55.
6.	David Mace	5.10.07.	6.	Lynn Cassidy 6.38.10.
7.	Roger Parsons	5.18.05.	7.	Jean Wilkin 6.30.50.
8.	Bertie Cameron	5.27.23.	8.	Margaret Smith 7.37.10.
9.	Bruce Beckett	5.34.04.	9.	Catherine Walker 8.09.06.
10.	Peter Stephens	5.35.02.		
11.	Peter Larrad	5.36.39.		
12.	William Bennet	5.39.51.		
13.	Francis Allen	5.50.08.		
14.	Stanley May	6.00.22.		
15.	Kevin Murphy	6.15.34.		
16.	Paul Tew	6.27.10.		
17.	Christopher Websdale	6.39.03.		
18.	John Alexander	6.49.32.		
19.	Jack Kerwin	7.07.52.		
20.	Albert Coward	7.24.10.		
21.	Stanley Birtley	7.38.31.		
22.	John Humphries	7.41.18.		
23.	Kenneth Bailey	7.57.29.		
24.	Douglas I. Sutton	8.13.16.		
25.	Harry Tenby	8.17.36.		
26.	Jeffrey Paley	8.19.21.		
27.	W. Wallace	8.32.13.		

Retired: David Whatmough, Andrew R. Phillips, G.D. Bell, Trevor James, Alexander [illegible], Robert W. [illegible], T. [illegible].

John O'Hara, 21, Woodhouse Grove, Fartown, Huddersfield, HD2 1AS, Yorkshire.

A.S.A. VETERANS' CHAMPIONSHIP

In quite good conditions despite an overcast sky and the threat of rain - the start was made in good style at the allotted time(!). In the early stages the 'Field' kept fairly close together with the leaders in the Mens' event making a cracking pace for our Lady competitors. It was soon apparent this was going to be a good race with two newcomers (now both 'of age') - Jim Sharp and Eddie Bellerby going hard along close behind the Champion, John Turnbull, and really keeping going. Bob McKee, Gerry Forsberg and Stuart Greenwood, roughly in the order, were also in close proximity and all were holding a good course. This very keen competition kept up the pace all the time and resulted with the records being beaten in both events.

John Turnbull finished strongly (now for the eighth year running) with a new record time improvement by 6 mins. 20 secs. It did look at one time as if there might be a new Mens' Champion with Jim Sharp really swimming well but he came in second place with a time that also beat the previous record by over 4 minutes. All the other entrants swam very well and in many cases improved their previous best times. Derek Jukes, the third new entrant, tried really hard and finished quite well with the middle-markers.

The general conditions held, with the water temperature at 61 deg. variable (what a lovely word !) — and the Ladies too were kept going quietly and resourcefully. Betty and Willy were in fine fettle and kept up a great contest with Willy really trying to be the new Champion. However, the 'cunning' breeze took Willy slightly off course and the slightly greater distance just lost her the position to come in behind Betty who crossed the line in good style to once again prove a worthy Champion. Bertha Sharples, in her very first long distance championship in open water, sustained a steady pace, never flinched and finished quite proudly and happily to a great ovation by the enthusiastic spectators.

The Presentation of the Trophies and Awards was admirably carried out by Coun. Mrs. E. Weir, the Vice-Chairman of the Coniston Parish Council - the Senior Competitor Trophy again being awarded to Gerry Forsberg and it must be mentioned that

This is the first time that Gerry has not finished in the first three since the introduction of the Veterans' Championships (what a hella !). Good to see our old friend Brian Finlay from 'Way out West!' who turned up at the weekend and crewed for one of the swimmers.

My most sincere thanks are due to one and all who helped so readily and with so much enthusiasm, and above all to Bob Clarke - who lays on everything so efficiently and quietly without any fuss and makes the organisation so much easier for a most inadequate*secretary ..... (*should read most adequate - AGS).

Results.

1.	J. Turnbull	1.30.13. (New Record)	1. B. Condon	1.32.50. (New Record)
2.	J. Sharp	1.40.21.	2. Willy van Rysel	2.01.35.
3.	E. Bellerby	1.44.34.	3. D. Sharples	2.39.25.
4.	G. Forsberg	1.46.07.		
5.	R. Mc Rae	1.51.53.		
6.	B. Greenwood	1.53.14.		
7.	J. Kerwin	1.55.15.		
8.	S. Dirtley	1.57.50.		
9.	K. Bradley	2.09.11.		
10.	A. Williams	2.09.21.		
11.	M. Wallington	2.10.24.		
12.	D. Johns	2.19.55.		
13.	W. Broom	2.23.26.		
14.	J. Ingham	2.26.19.		
15.	R. Walker	2.26.56.		
16.	P. Ball	2.27.30.		
17.	C. Walker	2.28.32.		

Also entered: A. Ayres - did not start.

Eddie Robinson, 25, Belmont Avenue, Otley, Yorkshire.

B.L.D.S.A. MORECAMBE CROSS BAY SWIM

On a day when the sun shone brilliantly and the flag hung listlessly from the Swimming Stadium at Grange, eighteen swimmers entered the water for the First Morecambe Cross Bay swim organised by our Association.

The three lady competitors given five minutes start by the men, forged a path towards Morecambe before the muscle and brawn erupted the calm Bay into a boiling cauldron.

As far as the contestants were concerned, the swim was uneventful, with the eventual finishing order being decided within an hour of the start. The nearest to an upset came in the last half mile when Warrington's Bill Dutton had trouble in finishing and the Navy number one swimmer, Parsons, who had been chasing all the way sensed that victory could be his. Justice was seen to be done with Bill crossing the line first and completing the first half of the Dolphin Double.

The second half of the double was completed twenty minutes later when Dilys Beynon led the three ladies home to win her first Cross Bay Championship.

A number of swimmers must have read the information sheet incorrectly and thought they were taking part in "A Round the Bay Swim", as they headed into the furthermost reaches of the Bay. The end result for them was a longer swim and a slower time, whilst other swimmers took their own ideal course and at one point, we had two swimmers swimming stroke for stroke a mile apart.

At the end of the day, Association funds were lighter by eighteen plaques and certificates, and I am sure that all participants were satisfied with their day's endeavour.

My personal thanks must go to the Sub Committee, canoeists, pilot lifesavers and all those persons for making my first venture in organising a championship so successful.

Water Temp. 62 F. Wind Strength Force 2?

Results

1.	Billy Dutton	2.46.00.	1.	Dilys Beynon	3.11.45.
2.	Wally Parsons	2.46.47.	2.	Suzanne Lodge	3.26.58.
3.	Eric Millican	2.53.48.	3.	Margaret Smith	4.03.12.
4.	Bill Redfern	2.54.05.			
5.	Dhanvir Khatau	2.56.00.			
6.	Michael Read	3.02.36.			
7.	Peter Stephens	3.06.15			
8.	Jack Kerwin	3.09.10.			
9.	Gerald Forsberg	3.17.30.			
10.	John Alexander	3.17.34.			
11.	[illegible] Ferguson	3.21.[illegible]			
12.	Paul Tew	3.43.28.			
13.	Andrew Phillips	3.48.35.			
14.	Jeff Paley	3.51.05.			
15.	David Fell	3.53.00.			

D. Khatau: Best First Attempt Trophy
J. Paley: Special Merit.

Chris. Carter, 35, Birdwell Drive, Gt. Sankey, Warrington, Lancs.

B.L.D.S.A. TRENTHAM CHAMPIONSHIP

Once again it is my pleasure to present this report on the Trentham Lake Championship which was held on Sunday 14th September, 1975. First, I would like to say a special thanks to Bobby Allen, Percy Bull and his friend Harry who very kindly came down on the Saturday to get everything ready. Unfortunately, on the Saturday evening, Harry was taken ill and it was necessary for him to have a short stay in hospital - however we were very pleased to learn that he was in no immediate danger, and that he has since made a complete recovery.

Sunday morning saw us all up very early, putting out the marker buoys, and getting the boats ready. The water temperature was 54 - 56F, and the weather was cold and windy. There were 32 men and 9 women as per programme. The start was prompt with the ladies getting safely away first. Wendy Brook established an immediate lead, which she maintained throughout the race, despite vigorous attempts to change this, from a newcomer to the Championship - Ronald Evans. Meanwhile the rest of the ladies were coping [illegible] [illegible] very fast, [illegible] of the way. The cold conditions, however, proved too much for some of the swimmers who were forced to retire - however the Red Cross were on hand to dispense hot drinks and to look after all those who needed their aid. Many thanks to them as usual, both for their willing help and for their aid in transporting the swimmers down to the hot showers.

The cold conditions did not deter John O'Hara and Percy Bull who seemed in no hurry to complete the race, and who were obviously in competition with each other to see who would be last. They swam the circuit in a leisurely manner and I am pleased to report that Percy managed to hold on to his unbeaten record of "last one in".

Many congratulations to all who took part and succeeded and condolences to those who had to retire. Better luck next time!

I would also like to extend my thanks to everyone who helped to make this championship a success, especially those people behind the scenes who probably have little connection with swimming otherwise. Finally a special word of thanks to Mr. Rog Jones and Trentham Gardens Ltd., without whose help the championship could not have taken place at all.

Results

1.	Ronald Evans	1.08.50.	1.	Wendy Brook	1.03.21.
2.	Bill Dutton	1.11.07.	2.	Pat Dawson	1.21.59.
3.	Chris Carter	1.15.24.	3.	Dilys Beynon	1.22.14.
4.	Peter Stephens	1.15.37.	4.	Jean Wilkins	1.28.19.
5.	Eric Millican	1.17.47.	5.	Betty Condon	1.53.27.
6.	Alan Humphries	1.19.34.	6.	Willy van Rysel	[illegible]
7.	Francis Allen	1.23.33.			

8.	Paul Tew	1.25.11.
9.	Chris Websdale	1.28.38.
10.	John Heapy	1.30.07.
11.	Ken Keighley	1.33.11.
12.	John Alexander	1.36.59.
13.	Colin Burnett	1.37.57.
14.	Peter Goodman	1.38.41.
15.	Gerald Forsberg	1.39.57.
16.	Ken Bailey	2.02.22.
17.	Andrew Fuller	2.05.04.
18.	Trevor James	2.08.45.
19.	Raymond Walker	2.20.36.
20.	John O'Hara	2.39.06.
21.	Percy Bull	2.40.05.

Non-starters: Men: P. Kochanek, R. Parsons, I. Hatfield, W. Brown, A. Williams, G. Littlodale; Ladies: M. Evans, L. Reed,
Retired: Men: R. Keating, R. Ridley, J.T. Evans; Ladies: L. Cassidy.

Sub-committee: D. Procter, E. Robinson, G. McIntyre.

Proposed date of swim: 12th September 1976 (yet to be confirmed)

T. Worrall, 30, Prospect Mount, Fell Lane, Keighley, BD22 6LS, West Yorkshire.

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CAPTAIN WEBB CENTENARY - CROSS CHANNEL RELAY

The initial planning for the centenary event started way back in the spring of 1974 and in October a committee was formed consisting of Mr. Oldman, Mr. Murphy, Mr. Parsons, Miss Taylor, Mr. Slater, Mr. Carter and the late Mr. Atkinson, to [illegible] opening new ground, and the committee met at regular intervals to discuss progress reports and to sound out new ideas.

By the beginning of 1975 an outline for the swim was complete, suitable dates finalised and a favourable reply recieved from the Navy into the use of a warship during the swim. In March, the Muscular Dystrophy Group became involved and agreed to subsidise the B.L.D.S.A. team up to a maximum of £500. National T/V and some press queries were in the process of negotiation at this time and the B.L.D.S.A. P.R.O. (Mrs Smith) was voted onto the committee to enable full use of the news/publicity media to advertise the B.L.D.S.A. and its aims, as well as draw attention to the championships. By May, details of the swim had been circulated to all swimming clubs, district pools and affiliated organisations. The Swimming Times had articles on the swim, in three recurring editions and two articles appeared in the national press.

In June the lists closed for entries, with a healthy ten teams registered; final arrangements were made with the R.N. and Muscular Dystrophy Group. Initial discussions were made with the Dover Council over sponsorship of the Reception. During July safety clearance was obtained from Dover Harbour Master, H.M. Coastguard and French Naval Authorities to hold the swim. Programme and reception finalised, harbour berthing arrangements made and initial clearance sort from H.M. Customs and Immigration/Immigration authorities. At the end of the month a letter was recieved demanding explanation of intent from Dover Harbour Board. After a telephone conference and a personal visit the matter was cleared up. The initial mix up was due to an over zealous offering of facilities by the Auxillary service over which they had no control. Also difficulties arose with Customs and Immigration authorities. In August after two days of meetings with different "top men" for the customs and the immegration departments full blanket franchise was [illegible] for the Fleet Weather Center at Nato H.Q. to make up a detailed chart for the channel area to cover the period of the swim.

17th August

15.30 All teams and team managers mustered at the Town Hall and were bussed to the briefing. Some did not use the transport required but made their own way in private cars, causing concern and confusion with the port authorities and the police on the 'IN' gate.

16.00 Briefing commenced - details of emergency signals, weather reports and a

briefing by the escort commander of his intended plan of operation given. On completion of answering questions the meeting broke up and all were transported out of the dockyard with the exception of the lead swimmers.

13th August

00.01 All the British teams and their accompaniests boarded the buses at the Town Hall. On arrival at the submarine pens a team managers' meeting was held, details of the weather for the next 20 hours was given, along with the confirmation of the base course for the swim.

02.00 The 'armarda' left the camber and proceeded to the French Coast.

04.45 The 'armarda' arrived at Cap Gris Nez lighthouse. Conditions were ideal and the sight of the sunrise over the headland of the Cape, with all the escort boats together, was really wonderful.

05.30 Radio contact established with the shore party. All swimmers were present and ready to go.

06.00 The Championships started at five minute intervals.

06.45 The swim had sorted itself out when the Mileza (D.L.D.S.A.) radioed to say they had lost their lead swimmer. He was soon found alongside the Egyptian boat and a panic was diverted.

12.00 The swim progressed. A protest by the Egyptians that one team was being 'paced' by a canoe was overruled by the Chief Judge. The sun broke through and bathed all the swim in wonderful golden sunshine. H.M.S. Kilmory was outstanding during this phase of the swim. Dashing too and fro across the face of the championship, warning giant tankers out of the way, signalling alterations in the base course and like some trusty shepherd sending her two dogs (Thatcham and Shipham) [illegible] the flanks of two 'Flock' to ensure no straggler got lost. The [illegible] how lent a carnival air to the championships.

13.00 Chief Judge queried the Egyptian team's pilot, on his heading, and was told that they were waiting for the flood tide to ease before coming round to the west.

13.30 Egyptian team asked for permission to land at St. Margrets Bay as they were within the relay record time. Chief Judge, quite correctly, ruled that if they did they would be classed outside the championship. After heated exchanges over an 'open mike' pilot altered course to the West.

15.15 Teams started to arrive at the finish, where Mr. Oldman and his trusty megaphone had assembled a fair size crowd of spectators.

19.00 The Official reception held at the Maison Deu Hall. Plenty of free drinks and a chance for teams to swop experiences (on the swim).

20.00 The presentation ceremony took place in the main hall of the Town Hall. Cups and Medals were presented for the first team in each section. Some speeches were inflicted upon the waiting throng and Trudy Watts (Mrs. [illegible] Watts.??)

Results

Mens Championship

The Paddington Mob	9.40.00.
United Arab Team	9.44.30.
British Long Distance Swimming Association	9.47.11.
Royal Navy	10.12.15.
Kings Lynn Gladiators	13.30.00.

Ladies Championship

British Long Distance Swimming Association	11.41.00

Mixed Championship

Egyptian National Swimming Team	9.16.59.
Jersey Long Distance Swimming Club	[illegible]
[illegible] Long Distance Swimming Association	9.52.00
Warrington Dolphins Long Distance Swimming Club	10.31.00.

Roger Parsons, H.M.S. Temeraire, Flathouse Road, Portsmouth, Hants.

B.L.D.S.A. PRESS OFFICER'S REPORT

This year has been a busy and an expensive year on the press/publicity front. With postal and telephone charges increasing with monotonous regularity, we must expect our costs to increase. Also 1975 included the Centenary Channel Relay and such a prestige swim required more than usual coverage.

We have received considerably wider coverage in the National Press this year [illegible] some regional television and radio cover. For much of this we are indebted to Joe Lancaster of the Lancaster and Crowther Agency. We must also acknowledge Captain Webb's contibution - the centenary of his swim stirred up a lot of extra

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interest and will have long term effects.

Assistance was given by B.P.(U.K.)Ltd, Sportsgear, Whitbread and Canada Dry - to whom our thanks are due as an Association. These contributions to the Channel Relay were greatly appreciated.
For the help I have received I must again thank Edith and Bridget Wendell, [illegible] Jeff Paley, Veronica Smith and Eileen Rawnsley all of whom have typed, written or somehow helped to obtain cover for our swims. Without their help, some swims would have gone without press coverage - owing to date clashes and my other committments.

P.R.O. Mrs. Margaret J. Smith, Windermere, 9, Cromwell View, Caistor, Lincs, LN7 6UH. Tel: Caistor (0472) 851076.

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B.L.D.S.A. PILOT LIFE SAVER REPORT

I took over as Secretary from Jeff with the assurance that if I needed any assistance with my teething troubles, he would be available to help me out. [illegible] the offer Jeff.

Before I took over, but after Jeff had written his report Catherine Walker completed the qualifications but was too late to be included on the list of P.L.S. This year two more members have completed their qualifications: Beverley Walker and Russel Holbrook. Anthony Thomas, Robert Sharp and Leslie Davidson have taken their practical examination successfully and have also completed their qualifications.

Mr. T.R. Pocklington has changed his address to 36, Clifford Rd., Bentley Heath, Solihull. The new P.L.S. list will be brought up to date before going into print.

I finish my report by thanking all P.L.S.s who have attended this year's swims, as without them these swims would have to be abandoned.

Carl Walker, 55, West Avenue, Honley, Huddersfield, Yorkshire.

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B.L.D.S.A. INDIVIDUAL SWIMS 1975

Windermere (10½ Miles)
John J. Alexander 7.41.38.
Elaine Jordan 6.35.14.

Coniston (5½ Miles)
David G. Fell 3.39.00.
David G. Fell 4.03.00.
Gina Clarke (Junior Record) 2.33.29.

Coniston Two-Way (11 Miles)
Bryan Finlay (Gents Breast Stroke Record) 6.37.48.
Margaret J. Smith (Ladies Breast Stroke Record) 8.23.23.
Kenneth W.G. Bailey 8.50.00.
Robert W. Keating 6.41.57.
Jack D. Kerwin 7.25.02.

Coniston Three-Way(16½ Miles)
Jack D. Kerwin (Inaugural Record) 12.25.01.

[illegible] Two-Way (9 Miles)
Robert W. Keating 3.31.45.
Susan Pike 5.53.00.
Elaine M. Jordan 4.43.00.
Kenneth W.G. Bailey 5.15.00.

Loch Rannoch (10 Miles)
Michael P. Read (Inaugural Record) 5.03.00.
Ian Reid 6.49.00.

Mumbles-Swansea Two-Way (7 Miles)
John Baker 3.25.00.

The Wash Two-Way (41 Miles)
Michael P. Read (Inaugural Record) 16.47.[illegible]

The Wash, Hunstanton-Skegness (20 Miles)
Michael P. Read (Record) 8.30.00.

Kings Lynn-Downham Market (9 Miles)
Michael P. Read (Inaugural Record) 4.54.00.

Belfast Loch (7½ Miles)
Margaret J. Smith (Breast Stroke Record) [illegible]

Bristol Channel (23 Miles)
Edward Keenan (Record) 11.[illegible].15.

Ullswater (7½ Miles)
Patricia Dawson (Not yet ratified) 3.43.00.

Maurice Ferguson, 16, Elmwood Road, Barnton, Northwich.
ACS

The past year has been very quiet for our swimmers as far as participation in International events has been concerned. This has mainly been due to the economic situation, and also sponsorship being absolutely nil during this time. We sent one team to Belgium in 1975, and this is the only event we have to report on. I was informed of the holding of the Anna Paulowna event in Holland only four days before it was due to take place, when the organisers were asking for British entries. At that late stage it was impossible to find any volunteers. Hopefully, I shall receive information earlier this time!

As previously mentioned in my last report, will all members of the B.L.D.S.A. please take note that ANY MEMBER WISHING TO SWIM ABROAD SHOULD CONTACT THE INTERNATIONAL SECRETARY, for details and arrangements concerning the swims. As International secretary, I am responsible for compiling a list of all known events overseas for the oncoming season, sending official entries to the appropriate organisations, and for obtaining authorisation from the A.S.A. to swim abroad. I will give whatever help or advice on any aspects of travel or accommodation that I can, to those who require it.

MOST IMPORTANT - ANY SWIMMER WHO ENTERS AN OVERSEAS EVENT WITHOUT GOING THROUGH THE INTERNATIONAL SECRETARY WILL NOT BE ENTITLED TO REPRESENT THE B.L.D.S.A., AND WILL REPRESENT HIS/HER OWN SWIMMING CLUB, AND NO RESPONSIBILITY WILL BE TAKEN BY THE ASSOCIATION FOR OBTAINING AUTHORISATION FROM THE A.S.A. OR FOR FULFILLMENT OF ANY OTHER CONDITIONS THAT MAY BE RELATIVE TO THE SWIM.

A list of overseas events in 1976 will be duplicated in due course, and subsequently distributed amongst members. - OR you may obtain one from me BY SENDING AN S.A.E.

INTERNATIONAL SELECTION

The selection of swimmers to represent the B.L.D.S.A. will ONLY take effect as and when we have funds available for use in financing expenses incurred by swimmers travelling abroad. ANY MEMBER OF THE B.L.D.S.A. IS ENTITLED TO REPRESENT THE B.L.D.S.A. IN ANY OVERSEAS EVENT, IF HE/SHE ENTERS THROUGH THE CHANNELS OF THE INTERNATIONAL SECRETARY, BUT ALL EXPENSES MUST BE PAID BY THE INDIVIDUAL CONCERNED. When we have funds available to send, or assist in sending swimmers overseas, then the final selection of such swimmers will be made by the INTERNATIONAL SELECTION COMMITTEE, (elected by the executive committee) and swimmers will be informed accordingly.

SPONSORSHIP

Individual swimmers are at liberty to try and obtain local sponsorship to assist their passage to overseas events, but they are STRONGLY REMINDED that they MUST NOT contravene A.S.A. Law in so doing.

ANY CORRESPONDENCE WITH THE INTERNATIONAL SECRETARY MUST INCLUDE AN S.A.E. TO GUARANTEE A REPLY.

DAMME-BRUGGE CHAMPIONSHIPS, BELGIUM 3rd AUGUST 1975

REPORT BY ROGER(WALLY)PARSONS.

B.L.D.S.A. TEAM:- Wendy Brook, Catherine Walker, Mark Ashley, Roger Parsons-(Team captain)
Additional BLDSA entries:- Pat Dawson, Peter Stephens, Charles Forsberg

As is usual for BLDSA organised trips, all went well, with clockwork precision "except":- The team assembled at Dover Marine at 1100 hours Saturday morning to find all passenger ferries fully booked..... and so proceeded to assemble at the eastern docks at 1130 and boarded

Dawsons courtesy bus to be uncourteously told to wait for the British Rail bus! The bus arrived, the team embarked, and the programme then ran:-

1200 Arrive at ferry.
1201 Attempt to board ferry.
1201½ Team leave ferry for Calais and look for ferry to Ostend!!
1220 Team boarded correct ferry.

Apart from that, the trip across was uneventful apart from strange sounds being emitted by the two lady members who fell asleep! The ferry docked and the team caught the train to Brugge and subsequently arrived at the hotel. I must at this point deviate from our programme to give an insight into "our hotel". Try and picture Noah's Ark (after they'd all left it!), and the Flying Dutchman (in refit!), and you will come to the same conclusions as we did on first sighting "De Barge" Hotel! Actually it was very nice inside (once you'd fought your way through the jungle to the gangplank!). The rooms were excellent and well provided with amenities (Quote "I've got two toilets in my room, but someone's bust the lid off one"..!!!!) Coffee was had in the adjoining restaurant (a lightship) and then the team took a welcomed shower, not without incident!.....Cath-one flooded bathroom, Wendy-almost stuck at the shallow end of the bath Charles-confused by the controls, Roger-attacked by the shower connection! (The wonders of continental plumbing!)

The evening was spent visiting the Light & Sound Festival in the town, the finale being magnificent, when the church tower and adjoining mansion were fully illuminated.

Next morning, the team arose at the crack of noon, to find Miss Walker and Mr Forsberg had been voted "taste of the year" by several hundred mosquitos! (I have it on good authority that they were on different floors of the hotel, -before any comments are made!)

A light lunch was had, and at 2pm the Dagenham Swimming Club coach arrived to give the team a lift to the start. Let me try and give you a mental picture.....Imagine a St.Trinians outing, on an already full Arab country bus, superimposed into the C & A January sales, then you have the picture, except that it should all be taking place in a sauna bath, as the temperature was 90 degrees + !!

The briefing and start of the swim were held in the Belgian's usual efficient manner. Because of the heat, after the race we were all somewhat dehydrated, and any liquid taken was immediately thrown out again through the pores in the skin. (ie.We sweated buckets!) The after-swim reception was well run, but a little uncomfortable owing to bad ventilation in the hall. On completion, the team were taken to the station, took a meal in a Belgian Chinese (?) restaurant, and eventually boarded the ferry back home.

RESULTS

FREESTYLE MEN (57 swimmers)

1st. Bart Brieffies.Haarlem 56m 15s
[illegible] 71m 17s

FREESTYLE WOMEN (34 swimmers)

1st. Ada Pors. Vlaardingen [illegible]
[illegible]. PAT DAWSON.BLDSA [illegible]

BREAST STROKE MEN(55 swimmers)

1st. Bert Van Kray.Eindhoven.73m 55s
9th. ROGER PARSONS.BLDSA 76m 00s
34th.CHARLES FORSBERG.BLDSA 90m 10s

BREAST STROKE WOMEN(27 swimmers)

1st. Chiny Kok.Haarlem 7[illegible]
25th.CATHERINE WALKER. BLDSA. 110m20s

TEAM TROPHIES

WISSELBEKER BLOSO - One scoring swimmer in each event: 1st place.1 point 2nd place.2 points, etc. Lowest points score are the winners.

1st. Eindhoven.....11points
2nd. Haarlem.....21points
3rd. BLDSA.....46points

WISSELBEKER MACHIELS - Two scoring swimmers from mens freestyle, and from mens breast stroke. Scoring as above, lowest score wins.

1st. Eindhoven...22 points
2nd. Amsterdam...42 points
3rd. Vlissingen...59 points
4th. Haarlem.....60 points
5th. BLDSA.....75 points

Comments:-
It is a very worthwhile trip and provides tough competition. The cost is very low in comparison with other overseas trips. If we are to win any team trophies in future, full sponsorship must be sought to entice our top swimmers to go, and we must enter at least three swimmers in each section of the race.

INTERNATIONAL TRIALS 1976

Following the comments above, regarding the 1975 Belgian championships, it has been decided by the executive committee, that we hold an International Trial championships in 1976.
These Trial Championships will be held over a course from Ryde, Isle of Wight to Southsea, Hampshire on Saturday 19th June 1976, an approximate distance of five miles, with slight tidal assistance.

The championships are designed to enable those who consider themselves to be of a suitable standard, to show their merits. The result of these trials will be taken into consideration when the B.L.D.S.A. selection committee select the team to represent the association at the Damme-Brugge International Championships in Belgium.

The championships are divided into five categories, Ladies Freestyle Championship, Ladies Breast Stroke Championship, Mens Freestyle Championship, Mens Breast Stroke Championship and a Team Aggregate Championship.

The first three in each event will receive Gold, Silver and Bronze [illegible]
[illegible] the club or team which has the lowest total time, when the times of one of its competitors from each of the four events are added together.

All those who complete the course will be awarded a certificate.

Further details can be obtained from the International Secretary by sending an S.A.E.

An entry form is attatched at the back of this report.

INTERNATIONAL RESULTS

A full list of all International results will be compiled by the International secretary as she receives them, and this information will be available for members to see at any BLDSA swim or function during 1976.

This concludes the report for 1975, so may I now thank those who were of assistance to me during the last season, and hope that we have a much more active season in 1976 in International events.

ANY CORRESPONDENCE WITH THE INTERNATIONAL SECRETARY MUST INCLUDE A STAMPED ADDRESSED ENVELOPE TO GUARANTEE A REPLY

Miss Valerie Taylor (International Secretary B.L.D.S.A.)
16, Birchcoppice Gardens
Willenhall WV12 4BL
West Midlands.

WARRINGTON DOLPHINS LONG DISTANCE SWIMMING CLUB.

ANNUAL REPORT FOR 1975.

I have pleasure in presenting the Warrington Dolphins Long Distance Swimming Club's Annual Report for 1975.

I must begin this report with the English Channel which has played such a predominent part in this year's activities. Three members of the club honed to make one-way crossings and, as if that wasn't enough, one member hoped to do a little more than that - a three-way.

Paul Tew was one member who did "make it" in 16 hours 53 minutes - you may recall my confidence of his ability in last year's report. Just for the record, Paul was the last person to make the crossing in this Centenary year of Captain Webb's swim - congratulations Paul on a fine effort.

Dilys Beynon also took the plunge this year but due to sea-sickness was forced to retire only a few miles short of achieving her goal - it's got to be next year Dilys.

After spending a considerable length of time in training Ken Bailey for his Channel attempt this season (he was convinced that Chris Carter and myself were trying to kill him), We can safely state that after all the visits to Dover and not even getting wet, he is the club's most "very" frustrated member - but we're all 100% confident of his chances if he could only arrange suitable weather. I should mention here however that Ken (as did Paul and Dilys), completed some excellent swims in preparation for the attempt - I know he will be looking forward to repeating them next season???

Leading on from Ken's frustration, I think that even Ken will give first place to club colleague Kevin Murphy who after swimming for 58½ hours and completing a Two-way Channel crossing had to retire with only seven miles of his third leg to go. If someone had asked me about the chances of a "Three-way" being achieved, I would have replied "nil" but after Kevin's attempt this year, I am positive that 1976 will see it realised.

In addition to our four Channel aspirants, the club entered a mixed team in the Captain Webb Centenary Cross Channel Relay Race. This proved to be both an interesting and rewarding venture with the club finishing fourth in its event in a time of 10 hours 31 minutes. The team was selected on speed and ability and was as follows (in swimming order) - Bill Dutton, Dilys Beynon, Chris Carter, Pat Dawson, Alan Humphries and Gina Clarke with Jean Wilkin and Kevin Ferguson as reserves. Our thanks must be placed on record to John and Edna Alexander (Team managers) and Paul Kochanek (C.S.S. Observer) for the assistance given on the venture. And a special thanks to Wally Parsons, on behalf of the club, for the tremendous amount of work he put into the race and making it a successful event.

From the club's point of view, the swim did not prove such a financial burden as it was at first thought. The Committee estimated a cost of £600 and this amount was raised with the assistance of local traders who donated the bulk of this sum. Our thanks must go to G. & J. Greenall Ltd. who donated £100 and swimming caps to be worn by team members. The Warrington District Sports Council were very helpful in offering ideas and cash when many Committee members felt we were fighting a losing battle in raising capital. Our thanks also go to Vera, Harry and Pat Dawson for their work in raising money, Speedo Ltd., who supplied costumes and to Chris Carter for taking on the frustrating task of general fund raising.

Two other swims which were especially worthy of note were Gina Clarke's Coniston swim in a time of 2 hours 32 minutes which is a junior record and Elaine Jordans Windermere in 6 hours 35 Minutes which was again an excellent achievement for a junior.

For Bill Dutton, this has been a tremendous season. He won the Windermere, Morecambe Bay and Brixham-Torquay Championships and was placed in every other event except Pickmere but as the latter was the first swim of the year, I think we will accept the excuse that he hadn't "warmed up" - won't we? Well, whether we will or not, I must extend the congratulations of the club to him on such excellent performances - the "Ditch" must surely be next on his list???

In addition to Elaine Jordan, other club members who completed the Windermere swim this season were John Humphries (no relation - for John & Margaret Smith's benefit), John Alexander (twice), Ian Bailey, Jean Wilkin, Pat Dawson, Kevin Murphy (one and two-way), Paul Tew (one and two-way), Margaret Smith and Dilys Deynon (one and two-way) - Dilys set up a new British 'Ladies' record for the "two-way". Congratulations to them all on their success.

Margaret Smith also made a fine achievement when she became the first woman to swim across Lough Neagh (Ireland) in 8 hours 45 minutes. Margaret and Paul Tew both shared the D.L.D.S.A. special merit award this year which is awarded for the best swim of the year outside recognised championships.

Rob Keating unfortunately had to retire in Windermere but found consolation in a very respectable time of 6 hours 35 minutes on Two-way Coniston.

As in previous seasons, John "Butterfly" Veasey has been "flying" around the country chalking up more butterfly records. Amongst his successes this year were Morecambe Inshore and Ryde to Southsea (Solent). Regretably, his attempt to swim Windermere on butterfly stroke was unsuccessful after he was forced to retire (after almost seven hours of swimming) when rough water on the "Deeps" proved too much - I am sure that all the Dolphin members wish him well for his next and hoped for successful attempt.

Once again the club has had a great swimming season and again our thanks go to our coaches, Ces Shallcross and Russ Holbrook, who have played a valuable part in organising and running training sessions.

Annual Dinner and Dance.

This was held at our usual venue - Lakehouse Restaurant, Pickmere. Our guests were Mrs. Margaret Hinchliffe (President, D.L.D.S.A.) and her husband and Messrs. Brian Boyle and Harold Short and their respective wives. There were a number of presentations at the function including a trophy to Paul Tew in recognition of his Channel swim, certificates to the members of the club's Channel relay team and plaques to the team's reserves and managers.

Birth.

Hearty congratulations to John and Alan Humphries on the arrival of a new baby, Merrie Louise.

Marriages.

Congratulations and best wishes for the future to Margaret and Graham Smith and Jane and Kevin Murphy.

Death.

It is with deep regret that I report the death of Mrs. Ronda Clarke (mother of Gina and daughter of Arthur Williams). Our deepest sympathies to Ted, Gina and Gina.

In concluding my report, I would like to extend the club's sincere thanks to Pickmere Boating Company, the staff of the Warrington Baths [illegible] and all our colleagues and friends who have helped in any way [illegible] during the past twelve months.

THANK YOU,

Alan D. Humphries,
Hon. Secretary.

CHAMPIONSHIP AND INDIVIDUAL SWIMS COMPLETED : 1975.

River Wharfe - Junior (1 mile).
Carole Monks 32 : 07.

Morecambe Inshore (2 miles).
Gina Clarke 54 : 45.
Paul Tew 1 : 00 : 00.
Carole Monks 1 : 02 : 40.
John Heapy 1 : 19 : 10.
(Butterfly)

Waterloo Lake - Junior (2 miles).
Gina Clarke 51 : 01.
Claire Allmar ?

English Channel Relay (2 miles).
Gina Clarke 1 : 00 : 00.

Pickmere - Junior (2 miles).
Gina Clarke 50 : 31.
Kevin Ferguson 1 : 07 : 00.
[illegible]

Bruges - Belgium (2½ miles).
Pat Dawson 1 : 25 : 00.

Pickmere - Senior (3 miles).
Bill Dutton 1 : 19 : 00.
Chris Carter 1 : 33 : 56.
Kevin Murphy 1 : 26 : 20.
Dilys Beynon 1 : 34 : 41.
Pat Dawson 1 : 40 : 28.
Paul Tew 1 : 41 : 40.
Bob Keeting 1 : 42 : 00.
John Alexander 1 : 45 : 38.
Maurice Ferguson 1 : 49 : 00.
Dave Chetwough 2 : 00 : 00.
John Humphries 2 : 00 : 13.
John Heapy 2 : 05 : 25.
Ken Bailey 2 : 13 : 04.
Arthur Williams 2 : 30 : 00.

English Channel Relay (3 miles).
Alan Humphries 1 : 31 : 00.

Merrioltshire Spring Handicap (3 miles).
Chris Carter 1 : 26 : 30.
Maurice Ferguson 1 : 47 : 00.
John Alexander 1 : 59 : 00.
Ken Bailey 2 : 21 : 00.
Dilys Beynon ?

Poole Harbour (3 miles).
Pat Dawson 1 : 25 : 07.

Bala Lake (3 miles).
Gina Clarke 1 : 19 : 22.
Paul Tew 1 : 40 : 00.
John Heapy 1 : 52 : 00.

Coreland Islands to Donaghadee (3 miles).
Margaret Smith 1 : 17 : 39.

Paignton to Torquay to Paignton (3 mi)
Bill Dutton 1 : 1[illegible] : 00.
Kevin Murphy ?
Dilys Beynon ?
John Heapy 1 : 41 : 00.

Preston Beach to Horabbey Bridge to Preston Beach (3 miles).
Paul Tew ?

Trentham Lake (3 miles).
Bill Dutton 1 : 00 : 00.
Chris Carter 1 : 16 : 04.
Alan Humphries 1 : 19 : 00.
Pat Dawson 1 : 21 : 59.
Dilys Beynon 1 : [illegible] : 00.
[illegible] 1 : [illegible] : 00.
John Heapy 1 : 31 : 37.
John Alexander 1 : 32 : [illegible].
Ken Bailey 2 : 02 : 30.

Veteranes (3½ miles).
Arthur Williams 2 : 09 : 00.
Ken Bailey 2 : 09 : 13.

English Channel Relay (4 miles).
Pat Dawson 2 : 00 : 00.
Dilys Beynon 2 : 00 : 00.
Bill Dutton 2 : 00 : 00.
Chris Carter 2 : 00 : 00.

Brixham to Torquay (4 miles).
Bill Dutton 2 : 09 : 30.
Paul Tew 2 : 17 : 10.
John Heapy 2 : 21 : 13.

Exmouth Fairway Buoy (4½ miles).
Bill Dutton 1 : 28 : 00.
Kevin Murphy 1 : 30 : 00.
Chris Carter 1 : 30 : 34.
Paul Tew ?
John Heapy 1 : 47 : 00.
Ken Bailey 2 : 10 : 00.

Chris Carter [illegible]
Pat Dawson [illegible]
Paul Tew 3 : 01 : 00.
John Heapy 3 : 06 : 20.
John Alexander 3 : 07 : [illegible].
Maurice Ferguson 3 : 09 : 00.

Solent (5 miles).
Pat Dawson 1 : 57 : 00.
Paul Tew 1 : [illegible] : 34.
John Heapy 1 : 58 : 13.
(Butterfly)

Coniston (5½ miles).

Gina Clarke	2 : 32 : 29.	(Jnr. record)
Jean Wilkin	2 : 53 : 00.	
Pat Dawson	2 : 57 : 00.	
Chris Carter	2 : 58 : 00.	
Dilys Beynon	3 : 03 : [illegible].	
John Alexander	3 : 13 : 32.	
Maurice Ferguson	3 : 16 : 00.	
Kevin Ferguson	3 : 17 : 00.	
John Humphries	3 : 49 : 42.	
Ken Bailey	5 : 03 : 21.	

Two-way Bala Lake (6 miles).

Bill Dutton	2 : 37 : 00.	
Chris Carter	3 : 01 : 31.	
Pat Dawson	3 : 21 : 00.	
Bob Keating	3 : 31 : 00.	
Paul Tew	3 : 36 : 00.	
Kevin Ferguson	3 : 57 : 00.	
John Humphries	4 : 06 : 42.	
John Alexander	4 : 30 : 07.	
Elaine Jordan	4 : 43 : 00.	
Ken Bailey	5 : 40 : 00.	

Loch Earn (6½ miles).

Kevin Murphy	? : 43 : 00.	

Ullswater (7½ miles).

Pat Dawson	3 : 48 : 00.	
John Humphries	5 : 25 : 30.	

Whitehead to Bangor (7½ miles).

Margaret Smith	3 : 12 : 19.	(½/stroke rec'd)

Forbey (7 miles).

Bill Dutton	3 : 10 : 00.	
Kevin Murphy	?	

Lough Neagh (10 miles).

Margaret Smith	3 : 45 : 00.	(Ladies rec'd)

Morecambe Bay (10 miles).

Bill Dutton	2 : 45 : 00.	
Dilys Beynon	3 : 11 : 45.	
Paul Tew	?	
John Alexander	3 : 17 : 34.	
Maurice Ferguson	3 : 20 : 00.	
Margaret Smith	3 : 03 : 12.	

Windermere (10½ miles).

Bill Dutton	4 : 42 : [illegible].	
Dilys Beynon	5 : 56 : [illegible].	
Pat Dawson	6 : 32 : [illegible].	
Kevin Murphy	6 : 18 : 00.	
Paul Tew	6 : 37 : 00.	
Jean Wilkin	6 : 33 : 00.	
Elaine Jordan	6 : 55 : 00.	
John Alexander	6 : [illegible] : 32.	
Margaret Smith	7 : 27 : 30.	
John Humphries	7 : 41 : 30.	
John Alexander	7 : 42 : 32.	
Ken Bailey	7 : 57 : 35.	

Loch Rannoch (10½ miles).

Kevin Murphy	5 : 35 : 00.	

Two-way Coniston (11 miles).

Bob Keating	6 : 39 : 00.	
Margaret Smith	8 : 22 : 22.	(Ladies 3/stroke rec'd)
Ken Bailey	? : 40 : [illegible].	

Humbles to Portheardo (12 miles).

Dilys Beynon	2 : 30 : 00.	
Kevin Murphy	5 : 52 : 00.	

Ashton-on-Naze to Bredwell Power Station (12 miles).

Kevin Murphy	? : 00 : 00.	

Two-way Windermere (20½ miles).

Dilys Beynon	13 : 12 : 00.	(Ladies record)
Kevin Murphy	12 : 40 : 00.	
Paul Tew	14 : 52 : 00.	

English Channel (21 miles).

Paul Tew	12 : [illegible] : [illegible].	

Two-way English Channel (42 miles).

Kevin Murphy	36 : 10 : 00.	

INDIVIDUAL POINTS - 1973.

Kevin Murphy	136½	Chris Carter	34	Arthur Williams	34
Paul Tew	97	John Keary	32½	Alan Humphries	4
Dilys Beynon	75	John Humphries	32	Paul Pochanch	3
Margaret Smith	59½	Maurice Ferguson	20½	Carole Nonis	2
John Alexander	56	Jean Wilkin	24	Claire Allan	1
Pat Dawson	54½	Bob Keating	20		
Bill Dutton	53½	Elaine Jordan	18½	GRAND TOTAL = 823½	
Ken Bailey	49½	Kevin Ferguson	16		
		Gina Clarke	16		

[illegible]

[illegible] 1975.

Date : Saturday, 14 June 1975.
Conditions : Dull and windy. Later temperature 64 Deg. F.

JUNIOR LADIES (2 MILES).

1.	Gareth Simpson	49 :	10.
2.	David Goble	50 :	00.
3.	Nigel Metcalfe	57 :	49.
4.	Richard Jagger	1 : 01 :	49.
5.	Andrew Keetley	1 : 03 :	13.
6.	Kevin Ferguson	1 : 07 :	36.
7.	Stephen Savage	1 : 17 :	25.
8.	Michael Cooper	1 : 29 :	31.

JUNIOR LADIES (2 MILES).

1.	Lindsey Read	[illegible]	
2.	Carol Bradford	53 :	[illegible]
3.	Alison Roberts	56 :	[illegible]
4.	Gina Clarke	[illegible]	
5.	Denise Bartholomew	1 : 03 :	[illegible]
6.	Lynn Cassidy	1 : 07 :	[illegible]
7.	Elaine Jordan	1 : 15 :	34.
8.	Jane Gough	1 : 23 :	02.

JUNIOR MEN (3 MILES).

1.	Mark Ashley	1 : 09 :	40.
2.	Martin Richards	1 : 13 :	28.
3.	Richard Baker	1 : 16 :	12.
4.	Godfrey Admans	1 : 19 :	42.
5.	Richard Hatfield	1 : 20 :	10.
6.	Bill Dutton	1 : 20 :	10.
7.	Gino Wilson	1 : 22 :	50.
8.	David Mace	1 : 23 :	15.
9.	Chris Carter	1 : 23 :	56.
10.	Roger Parsons	1 : 24 :	33.
11.	Ian Carey	1 : 24 :	35.
12.	Terry Lyons	1 : 25 :	10.
13.	Eric Millic n	1 : 28 :	23.
14.	Kevin Murphy	1 : 28 :	20.
15.	Stanley Hey	1 : [illegible]	
[illegible]	Peter Cannon	1 : 31 :	20.
17.	Ken Keithley	1 : 30 :	04.
18.	Robert Phillips	1 : 38 :	07.
19.	John Metcalfe	1 : 39 :	56.
20.	Paul Tow	1 : 41 :	40.
21.	Robert Keating	1 : 42 :	53.
22.	John Alexander	1 : 45 :	30.
23.	Colin Burnett	1 : 46 :	24.
24.	Chris Tebbutt	1 : 48 :	43.
25.	Gerry Forsberg	1 : 49 :	10.
26.	Maurice Ferguson	1 : 49 :	16.
27.	David Nash	1 : 51 :	10.
28.	Robert Ridley	1 : 55 :	10.
[illegible]	[illegible]	[illegible]	
32.	Dave Whatmough	2 : 00 :	00.
33.	John Humphries	2 : 00 :	23.
34.	Trevor James	2 : 03 :	24.
35.	Cedric Webster	2 : 03	30.
36.	Derek Jones	2 : 05 :	19.
37.	John Terry	2 : 05 :	45.
38.	Dave Pell	2 : 06 :	32.
39.	Derek Dukes	2 : 07 :	35.

Cont.

40.	Leslie Cassidy	2 : [illegible] :	39.
41.	Ken Lumb	2 : 10 :	10.
42.	Paul Rushworth	2 : 12 :	53.
43.	Ken Bailey	2 : 13 :	04.
44.	Jeff Wiley	2 : [illegible]	
45.	Arthur Williams	2 : [illegible]	
46.	William Brown	2 : [illegible]	
47.	Paul Kochanek	2 : [illegible]	
48.	Percy Dull	2 : [illegible]	
49.	Ivor Roberts	3 : 05 :	[illegible]

1.	Elisa Brook	1 : [illegible]	
2.	Carol Pines	1 : [illegible]	
3.	Jayne Atkins	1 : [illegible]	
4.	Dilys Boynon	1 : [illegible]	
5.	Anita Smith	1 : [illegible]	
6.	Pat Dawson	1 : [illegible]	
7.	Susan Shand	1 : [illegible]	
8.	Kim Harris	1 : 44 :	01.
9.	Caroline Catley	1 : [illegible]	
10.	Jill Smith	1 : [illegible]	
11.	Julie Russell	1 : [illegible]	

[illegible] - ABDY.

1.	Saddington Rob	[illegible]	
2.	Warrington D's.	[illegible]	
3.	Abercynon	[illegible]	
4.	Bradford	[illegible]	
5.	Surrey Ladies	[illegible]	

BRADFORD AND DISTRICT LONG DISTANCE SWIMMING CLUB

1975, really was 'Webb' year for our Club, with Suzanne Lodge conquering the Channel in 16 hrs. 5 mins. on 30th July 1975. A wonderful achievement, we now have 7 Channel swimmers on record. Disappointment for Barry Watson, who after several trips to Dover was unable to fulfil his bid owing to adverse weather conditions. So too for Chris Websdale who was unsuccessful in his attempt to cross the Straits.

Once again our 2/Way Windermere Championship proved to be the challenge of true marathoneers, and with a total of 9 entries we had 6 completing the 21 mile swim. Our Ladies champion, Dilys Beynon breaking the record in 13 hrs. 13 mins. Michael Read attained 1st position yet again in the Men's event. The [illegible] Channel [illegible].

The Junior Championships, Wharfe 'Open' Mile, was won by David Goble in a new record time of 22 mins. 15 secs., with Carol Bradford winning the Girls event in 23 mins. 14 secs. Nigel Metcalfe and Annette Brodie were presented with the 'Club Nominee' trophies. Derwentwater, was yet again an enjoyable event with David Goble in 1st position 59 mins. 47 secs., Annette Brodie completed the lake to attain the Girls Championship. A 'Merit Award' was presented to Trevor Carter for his endeavour to complete the swim, after a long stay in 'dry dock' earlier in the season.

Ullswater our Senior Championship was won by Douglas Graham in 3 hrs. 37 mins. achieving his long time ambition. 'Well Done', Douglas. The Ladies Championship went to Suzanne Lodge in 4 hrs. 2 mins. 25 secs. with Catherine Walker in 2nd position. The 'First Attempt' trophy was presented to Jeff Paley, who completed his swim in 4 hrs. 56 mins. 30 secs.

I certainly have enjoyed 'Webb Year' and sincerely congratulate all members on their endeavours this season, thanks to Committee for their help and assistance, and look forward to '1976' being equally as good, if not better.

Results

Senior Championship.....Ullswater		7½ Miles	Water Temp 62F	
1. Douglas Graham	3.32.37.	1. Suzanne Lodge		4.02.25.
2. Barry Watson	3.57.04.	2. Catherine Walker		4.52.55.
3. Chris Websdale	4.12.34.			
4. Jack Kerwin	4.13.22.			
5. Jeff Paley	4.56.30. (1st Attempt Trophy)			

2/Way Windermere	21 Miles	Water Temp 57F	
1. Michael Read	12.02.00.	1. Dilys Beynon	13.13.00
2. Ian Reid	14.32.00.		(New Record)
3. Peter Larrad	14.37.00.		
4. Paul Tew	14.55 00		
5. Peter Cox	18.13.00		

9 entries 3 retired: B. McNae, P. Dyton, J. Winter

Derwentwater Junior Championship		7½ Miles	Water Temp 62F	
1. David Goble	59.47.	1. Annette Brodie		1.43.17.
2. Nigel Metcalfe	1.02.57.			
3. Richard Jagger	1.04.24.			
4. Trevor Carter	1.43.31.			

Wharfe 'Open' Junior Championship.		Water Temp 57	
1. David Goble	22.15. (R)	1. Carol Bradford	23.14.
2. Brian Watson	22.32.	2. Susan Johnson	25.25.
3. Nigel Metcalfe	24.01.	3. Denise Bartholomew	26.13.
4. Stephen Gilbert	24.01.	4. Jean Nuttall	28.52.
5. Richard Jagger	25.05.	5. Carole Monks	31.15.
6. Ian Robinson	25.05.5.	6. Beverley Hughes	32.00.
7. David Cooper	26.40.	7. Sally Birch	34.42.
8. Wayne Hirst	26.54.	8. Annette brodie	36.11.
9. Keith Pratt	27.30.	9. Eileen Gale	38.40.
10. David Keatley	28.10.	10. Margaret Crannigan	46.30.
11. Philip Kershaw	28.10.		
12. Clive Swann	30.30.		
13. Andrew Hunter	34.17.		

14. Mark Smith 38.55.
15. Trevor Carter 41.57.
2? entries....1 non-starter Gillian Hoyle.

Members Individual Swims

Margaret Smith	Whitehead Co. Antrim to Banger Co Down	6.12.19.
	7¼ Miles Breast Stroke Record subject to confirmation.	
	Coniston Two Way	9.23.23.
	11 Miles Breast Stroke Record.	
Douglas Graham	Bala Two Way	3.37.12.
	Walton/Clacton	2.47.03.
Jack Kerwin	Coniston	3.14.00.
	Coniston Two Way	7.25.00.
	Coniston Three Way	12.25.00.
Albert Coward	Coniston Two Way	9.00.00.
	" " "	7.30.00.
	Around Isle of Ischia (Gulf of Naples, Italy) 18 Miles.	12.54.00.
Chris Webdale	Hythe to Folkestone Inaugural Swim	3.00.00.
Ewart Greenwood	Coniston	3.15.00.

Dorothy M. Perkins, 9, Bentfield Cottages, Clayton, Bradford, BD14 6DJ.

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SURREY LADIES' SWIMMING CLUB

After a lot of concientous effort during the Winter training period, our swimmers faced the 1975 season determined to carry on in the same successful vein as last years. Pickmore Lake Championship, an eagerly awaited first swim of the season, gave us the chance to renew many old acquaintances. Jane Gough, our only Junior entrant was 8th, then in the Senior race Carol Pines, Susan Shand and Caroline

[illegible] Langold, a good effort, Susan Dunne was 3rd and Jane Gough 7th.

On the same day Carol Pines had a Solent swim, she put up a new Southsea-to-Ryde record, breaking her old record by 12 minutes. Very rough and windy, but tactics of head down and tail up produced the result. Caroline Oakley had a Southsea-to-Ryde swim in July, a cross wind and rough sea pushed Caroline well down Channel, against the tide and conditions with great determination she kept going and finished in just over 3 hours. Later in the season was a Southsea-to-Ryde swim for Susan Shand a bit rough out in the Solent, but a good workmanlike effort from Susan, who seems to take everything in her stride without much fuss, gave us another success.

Coniston Lake, with its changeable weather was a good outing for us. For the race, leading up to the start it was rain and mist, but within a short time we experienced a beautiful day with Carol Pines finishing first. Thanks here to Andy Davidson for the boat ride.

The highlight of the season was the Captain Webb Centenary Channel Relay. Three of our girls were selected, Susan Dunne and Carol Pines as members of the B.L.D.S.A.'s Ladies team and Susan Shand, 1st reserve for the mixed team. Notwithstanding seasickness, the finish turned into a hard slog with Carol and Sue Dunne using the Minesweeper as escort. A successful swim, with an enjoyable reception to follow.

After a weeks rest, Carol swam into a 1st place at Lake Bala. Typical Welsh weather - raining and blowing (I suppose they do have warm sunny days there). The visit to Essex for the Walton-toClacton swim is a much looked to event. Nice weather and calm conditions for the start, chopping up at the finish. Local girl Linda Westlake beat Carol into 2nd place by approximately 200 yards. The reception and dance in the evening lived up to its usual high standard.

The last swim of the season had all our Senior girls on hand for the Open Poole Harbour Race, Carol Pines, Susan Shand and Caroline Oakley. Looked on as a nice short swim to end with, it turned out to be anything but that. The weatherman must have saved it all up for the occasion, torrential rain and rough seas gave us all a bad time. 'Us' being the respective 'Dads' of the girls, in the accompanying boats, we got as wet as our daughters, and true to say colder as I'm sure it was warmer in the sea. All the girls swam really well in such conditions. A good race

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and an exciting finish with Carol coming 1st, beating second place girl by 43 secs. Susan was 5th and Caroline 6th, both girls improving on last year's positions.

Writing this account one relives the many enjoyable outings and incidents of the '75 season, and of the new friendships made and old ones strengthened. My grateful thanks to all those hardworking organisers, boat crews and officials for their efforts in giving us the chance to undertake so many swims. To the many friends and acquaintances we wish you well for 1976.

A.C. Pines, 5, Canbury Avenue, Kingston-upon-Thames, Surrey.

SOLENT SWIMMING CLUB

1975 will go down as one of the best years ever. A glorious warm summer, many new records, and a record number of successful crossings organised and observed by the Club. Despite the good summer, we did have some bad weather, and unfortunately had to cancel a few swims. The Solent has become more hazardous in recent years due to increased traffic, and obviously safety of all concerned is uppermost in our minds. Swimmers must bear with us therefore, if we decide that the weather is too bad, and cancel their swim.

With so many meritous swims, it is difficult to know where to start. Why not at the beginning? WALLY PARSONS started off with a Ryde/Southsea on the 11th May in 1.34.41. The water was cold, and Wally's swim goes down as the earliest crossing of any year. Wally rounded of an extremely successful season by breaking one of our longest standing records - The Three Piers in 4.10.04. CAROL PINES took the ladies Southsea/Ryde record in 1.45.55., and she now holds both single crossing records. Bad weather prevented her completing a Three Piers attempt, a swim yet to be achieved by a female. JOHN KNAPP gave us the pleasure of his company early in July, and became the first person ever to swim the Solent on butterfly, in 1.56.13. JOHN MILLER did breastroke for his first attempt at the Solent. Aged 47, he only started swimming a couple of years ago, and did Ryde/Southsea in 2.59.56. Welsh international DAVID COMETSON made his first swim a few days after John Miller, and took Wally Parsons' Ryde/Southsea breastroke record in 1.19.50. - quite a swim!

Another newcomer was JUDY THAXTER - did a double first time in 5.36.49. Another first was Caroline and John Ayling's joint effort in 2.00.56., daughter and father, and Caroline's first swim. GERRY FORSBERG came down after something like a 20 year absence and took the over 40's and 50's Ryde/Southsea record in 1.36.33. JIM READ did a double in terrible conditions in 3.45.20., which included a long walk along Ryde sands to get back on course! WILLY VAN RYSEL lowered her veteran's Ryde/southsea to 1.44.08. This, and Gerry's time will stand for a long, long time. Another ladies record went to Anne White for her Ryde/Southsea on breastroke in 1.33.59. One of the last swims saw TERRY LYONS take the men's over 40 Ryde/Southsea in a fantastic 1.14.11., and in (I think) the third fastest time ever. If the veterans keep these times up, the youngsters might as well pack in!

In addition to the foregoing, the Navy beat us again in the annual two way relay, and a team of "amateurs" from a local hotel collected £100 for charity on their relay swim. Richard Glynn did three more crossings, taking his total to 20, and still five in front of Brian Renn who also managed three. James Renn did two Southsea/Ryde's, one in conditions not really fit for anyone to swim in, and a second, on the first leg of a double attempt - ultimately mucked up by his dad! Keith Richards did two fast crossings trying to break his own records, but advancing years, booze and late nights beat him! Seriously, Keith did so much work that he couldn't get his training in, and "drove" the boat more than anyone else. Our thanks also to Jim Bland (as usual), and to John Miller for obtaining the safety boat and helping out whenever asked. My apologies if anyone has been left out, but it's been a long, hard season. We still need more people who can "drive" the boat otherwise a cut back on crossings will be necessary. Offers to Keith Richards by return please!!

Valente Trophies this year went to:-
Men:- Wally Parsons for his new record on the Three Piers Swim.
Women:- Anne White for breaking the ladies Ryde/Southsea breastroke time on her first ever swim.

The Kingston Cup:- Gerry Forsberg for his men's new Ryde/Southsea over 40's, over 50's and over 60's record. (This Cup is awarded to anyone not qualifying for the Valente Trophies).

Brian Rann, 68, Parkstone Avenue, Southsea, Hants, PO4 0QZ.

SOUTH WALES COAST

One of those all too infrequent years of good temperature and predominantly flat water, in which swimmers who had adequately prepared made the most of their frequently available opportunities with some resounding successes. Others seemed to be bewildered by the over clement conditions and either wallowed with a sensuous excess or misused the opportunities with mediocre prestige performances. However the most important thing is that everyone should enjoy their swimming and each must work out his own salvation with diligence, and conform his conduct appropriately. It is only on his personal criteria that a swimmer can assess in retrospect the success or failure of a past season.

A magnificent first long distance performance in the channel - Mumbles - [illegible] put up by Mair Williams, and it is also very encouraging to have more local seniors entering this event. Although it is not the area covered by this report, I would like to note favourably the local juniors who put up such a magnificent and creditable performance at Bala Lake.

Ted Keenan conquered the Bristol Channel and became the second swimmer to have swum the three channels, the English Channel, the North Channel and the Bristol Channel. Ted tackled this swim with all the expertise of a veteran entrepreneur and it was indeed a privilege to be able to witness such an accomplished performance. No less an achievement was the dedicated work of crewmen JOHN PERROTT and IVOR ROBERTS who were both involved in some activity or other continuously for 24 hours.

This kind of achievement cannot be made without a first class swimmer and neither can it be successful without a first class pilot. The instant decision made by John Lewis of Port Talbot who brought Ted across the centre of the NASH BANK, (where angels fear to tread), undoubtedly made a success out of what at one time seemed inevitable failure. I never cease to be amazed at the number of different tide nips that flow in the Bristol Channel varying from still water to six knots on the neaps, and frequently in the opposite direction to the anticipated flow of the main current. John Lewis encompasses all problems as they arise with the equanimity of the master mariner and his aura of confidence is an inspiration to the marathoneer who has been fortunate enough to secure his pilotage.

On the negative side we have to commiserate with Len Cox sustaining a wrist injury which prevented him from any early season activities and undoubtedly affected his late season performances. Brian Ham has also been in dry dock for the whole

Championships

Swansea to Mumbles — 3¼ miles — June 22nd 1975 — Conditions very good — Temp. 62F — Pilot J. Lewis

1. T. Baker	1.24.15.	1. Mair Williams	1.29.00.
2. T. Greyford	1.31.00.	2. Lindsey Reed	1.31.00.
3. M. May	1.31.30.	3. Eira Davies	1.32.00.
4. R. Phillips	1.38.45.		
5. D. Grey	1.44.15.		
6. V. Davies	2.09.45.		
7. L. McVitie	2.12.15.		

Mumbles to Aberavon — July 12th — Cancelled due to weather conditions.

Swansea to Aberavon — Sat July 26th 1975 — Pilot J. Lewis

Wind light westerly raising to force 4, choppy. Temperature 64F.

1. Kevin Murphy	5.57.00.	1. Dilys Beynon	5.30.00.
2. Robert Phillips	6.02.00.	(New Ladies record)	

Individuals

Mumbles - Swansea - Mumbles — 7 miles — May 31st 1975 — Wind Easterly force 3 Temperature 57F — Sea conditions good. — Pilot John Lewis.

MTS

John Baker 3 hrs. 25 min.
The first leg Mumbles to Swansea 1 hr. 38 min. (an inaugural record).

July 17th Bristol Channel 23 land miles
Ted Keenan. Northern Ireland.
Temperature 62 - 66F Wind light rising to Force 4 Conditions fair.
Time: 14.26.15. (A new all comers record) Pilot J. Lewis.

I have tried to obtain confirmation of other swims in this area. Members will [illegible] any swims which are not ratified by club officials, or by observers appointed by our association.

It has not been possible to get a tide table for 1976 at the time allowed for the completion of these reports. The Swansea to Mumbles Championship should be on a Sunday the nearest tide to the end of June. Mumbles to Porthcawl will be on a Saturday suitable tide either end of July or early August. It is becoming too expensive to circularise swimmers with information, applications for these swims should be made during early May and please enclose S.A.E. Aspirants to the Bristol Channel should apply to me by March 1976 stating what period of the season they would like to make the attempt.

Best Wishes and Good Luck to all in 1976.

Peter Tyrell, 7, Chesshyre Street, Brynmill, Swansea, SA2 ODB.

JERSEY LONG DISTANCE SWIMMING CLUB

1975, only the second year of our existence, has proved to be such a successful one for our Club that we will probably be considerably older before we equal it. As well as our own Championships in Jersey, two of our swimmers tackled the Channel successfully at their first attempt and the Capt. Webb Centenary Relay afforded all our swimmers an opportunity to acquaint themselves with that world renowned strip of water.

For us the year did not start too auspiciously as we had to cancel our first event of the year, our 3,000 metre Championship. This was due to a change of policy by the administrators of Fort Regent Pool and their insistence on the payment of hourly rates which, though probably reasonable for Clubs bigger than ourselves, proved too much for our slender finances and so, regretfully, we had to cancel. As this is the event we regard as a recruiting swim, its cancellation was doubly unfortunate. However not wishing to be too hard on the authorities, we must thank them for allowing us some sessions during the winter months which enabled our swimmers to get fit for the time when the sea water temperature rose sufficently for our swimmers to train where it doesn't cost us a penny.

Having had a team accepted for the Channel Relay, we were forced to economise in other directions and so, this year unfortunately, we were unable to send anyone to any of the U.K. swims such as Langold and Waterloo Lake and renew friendships which we had formed in 1974. Nothing is free, they say, and so despite the fact that we are fortunate enough to train in ideal conditions for several months of the year, our free, our friend the sea, becomes a darned nuisance when it comes to crossing it to compete in events in England.

That being so, our first competitive event of 1975 was our Skol International Open Championship. Oh dear! what problems, what wailing and gnashing of teeth that caused us. After our successful event of 1974 we were looking forward to a large entry from Great Britain. We fixed the date, July 26th, nice and early and I wrote off on Jan. 18th informing, I thought the right people of this date. I heard no more and, apparently no more did the appropriate person in England for, when the programme of swims came to be compiled, as my letter was not around, it was believed that I had omitted to notify the date of our Championship and so it was advertised for the same Saturday as in 1974 which, in 1975, was August 24th. It is amazing how, when things start to go wrong, everything goes wrong. I then never received [illegible] entry, what is, until we were [illegible] started arriving. [illegible] mail! ' I thought when I opened the first one, 'He's misread July 26th for August 24th.' However, when all the subsequent ones arrived mentioning the same date I real-

ised (I'm quick like that!) that a clanger of great magnitude had been dropped. Letters, frantic 'phone calls etc. etc. but it was too late. Everyone had their dates booked and couldn't come when we had to hold it and so we ended up with only one U.K. competitor, Nigel Metcalf. Thanks for making it Nigel! We hope you enjoyed it.

Well, all that having gone wrong, the fates relented and we had a beautiful day and a perfect tide. We had changed the course this year for the Juniors so that everyone finished at Bouley Bay. This improved the swim no end and made it much more interesting for swimmers and spectators alike and we will now keep it that way. Sally Minty and Nigel Gates having no competition in their respective classes at least had the satisfaction of improving on their times of last year. Linda Devereux too, had no conpetition but had the satisfaction of getting home two minutes ahead of the first boy. (This sort of thing can only lead to male chauvinism, so watch it Linda!). The boys then were the only ones left with a battle on their hands, and in the event, Jeremy Le Maistre pipped Ian Le Breton with Trevor Le Page and Nigel Metcalf sharing third place only two minutes ahead of Robert De St Croix. Finally David Minty came in to complete the field in 2 hours 7 minutes which, considering this was his first competitive long distance swim, represented a very creditable performance.

Three short weeks after and the event we had been looking forward to and worrying about in equal measure, the Channel Relay, was upon us. This was an event which had occupied everyone in the Club. Mums forever making coffee and drying wet towels and clothing, Dads launching boats at ungodly hours and risking hernias lumping outboard motors up and down slips. The swimmers themselves who had trained fantastically and Maurice and Jo Lakeman who always seemed to be everywhere chivvying everyone on to greater efforts. Well it all proved worth it and we are unashamedly proud of coming second to Egypt and pipping Great Britain. This really became an Island event in the end. We received fantastic financial support from business houses and many individuals. Mr. Connolly and Mr. Day put their beautiful boat, the Mickekals, at our disposal for a whole week. Our friends, Tony Watton and John Bouteloup, paddled their canoes across the Channel and Mike Kempster may well have become the first person to cross the Channel in a rubber dinghy. Our thanks to the organisers too for the imagination they showed in planning such an event and for their hospitality. It will be a long time before we forget it.

Well, that was barely over when Sally Minty and Linda Devereux set off for Dover for their solo attempts and they certainly did our Club and our Island proud. Sally went first and crossed from England to France in 11 hrs. 57 mins. and thus became the fastest British swimmer, male or female, to cross the Channel in history. This achievement secured for her the magnificent Trophy awarded by the Channel Swimming Association. Linda crossed in the same direction in 12 hrs. 5 mins. and she became the youngest British swimmer ever to have conquered the Channel. Neither of them had particularly good conditions and their successes speak volumes for their grit and determination and the meticulous attention to detail which Maurice and Jo Lakeman had put into their training.

Still not satisfied, Sally went straight from Dover to Windermere where she repeated her performance of 1974 and again took second place in the Ladies event there.

Our last event of the year was dogged by bad weather which, as it was planned for Sept, 13th was, perhaps, not surprising. The course was unswimmable on that day because of strong S.E. winds, so we tackled it the next which was a little better but not much and the boatmen again ended up as wet as the swimmers. On that day Nigel Gates became mens champion and Sally Minty the ladies champion, Jane Luscombe taking the girls title. Unfortunately there was a misunderstanding in the boys event and this was re-swum the following Sunday when Jeremy Le Maistre finally took the boys title. Three goes at one championship - we don't want to do that too often.

So undoubtedly 1975 has been a year of satisfaction for all of us. We are all still learning. We are probably keener than ever and we look forward to 1976 and possible will come 'over here' for our next international match, in the meantime, event that you are still reading, will be on August 14th 1976. See you all again soon we hope!

Brian Le Breton, 'Primrose Hill', Mont au Prêtre, St. Helier, Jersey, C.I.

WARWICKSHIRE LONG DISTANCE SWIMMING ASSOCIATION

Our small, but enthusiastic group of swimmers continued to keep W.L.D.S.A. 'on the map' during 1975, although following Kevin's epic Channel swim, we nearly hung our trunks up en bloc. During May the local Council decided we must vacate our changing hut. Armed with axes, tow-ropes and matches our hut was torn down and ceremoniously burnt. Such are the problems of our luxury swimming facility known as the pit. Emphasis on the pit is deliberate as it is all we have and we do make [illegible] tionally. Non-regulars note - strict rules will apply during 1976. Please observe correct time for swimming. The level of water has now dropped to the extent that Percy can practise in muddy water, should he repeat his dredging of Morecambe, ref. J.L.S. 1972. Evasion of serious swim results is due to inheriting the clowning of the celebrated Rex Williams. He is still with Speedo and they now have Percy's size.

Percy, still the mayor at the Queen's Head, Bretford, finished the season by reducing the water level by 1 foot at the Master's swim following a 'grab' start. Bertha Ayres of undisclosed age, swam well. Dave refused to start, since his racing start is a qualification for deep-sea diving. In June, our 3 mile Spring Handicap was held after a snow-storm. Despite abuse from John Alexander temperature was 52F. Attempts to fix the handicap failed and Maurice Ferguson won the trophy. A maximum of eight visitors will be allowed in the swim in '76. 'First come, first served'. Francis, deciding discretion the best part of valour due to temperature, put his rescue canoe to good use.

It is not possible to list all results, but one or two swims deserve mention. Gareth Simpson first place Pickmere junior. Francis, personal best at Windermere, will enter Loch Lomond in '76. Percy swimming from Brixham to Torquay. Even cans of beverage hanging from a canoe could not induce Percy to swim faster. After her first year with us as a senior, Jill Smith joined the army. Ricky Hardcastle, after hard training, hopes to complete at least one swim in '76. Former breaststroke champion, Dr. Bryan Finlay, joined us on vacation from Canada. During the 'Veterans' weekend he returned a probable Coniston 2-way breaststroke record. Arthur Ayres and Arthur Endersby continue to support our Association and are still swimming. A.A.'s still polo referee and instructor. A.E.'s dinghy is invaluable. Dave can't think of any swim performance worth a mention, but [illegible]

Following intense indoctrination, newcomer Derek Jukes from Aston polo club, joined our ranks. After a successful first season, he admits the sport has changed his life. We know the feeling. Derek completed 2-way Bala in poor conditions and following rigorous winter calisthenics promised us a big swim in '76.

W.L.D.S.A. organised the Coniston event, (see separate results) H. Booth A.S.A. (N.C.) President, and big John O'Hara were in attendance. At the time of writing a Boxing Day swim is being organised. Tentative date December 26th! A joint venture with our friends at the local sailing club. Having enjoyed the company of other swimmers during the season our unruly lot look forward to another busy season in 1976.

David G. Fell, Hon. Sec. W.L.D.S.A., 139, Lavender Ave., Coventry, CV6 1DJ.

W.L.D.S.A. CONISTON

On the 20th July 1975 the Coniston Championships were started in glorious sunshine. After a delayed start due to heavy rain the races were started by the Northern Counties A.S.A. President. As usual the Ladies following the men by 5 minutes. In the ideal conditions that followed we saw many personal best times and also some first time successes. Among the first time successes was the mens Championship Winner VINCENT BARTER. Also creeping higher up the result position was Chris. Websdale. Nice to see Father and Son in the same race Maurice and Kevin Ferguson (Dad won by just over one minute). Also congratulations to Anita Smith who came back this year after last year's failure. Without going into pages of reports it is impossible to mention everyone, so please accept my apologies. To everyone who entered, well done and I hope to see you next year. Please note as from next year we are hoping to hold the Championships on a SATURDAY.

Results

1.	V.P. Barter	2.17.20.	1.	Carol Pines	2.50.20.
2.	R. Hatfield	2.22.15.	2.	Pat. Dawson	2.57.40.
3.	R. Parsons	2.29.00.	3.	Dilys Boymon	3.02.44.

ACS

4.	T. Dillon	2.34.00.	4. Anita Smith	3.09.37.
5.	M. Millican	2.35.50.		
6.	P. Stephens	2.40.55.		
7.	I. Carey	2.48.35.		
8.	K. Keighley	3.11.55.		
9.	C. Websdale	3.12.10.		
10.	J. Alexander	3.13.32.		
11.	M. Ferguson	3.16.21.		
12.	K. Ferguson	3.17.45.		
13.	G. Forsberg	3.19.45.		
14.	V. Humphries	3.49.42.		
15.	A. Ayres	3.57.22.		
16.	R. Ridley	4.00.30.		
17.	C. James	4.41.20.		
18.	K. Bailey	5.03.21.		

Date for Coniston 1976 - Saturday 17th July.

Francis Allen, 1, Albert Clarke Drive, New Invention, Willenhall, WV12 5AD.

ESSEX LONG DISTANCE SWIMMING ASSOCIATION

Teenagers took the honours in the ninth Walton to Clacton swimming championships on 6th September. For the first time in our short history both ladies and mens titles were won by Essex swimmers. How pleased the committee were that we had stood our ground and held our swim on the same day as Windermere. We not only had a reasonable number of entries, but also pleasant conditions. One wonders what would have happened had we altered our date.

Ian Goss, 16, from Havering broke the existing record in his first sea swim, then had to speed home to get a change of clothing in time for the reception in the evening. No doubt he will come prepared next year. Linda Westlake, one of three local competitors took the women's title, like Ian she was competing for the first time. Peter Mallows deputising for Sir Harold Parker, started the race, with Lt. Col. H. Harvey Williams, setting the men off five minutes later. They then dashed round to Clacton Pier, with the other Officials, to greet the swimmers at the life-boat steps. Betty Condon, how pleased we were to see her, completed the course using backstroke, and therefore set up a record. Though she admitted afterwards that she had wanted to give up, but was talked out of it, or was it that the boat wouldn't go near enough? We understand that Betty has booked the same crew for next year!

Throughout the race boats patrolled the course, some equipped with radios, one with a doctor on board. Police and coastguards are alerted, in all we take every pre-caution that we can think off, and are indebted to all those who help us through-out the swim. As usual our reception was up to standard, - food and band were great stuff! Lt. Col. H. Harvey Williams presented the awards, and then went on to become a life-member.

In July we suddenly found ourselves without a Treasurer, our thanks to Hillary Turner who so quietly and efficiently stepped into the breach. So well has she done the job that our bank balance has gone up!, which is a rather nice way in which to start a new year.

Results

1.	Ian Goss	1.53.07.(Record)	1.	Linda Westlake	2.14.05.
2.	Keith Line	2.10.17.	2.	Carol Pines	2.19.04.
3.	Terry Lyons	2.15.12.	3.	Betty Condon	2.59.02.
4.	Jeff. Tanner	2.23.19.		(Backstroke record)	
5.	Kenneth Keighley	2.28.19.	4.	Maureen Eastman	3.03.16.
6.	Norman Trusty	2.36.22.			
7.	Douglas Graham	2.44.00.			
8.	Hugh Arnot	2.57.07.	Next years swim: 11.9.76 8.30 a.m.		
9.	Peter Haines	3.30.49.			
10.	Derek Pearce	3.42.17.			

Maureen L. Eastman, 84, Holland Road, Clacton-on-sea, Essex. Tel: Clacton 25972.

COLNE VALLEY AMATEUR SWIMMING CLUB

The Summer we have had caused problems for the C.V.A.S.C.'s outdoor swimming in the local resevoirs: Sparth and Hill Top (Slaithwaite) being well down in the water level. Over the Club's Annual Open Water Swim had to be cancelled for the season. Unfortunately the Club lost some of their promising young swimmers. Michael Gibbins is now in Ayr, Scotland as Deputy Manager at the local swimming pool. Angela Stewart is now in the West Yorkshire Police Force and was a member of the Cadet Police team to swim at Cardiff. Christine Heys is now on the Nursing Staff at the Huddersfield Royal Infirmary. Jane Bell has removed to South Shields. All three girls entered many of the Junior B.L.D.S.A. events in the past. However one or two senior male members of the Club have taken over, as oarsmen for B.L.D.S.A. events.

The Club has had quite an active season with a visit to Overath in Germany last January with Overath winning the usual swimming events by 52 points to C.V.A.S.C. 45 points. Also the same month, a splendid swim was completed when Mr. Hubert Haywood a senior member of the Club swam 1 million yards to gain the A.S.A. Supreme Award. At 54 years of age, it was a very fine swim for Mr. Haywood who collected the medal at the Annual Presentation Dinner a few weeks ago.

Dallas Gillchrist a junior Club member won the Junior and Senior Gents Kirklees and District A.S.A. Life Saving Championship. In the Girls event, Fiona Kyle was first, Lorraine Tibbot second, and Carol Sutcliffe third. The Senior Ladies event was very closely contested with Linda Gibbins taking second place.

An Arts and Crafts evening was held in October with members' exhibits which were in four classes and prizes were awarded to members for the best exhibits. Later the sale of exhibits realised the sum of £150 towards Club funds.

The Club held their Annual Swimming Gala of which there were 166 entries and the the event had to be held on two consecutive evenings November 13th and 14th owing to the number of entries. The baths were full to overflowing and some very good swimming was seen. The C.V.A.S.C. President Mr.R.T. Algar presented the trophies etc. at the end of each event.

Wilf Toulcher, 814, New Hey Road, Outlane, Huddersfield, HD3 3YW, West Yorkshire.

LAKE WINDERMERE SWIMMING ASSOCIATION

Windermere cross Lake Swim - Starter and referee: J.G. Couplethwaite, Judge: J.W. Jacks, Timekeepers: K. Atkinson, D. McVey, Medical Officer: Dr. Earnshaw. Presentation of Trophies and Certificates after the swim by Leslie Hewkin Esq. Chairman, Troutbeck Bridge Swimming Pool.

The Lake Windermere Swimming Association would like to thank the Sea Scouts, the South Lakeland District Council, the Police, the Medical Officer, the St. John's Ambulance Brigade, Walker Sports and all other persons who have helped with this race.

Results

1.	David Goble	22.12.	1.	Lesley Kay Brown	21.45.
2.	Roy McGregor	22.57.	2.	Carol Bradford	22.50.
3.	Garry Martin Twist	23.20.	3.	Elise Brook	23.15.
4.	Nigel Metcalf	24.16.	4.	Wendy Archer	23.?
	Ian Robinson	24.16.	5.	Margaret Earp	24.05.
6.	Steven Holt	24.34.	6.	Denise Bartholomew	25.24.
7.	David Andrew Keetley	25.31.	7.	Susan Johnson	25.2?.
8.	Gareth Archer	26.14.	8.	Joanne Thorne	
10.	Anthony Trafford	27.07.	10.	Andrea Metcalf	28.25.
11.	Simon Richard Gregory	27.55.	11.	Christine Goble	33.15.
12.	Martin Greenbank	29.33.	12.	Annette Brodie	33.30.
13.	Christopher J. Simm	30.59.			
14.	E.C. Greenwood	31.48.			
15.	John Swift	32.55.			
16.	Peter Summerscales	46.33.			

J.W. Tyson

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A.S.A. LONG DISTANCE CHAMPIONSHIP

Greetings and good wishes once again to all my friends at the round up of another good year of swimming. The smooth running at Trentham as at other venues goes to show the goodwill and friendliness of our members giving their all to the sport they love. My appreciation and thanks are for everyone who have helped in even the smallest way to make the day pleasing and worthwhile. The little band who arrive to mark the course, and Trentham Gardens staff and services which are arranged do so much for us each year, thank you.

The entry of 24 Men and 10 Ladies was a good effort and with the usual briefing [illegible] the water with a temperature of [illegible] the many spectators swimmers gave their best providing the spectators with many discussions as to positions and times over the four laps. The spectators called encouragement and showed their admiration to each and everyone at the finishing line from first to last with a well tried applause for the unfortunate few who had to retire. We all feel deeply for these good efforts and wish the best of luck next time.

Our President Mrs Hinchliffe, after touring the course as referee throughout the day, very kindly presented the medals with mention to their contribution as swimmers in making the day possible. I hereby have pleasure in closing my report my humble thanks to all once again.

Results

1.	Mark J. Ashley	2.10.45.	1.	Wendy Brook	2.08.00.
2.	[illegible]	2.16.07.	2.	[illegible]	
3.	Richard S. Hatfield	2.20.42.	3.	Amanda J. Hazell	2.36.00.
4.	Robert J. Sherburn	2.23.37.	4.	Pat Dawson	2.49.49.
5.	David Mace	2.27.55.	5.	Gail Oxley	2.50.06.
6.	Terry Lyons	2.30.23.	6.	Gay Haigh	2.51.50.
7.	Christopher Carter	2.34.09.	7.	Kim Harris	3.03.53.
8.	Godfrey Adnams	2.34.57.			
9.	Eric Millican	2.36.21.			
10.	Jeffrey Tanner	2.51.49.			
11.	Kenneth Keighley	2.57.02.			
12.	Malcolm Ausling	2.58.46.			
13.	Paul F. Tew	3.01.40.			
14.	John A. Heapy	3.06.24.			
15.	John Alexander	3.07.16.			
16.	Gerald Forsberg	3.08.26.			
17.	Maurice Ferguson	3.09.58.			
18.	Ross Heron Mitchell	3.28.33.			

Ernest W. Long, 39, Blakehill Terrace, Undercliffe, Bradford 2, Yorkshire.

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MORECAMBE INSHORE CHAMPIONSHIP 2 Miles

Gents - May 3rd

1. Chris Lloyd of Farnworth (13 years old) 41 mins. 59 secs. (new record). Well done Chris.
2. Nigel Metcalfe of Bradford made good [illegible] qualifier for the gold for his first mile.
3. John Crooks of Halton on Lune, Nr. Lancaster also obtained the gold on his first mile with a new local record. Best first attempt and local junior trophy: Duncan Holmes of Lancaster.

Ladies - May 10th

1. Angela Middleton of Bradford in a faster time than when she held the trophy in 1971.
2. Carol Bradford of Worcester a very [illegible].
3. Susan Crawford of Lancaster qualified for three trophies: senior third place, best local and junior cups. Best first attempt: M. Brinnard of Lancaster.

1976: Gents, Sat. May 8th; Ladies, Sat. May 15th.

E. Arthur Shipley, 64, Melrose Street, Lancaster, LA1 3QA.

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I have received the following report from Geoffrey Mudworth: During the past season I have taken advice from a professional hydrographer regarding a triple [illegible]

tidal swim. His projected plan has not yet been proved due to adverse weather conditions - but I have faith in it and so does the swimmer, Carol Pires. He tells me he would be interested to advise other swimmers and I have requested his particulars both to the B.L.D.S.A. and to the C.S.A. in order that those interested may contact him.

He is Mr. John R. Brogan, F.R.I.C.S. (Chartered Land Surveyor, Hydrographical Surveyor and Dredging Consultant), of 'Marhaba', 74, Whittingham Close, Hythe, Southampton, SO4 5EZ. Tel: Hythe 2449 (STD 042 14).

John Brogan is, I believe, the sole hydrographer in private practice successfully and this adequately justifies his qualifications. He is aware that swimming in this country is strictly amateur in make-up and is prepared to supply his services free in most cases, simply to be involved in the resolution of the tidal problems presented. He is an ex-R.N. officer and completely familiar with the sort of small craft and waters which surround distance swimmers. Individual swimmers are invited to contact him and reach their own private arrangements with him.

TORBAY LONG DISTANCE SWIMMING CLUB

The Torbay Long Distance Swimming Club has completed an extremely successful year, although the membership has not increased to a very great extent. We hope that in time more Junior and Senior swimmers will show interest, and avail themselves of the Club facilities. A New Year Swim was held from the Headquarters on Sunday 29th December at noon and was televised.

On the 3th June 1975, two Club members entered the Exmouth Fairway Buoy Championship which is for men swimmers only. On 5th July, which was the Annual Torbay Championship, Owen Christie swam the course in the time of 4.10.53. All swimmers made excellent times, helped by water temperature of 65F, although extremely rough. On 26th July, Anne Coombes made her first attempt from Fishcombe - Meadfoot, which she completed in 2.24.26. A good swim. On 7th August, on his second attempt, Ron Charlesworth swam Fishcombe - Meadfoot in 3.52.51. On 8th August, Christine Syfleet completed the Torquay - Brixham and back course in 4.36.31. On 9th August, Harry Truscott, in his first attempt, swam from Meadfoot - Fishcombe in 2.45.51. Also, on the 9th August, Brian Hill, on his 2nd attempt, swam from Fishcombe - Meadfoot in 2.09.21.

For the first time, a party from the Torbay Long Distance Swimming Club travelled to Bala, North Wales, for the Senior and Junior Championships on the 23rd and 25th August. Two Seniors, Owen and Brian, and one Junior, Christine, took part. Brian was forced to retire due to a pulled muscle, from what proceeded to be a rather squally swim. Mrs. Joan Dobson completed her rowing duties to finalise her Pilot [illegible] for her hard-earned [illegible]. Harry Truscott and Adrian Hill swam across Lake Bala and back, a good effort, for which the Club awarded them both certificates.

On the 28th June, we had tried again to hold our swim from Fishcombe Cove to Meadfoot Beach, but rough weather prevented us from commencing, so an inshore event was held from Preston Beach to Torre Abbey Sands and back, a distance of approximately 3 miles. 12 Men and 5 Women took part. The event was won by Bill Dutton of Warrington. All agreed it was a good swim. However to round off a highly successful season, we held, at last, our 4 mile event from Fishcombe Cove to Meadfoot Beach, in ideal conditions on 20th September. This was again attended by many swimmers, some internationally known, including former English Channel record-holder Comdr. G. Foreberg. Winner of the Men's event was Bill Dutton of Warrington, in 1.46.13. Owing to illness, there were no Senior women; Christine Syfleet and Anne Coombes both finished the course. Refreshments and a Social Evening followed, and it was unanimously agreed that the day had been a great success. Grateful thanks to all our helpers who worked so hard to keep the course of events running smoothly. Without them, there would be no swim.

A Sponsored Swim for Charity was held on December 27th from Redcliffe Hotel, Paignton - Paignton Pier and return. The sea temperature was a mere 45F and nine swimmers completed the whole course.

There will be an Open Event covering a course of approximately 6 miles; this coming

season. The date is to be decided at our next meeting.

Mrs. M.E. Christie, 16, Trumlands Road, Torquay. Tel: 38616.

THE IRISH LONG DISTANCE SWIMMING ASSOCIATION

The 1975 season was an excellent season for long distance swimming in Ireland as the weather like most places in the United Kingdom was ideal.

Carrickfergus - Fisherman's Quay Swim. 7.30 p.m. Wednesday, 18th June, 1975.
This 1¼ mile swim started the season the water temperature being 52½F. 25 competitors took part in the swim. The [illegible] be very exciting especially among the spectators who watched the swim from the promenade.

1. Gary Archer
2. Arnold Mahood
3. Richard Skillen

1. Karen Parkes

The Ulster Championship, Whitehead to Bangor.
At 1 p.m. on Saturday, 19th July, 1975 the Ulster Championship race was held in Belfast Lough from Whitehead across the mouth of the Lough to Bangor, Co. Down a distance of 7 miles. The swim was organised by Ian Paterson father of our popular swimmer Sheena Paterson. The race was a very hard swim. The weather worsened towards the end of the swim. The wind blew strongly from Bangor against the swimmers. Water temperature 56F. An enjoyable reception was held after the swim in the Radcliffe Hotel. Prizes and [illegible] were presented by Mr. [illegible] Chairman.

1. Richard Skillen 4.57.00.
2. Jim Burton 5.21.00.
3. Margaret Smith 6.12.00.

Retired: D. Bell and W. Wallace.

Carrickfergus to Helens Bay Belfast Lough Swim.
This race was held at 1.30 p.m. on Saturday, 26th July, 1975 from Carrickfergus to Whitehead a distance of 5 miles across the Lough. It was organised by the Helens Bay Life Guard Club who are affiliated to the I.L.D.S.A. The race was held over the same course as in previous years, but in the opposite direction, the competitors finishing at Helens Bay on the Crawfordsburn Beach. The swim as in previous years proved to be a tremendous success. The wind was blowing from the North West and greatly assisted the swimmers. The water temperature was 56F. The [illegible] One of the competitors John Jordan rendered some excellent solos with his fine baritone voice.

1. Ian Reid 2.09.05.
2. Bertie Cameron 2.09.45.
3. Richard Skillen 2.26.25.
4. Jim Burton 2.49.27.
5. John Jordan 3.03.14.
6. David Bell 3.43.14.
7. William Wallace 3.56.01.

Men only entered.

Copeland Island to Donaghadee Swim
At 4 p.m. on Saturday 2nd August, 1975 the Annual Copeland to Donaghadee Swim was held by Beaver Amateur Swimming Club in conjunction with the I.L.D.S.A. The distance is 3 miles, water temperature 55F. The incoming tide assisted the competitors and the weather was bright and sunny. The Chairman of the I.L.D.S.A. Mr. Jim Burton and myself were unable to compete because we were in the accompanying boat when Lynne Coxe, California, U.S.A. was making her North Channel Attempt. Although Jim and I were Approx. 9 miles from the Island we could see the escort boats with the competitors. The reception and prize giving ceremony was held in the Imperial Hotel after the race.

1. Noel Munnis 42.47.
2. Terry Dillon 45.40.
3. Bertie Cameron 47.25.
4. Arnold Mahood 50.27.
5. Richard Skillen 50.28.
6. John Jordan 67.04.
7. William Wallace 67.16.

1. Wendy Archer 47.37.
2. Margaret Smith 77.59.

6. Phillip Hanley 129.40.
Handicap: 1. Billy Wallace, 2. Bertie Cameron, 3. Arnold Mahood.

The Annual Gunaway Swim in Carlingford Lough Swim
At 2 p.m. on Saturday, 30th August, 1975 the Annual Gunaway Swimming Race was held. Unfortunately due to the bad weather and the wind blowing at Gale Force 6 the race could not be held over the usual 7 mile course from Carlingford to Warrenpoint. Instead it was held over a 3 mile course from Rostrever then round the Gunaway Rock to Warrenpoint. The race was organised by John Begg Secretary of Comeraht Swimming Club, Warrenpoint in conjunction with the I.L.D.S.A. An excellent reception was held in a local hotel where prizes were awarded to all competitors who finished the swim. My personal thanks go to John Begg who puts a tremendous amount of work into this event. Well done, John.

1.	Noel Munnis	1.08.09.	1. Karen Parkes	1.30.17.
2.	Neil Cooper	1.09.06.		
3.	Bertie Cameron	1.20.11.		
4.	Jim Burton	1.35.40.		
5.	William Wallace	1.54.27.		

International Swimming Race, Lough Neagh
This inaugural swim proved to be the toughest since our Association was formed in 1967. The swimming race was often proposed, suggested and talked about in swimming circles for years, but for some reason or other it never was held. However, when Mr. Paddy Devlin, Recreation and Tourist Officer of Cookstown District Council heard about the idea of a swimming race across the width of the largest lake in the British Isles (23 miles long and 10 miles wide) he soon got working and with the co-operation of local sportsmen and residents of Cookstown and surrounding areas including local fishermen, boatowners and I.L.D.S.A. members the race took place at 10 a.m. on Saturday, 13th September from Ardmore (McGarry's Boatyard), Co. Antrim across the Lough to the Battery Harbour in Arboe, Co. Tyrone. A very [illegible] character that folklore tells us turns wood into stones, even though at one time it boasted its own Navy complete with its own Admiral. The water temperature was 61F. The Lough has a peaty bottom, the deepest part being 50 feet deep. The weather was fine at the start of the race. Seven swimmers entered the water viz. Bertie Cameron, Dick Skillen, Jim Burton, Herbie Harrison, Billy Wallace, Margaret Smith, Jane Secker (now Mrs. Kevin Murphy). Jane filled in the gap in the entry list when Kevin on the strong advice of his Doctor not to go into the water because he had been suffering from an injury sustained during the course of his private employment. Kevin was greatly disappointed at not being able to enter the water, but Jane being a very plucky girl decided to have a go. After the race had been in progress for approx. 1½ hours the weather began to deteriorate and when this happens in the Lough it can be very nasty for swimmers and boats. Out of the 7 swimmers who entered the water only 3 finished. They were

1.	Bertie Cameron	5.31.00.
2.	Dick Skillen	6.37.00.
3.	Margaret Smith	8.35.00.

A very nice reception was held after the swim in Moortown Parochial Hall where prizes were distri uted to the finishers. My sincere thanks go to Mr. Paddy Devlin who is an all round sportsman himself with a special interest in swimming, and the wonderful people around Cookstown district and Arboe who have always been famous for their interest in Sport. It was good to work alongside them in the promotion of this wonderful event. Now that this swim has been launched I hope to make it an even bigger event in 1976, probably in August.

Although Kevin was unable to take part in the swim he and Jane nevertheless enjoyed their visit to Ireland. On the day following the swim they visited an impromtu barbeque and sing-song in a glade in the wood on the shores of Helens Bay. During the event a "Gipsy" with a black patch over one eye entered the camp fire [illegible] his piano-keyed accordian. I cannot say who the "Gipsy" was except that he is a well known official and swimmer of the I.L.D.S.A. and his name has a "ring about it" and he i. also a member of the Helens Bay Life Guards. However congratulations to Kevin and Jane on their recent marriage. We in the I.L.D.S.A. wish them good health and happiness.

Congratulations to Bertie Cameron and Billy Wallace in completing the Windermere Swim. I was fortunate to be in Billy's escort boat with Geoff. Ingram. We won the Leslie Meredith Memorial Boatcrews Trophy for the Annual Windermere Championship. During the 1975 season two of our lady members Lynne Cox, California and Margaret Smith made attempts to swim the North Channel. Lynne was compelled to give up

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after covering approx. 10 miles and was very badly stung with some jellyfish. I and other officials of the I.L.D.S.A. accompanied them in the boats. We do hope that these two plucky ladies try the swim again sometime.

Proposed dates of swims in 1976
Fisherman's Quay Swim, Carrickfergus 1¼ miles 21st June, 1976 Start 7.30 p.m.
Gunnaway Swim, Carlingford Lough 6½ miles 17th July, 1976 Start 10.30 a.m. Report 9.15 a.m.
Carrickfergus to Helens Bay 5 miles Belfast Lough 24th July, 1976 Start 2 p.m.
Lough Neagh 10 miles 7th August, 1976 Start 10 a.m. at Ardmore, Co. Antrim to The Battery Harbour, Arboe, Co. Tyrone.
Copeland Islands to Donaghadee 3 miles 15th August, 1976 Start 12 noon Report 11 a.m.
Whitehead to Bangor 7 miles across Belfast Lough, Ulster Championship Start Whitehead 12.30 p.m. Report 12 noon. 21st August, 1976.

In conclusion I wish to thank all our members who assisted me during the season especially our Race Secretaries and members of the Helen's Bay Life Guard Club, and the wonderful people of the Cookstown area.

David Bell, 2, Marina Park, Belfast BT5 6 BA.

CHANNEL SWIMMING ASSOCIATION

This has undoubtedly been the most eventful and exciting year in the history of Channel Swimming, and we all feel privileged to have been able to take part in it, to have made a small part of the history of long-distance swimming. I am sure you will wish to compliment Kevin on his herculean attempt on the three-way crossing.

While the event could in no way be called a Channel Swim, the Association did provide technical advice to the National Association of Boys' Clubs and the Round Table in their magnificent attempt in July to raise money for charity through their Bugner-Cooper Relay Race. They collected some £100,000. The enthusiasm of the Arab nations for Channel Swimming was magnificently exemplified by their race from England to France on 14th August, in which such excellent times were put up by Monir Amin Gad in 9 hours 40 mins. and Abla Khairy in 10 hours 52 mins. The Association is indebted to Mr. Shafshak and to the Egyptian and Saudi Arabian Governments for their whole-hearted support in Centenary Year. The B.L.D.S.A. relay race on 18th August provided an exciting day, the Association again taking an active part with advice and the provision of observers. The Association was honoured by the International Team that swam at the same time, to commemorate the Association's contibution to Centenary Year. We are grateful for the spirit which prompted the [illegible] Frantisek Venclovsky and Jan Novak, to make this fine gesture.

The highlight of the year, the Reception at Dover Castle, on 20th August, was both a triumph and a disappointment; a triumph for the enthusiasm and obvious enjoyment that was evident, but a disappointment that at the last minute we had to put up with a second-rate setting for such an auspicious occasion. However we have been heartened by the very many letters of appreciation and verbal compliments that we have received.

The Chairman and I and John and Jan Floydd received invitations from the Council of the Wrekin to attend the commemorative celebrations at Webb's birthplace, Dawley in Shropshire, on 26th September. The chief guest was Matthew Webb Marsh, a grandson of Captain Webb, who crossed the world from South Africa for the occasion. On behalf of the C.S.A. the Chairman presented Mr. Webb Marsh with an inscribed copy of the Centenary Handbook and a further copy to the Chairman of the Council.

The Committee thought it appropriate over the past few years to save its income to provide suitable trophies to be awarded during Centenary year, and accumulated sufficient reserves to provide the Centenary Trophy for £300, 2 engraved Silver Salvers for £350 and to make a gift of specially designed Centenary Vellums to all successful solo swimmers, for some £250. I am sure you would wish me to record in this report our appreciation of the gift of £100 from the Bondi Iceberg Swimming Club, Australia, through the instigation of Des Renford, towards the purchase of four splendid sterling silver Commemorative Medallions. These provided a handsome addition to our list of Centenary Trophies, and it was most fitting that Des should

win one of them, while at the same time creating a world record by making nine successful Channel crossings.

As in past years, the thanks and appreciation of the Association must be extended to the small band of experienced pilots who remain faithful to the traditions of Channel swimming, and whose ready advice, freely given, is such an encouragement to Channel swimming. Without the faithful nucleus of observers, on whom I am able to call at such short notice, the Association could not function at all. I should like to repeat my annual appeal for observers to come forward.

The next milestone in our journey will be the celebrations of the 50th Anniversary of our foundation, in two years' time. If it is anything like the Centenary year, it will soon be upon us! I should like to thank the Chairman and Committee and particularly the Centenary sub-committee for all the help they have given in this never-to-be-forgotten year.

Solo Swims

France to England

Cynthia Nicholas (Canada)	9.46.00.
Desmond Renford (Australia)	14.22.00.
Suzanne Lodge (British)	16.05.00.
Etienne Van Audenaerde (Belgium)	16.32.00.
Antonio Ochoa (Mexico)	12.20.00.
Ersin Aydin (Turkey)	16.40.00.
Frantisek Venclovsky (Czechoslovakia)	13.42.00.
Anthony Heaton (British)	13.08.00.
Paul Tew (British)	16.53.00.

England to France

Desmond Renford (Australia)	13.08.00.
Mahibim Faidalla (Egypt)	9.50.00.
Samia Tantawi (Egypt)	10.42.00.
Yehya El Saati (Egypt)	11.00.00.
Meher Saleh (Syria)	10.32.00.
Zohir Sharafeldin (Lebanon)	13.20.00.
Alawi Mekki (Saudi Arabia)	12.28.00.
Monia Amin Gad (Egypt)	9.40.00.
Marawan Saleh (Syria)	9.59.00.
Abla Khairy (Egypt)	10.52.00.
David Cox (U.S.A.)	12.20.00.
Stella Taylor (U.S.A.)	18.15.00.
Ian Reid (British)	12.27.00.
Jacques Amyot (Canada)	12.33.00.
Michael Reed (British)	12.45.00.
Teresa Zarzeczanska (Poland)	11.10.00.
Shelly Anne Minty (British)	11.51.00.
Jan Novak (Czechoslovakia)	12.45.00.
Desmond Renford (Australia)	13.12.00.
L[illegible] Deveraux (British)	12.05.00.

Relay Team Swims

France To England

U.S.A. Channel Conquerors Centenary Team (International)	11.29½.
Jersey Long Distance Swim Club (British)	9.50.00.
Egyptian Relay Team	9.17.00.
Arab Nations Relay Team	9.44.00.
Royal Navy Relay Team (British)	10.12.00.
Warrington Dolphins Relay Team (British)	10.31.00
Kings Lynn Gladiators (British)	13.39.00.
[illegible] Portafleet Swi[illegible]	[illegible]

England to France

Dover Life Guards Club (British)	12.46.00.
Eltham Training & Swimming Club (British)	16.35.00.
Folkestone Sports Centre Relay Team (British)	15.35.00.

Two-Way Non Stop England-France-England.

Jon Erikson (U.S.A.)	30.00.00.
Kevin Murphy (British)	36.03.00.

Winners of the Bondi Iceberg[illegible] Captain Webb Centenary Medallions:
Under 15 Years Cynthia Nicholas of Canada

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25-35 Monir Amin Gad of Egypt
35-45 Etienne Van Audenaerde of Belgium
Over 45 Desmond Renford of Australia
Winner of The Channel Swimming Association Centenary Trophy: Sally Anne Minty
Winners of The Garnet Martin Trophy: Egyptian Relay Team
Winner of the Rolex Watch: Monir Amin Gad (Egypt)
All successful Solo Swimmers in Centenary Year were presented with Vellum Certificates by the Channel Swimming Association, as a gift.

New Record Holders in Centenary Year
France to England
Woman - Cynthia Nicholas (Canada) 9.46.00.
Two-Way Non Stop Solo
Jon Erikson (U.S.A.) World Record 30.00.00.
Kevin Murphy (British) First 3-way attempt and first person to succeed twice 36.03.00.

Greatest number of crossings
Desmond Renford (Australia) Nine times
1970 England to France (Twice)
1972 England to France and France to England
1974 England to France (Twice)
1975 France to England and England to France (Twice)
Last person to swim in Centenary Year
Paul Tow (British) France to England 16.53.00.
All other records as at 1974.

Audrey Scott, "Moorings", Alkham Valley Road, Folkestone. Tel: Hawkinge 2229.

HUMBER MOUTH SWIM Spurn Point to Cleethorpes, 9th August 1975.

Three swimmers made the attempt, but only two of these made a successful crossing: Mr. Peter Winchester in 2 hrs. 44 mins. and Mr. Tony Aspin in 3 hrs. The third swimmer Mr. Ted Parnham was ordered out of the water within an hour of starting. As the swim pilot, I think in Mr. Parnham's boat party an error of judgement was made. Had they kept in line with the other boats, he would have picked up the flood tide the same as us.

The swimmers left Spurn with 15 mins. of ebb left. A diagonal course was taken mainly to get across the main shipping channel and to get in a good position to pick up the young flood which for 2 hrs. flows approx. S.W. across the Humber Mouth before turning up river. Each swimmer had a power and row boat in attendance plus buoyancy aids, blankets and first aid kit plus the fact of the usual permission to swim across by the Secretary B.T.D.B. Hull. We also notified the Spurn Pilot's lookout and Coastguard. With this [illegible]

Clear skies at the start of the swim turned to heavy cloud and slight drizzle about mid river, wind was N.W. force 2-3 sea slight. Water temperature on leaving Cleethorpes inshore was 70! I took several readings across which showed 64F a bit above the yearly average.

I'm very pleased to say that after having a talk with Mr. T. Parnham he decided to have another try and was successful. He made it in 3 hrs. I was very pleased. In the future I would not try and Pilot three swimmers in a group. I have one swimmer for the Humber Swim next year and several of the local swimmers are talking about having a 'go'. If they do, I wish them well. The approx. distance of the swim is 9 miles.

[illegible] Gray, 1.C. Lovett Street, Cleethorpes, Sth. Humberside.
(Note: Mr. Gray is well qualified to act in the capacity of adviser for this swim and holds the Distinction award of the R.L.S.S., Life Guard Proficiency, is an ex merchant seaman and has the Ministry of Transport Lifeboat Certificate. We hope to promote more interest in the Humber swims. AGS)

ACR

HUDDERSFIELD AMATEUR SWIMMING CLUB

The highlight of Huddersfield Amateur Swimming Club's activities this year was Suzanne Ledge's successful Channel swim (private attempt). This was achieved after 4 years hard training and having to go to Dover 3 years without success, but you can't rule out the weather. She started the season by training in open water in April following by swimming Morecambe Bay, Torbay and Ullswater. Over and above these swims she went to Scarborough with her parents for training swims. She trained for up to 9 hours at a time either in the bay or South pool. J. O'Hara, J. Paley and A. Phillips accompanied her for several hours during these long sessions. She went down to Dover on the 25th July 1975 to wait for a suitable tide. Fortunately this wait was not long. She started her swim from Cap Gris Nez at 23. 12 hrs. on 29th July and completed on 30th July at 15.17 hrs at Shakespeare Beach in 16 hrs 5 mins. The weather conditions were good except for fog, and this success was due to several things: good training, a skilled pilot and good organisation. Many thanks to P. Moff (Huddersfield examiner), Mrs. Scott (Sec. C.S.A.) and the pilot Reg Brickel and sons.

Mrs. Margaret Smith also had a successful year (not counting her marriage to Mr. Graham Smith). Her swims included Lough Neagh cross Lake 10 miles in 5 hrs 45 mins. first Ladies ever breaststroke record and the Whitehead to Bangor (individual) 7¾ miles, 6 hrs. 12 mins. breaststroke record. Also 2-way Coniston yet another breaststroke record in 8.23.23.

Miss Catherine Walker also obtained the Ladies first breaststroke at Torbay for the thirs successive year. She also entered the Damme-Bruges event. Her father, well known Carl Walker, was successful as the veterans. Jeff Paley did very well for himself by receiving trophies at Windermere, Morecambe Bay and Ullswater. One of our junior swimmers Miss Annette [illegible] came first at Derwentwater; she also completed River Wharfe and Bala. Andrew Phillips finally did something this year by swimming Morecambe Bay.

We have four new Pilot Life Savers in the Club this year: Beverley Walker, Tony Thomas, Robert Sharpe and A.R. Phillips.

And now heartiest congratulations to Mrs. Margaret Hinchliffe the first ever Lady President of the B.N.D.S.A. and the wonderful job she has done throughout the year.

Andrew Phillips, [illegible] Scar Lane, Milnsbridge, Huddersfield.

[illegible] & DISTRICT [illegible] CHAMPIONSHIP DATES

24th June Junior Wharfe (Open Championship)
17th July Ullswater (Senior Club Championship)
13th July Derwentwater (Junior Club Championship)
31st July/1st August 2-way Windermere (Open Championship)

Dorothy M. Perkins, 9, Bentfield Cottages, Clayton, Bradford BD14 6NJ.

As you will have realised the Annual Reports have been sent out earlier this year in order to combine them with the circular of the Annual Dinner and Annual General [illegible] attempt to cut down on postage costs. Unfortunately I did not receive the reports as early as I [illegible] the reports I was expecting; if yours is one of these and you wish to have it included in next year's Annual Report, please send it in good time. I would like the reports straight after the swim or at the end of the season. If everyone does this there will be no need for me to send out requests which will also help to cut down on expenses.

Anne G. Smith, 6, Hillview Gardens, Northowram, Halifax, West Yorkshire, HX3 7DE. Telephone: Halifax 21956.

A MESSAGE FROM OUR PRESIDENT

Dear Members All,

I would like to say how much I have enjoyed my year of office. It has proved quite hectic at times, but well worth it in the end. I have been to all our swims, with the exception of the two that were on the same day, which was a physical impossibility. I had to go to Morecambe as the boat was needed there, and being a one car family I had to go where the transport was going.

We have had two new swims this year, new to us that is, although they are both one of the first long distance swims to be held, namely the Morecambe Cross Bay and the Channel Relay, both of which can be rated as succeses. The latter being a gigantic thing to organise and I am sure the secretaries and sub committees did a very good job. My trip on the Kilmorny being one I shall never forget, it was marvellous as was the hospitality of Rear Admiral Monk and his crew. All the other swims I have enjoyed too, including Windermere, which is one of my favourite swims. I accompanied swimmers on Windermere swims before the B.L.D.S.A. was formed, and only missed about one since its formation.

Many happy memories too have been stored away of the Dinners and functions I have attended. The one most uppermost in my mind at the moment being the weekend spent in Droitwich with the S.T.A., and the visit to the brine baths on the Sunday morning, which was an experience in itself.

Well to get down to a more serious note, it does look as though we shall have a few changes of office at the A.G.M., the most important being the Hon. Gen. Sec. I can't imagine the Association without John as Secretary, it has been his life for so long. But I am sure things will work out as they have in the past.

I would like to wish George, our President Elect, every success and a happy year. Many thanks to all of you who made my year a happy one and I would like to thank all who have held office for the splendid work they have done.

Yours sincerely,

Margaret Minchliffe.